

Fall 2026 – Spring 2027

Gentle Yoga Mondays 10:15 AM	Sept 14-Oct 26 (code 172692)	Nov 02-Dec 14 (code 172693)	Jan 04-Feb 08 (code 172694)	Feb 22-Mar 22 (code 172695)
Chair Yogalates Tuesdays 9:30 AM	Sept 08-Oct 27 (code 172696)	Nov 03-Dec 15 (code 172697)	Jan 05-Feb 16 (code 172698)	Feb 23-Mar 30 (code 172699)
Men's Yoga Tuesdays 5:15 PM	Sep 08-Oct 27 (code 172834)	Nov 03-Dec 15 (code 172835)	Jan 05-Feb 16 (code 172836)	Feb 23-Mar 30 (code 172837)
Yogalates Wednesdays 9:00 AM	Sep 09-Oct 28 (code 173634)	Nov 04-Dec 16 (code 173635)	Jan 06-Feb 17 (code 173636)	Feb 24-Mar 31 (code 173637)
Restorative Yoga & Sound Meditation Wednesdays 5:15 PM	Sept 9-Oct 28 (code 173643)	Nov 04-Dec 16 (code 173644)	Jan 06-Feb 17 (code 173645)	Feb 24-Mar 31 (code 173646)
Kids Yoga Power Hour Wednesdays 3:30 PM	Sept 09-Oct 28 (code 174854)	Nov 4-Dec 16 (code 160831)	Jan 06-Feb 17 (code 174956)	Feb 24-Mar 31 (code 174958)
50+ Chair Fitness Yogalates Thursdays 9:00 AM	Sep 10-Oct 27 (code 172696)	Nov 05-Dec 17 (code 173652)	Jan 07-Feb 18 (code 173653)	Feb 25-Mar 25 (code 173654)
Yogalates Thursdays 5:15 PM	Sept 10-Oct 29 (code 173661)	Nov 05-Dec 17 (code 173662)	Jan 7-Feb 18 (code 173663)	Feb 25-Mar 25 (code 173664)