



Spring-Summer 2026

Gentle Yoga Mondays 10:15 AM	Apr 13-May 11 (code 159831)	May 25-Jun 29 (code 159832)	Aug 10-Aug 31 (code 159833)
Chair Yogalates Tuesdays 9:30 AM	Apr 07-May 19 (code 159834)	May 26-Jun 30 (code 159835)	N/A
Men's Yoga Tuesdays 5:15 PM	Apr 07-May 19 (code 160326)	May 26-Jun 30 (code 160327)	N/A
Yogalates Wednesdays 9:00 AM	Apr 01-May 13 (code 160753)	May 20-Jun 24 (code 160754)	Aug 05-Sept 02 (code 160755)
Yoga 4 Kids Wednesdays 3:30 PM	Apr 01-May 13 (code 160830)	May 20-Jun 24 (code 160831)	N/A
50+ Chair Fitness Yogalates Thursdays 9:00 AM	Apr 02-May 13 (code 160758)	May 21-Jun 25 (code 160759)	N/A
Yogalates Thursdays 5:15 PM	Apr 02-May 14 (code 160762)	May 21-Jun 25 (code 149818)	N/A