

CHINESE CHICKEN



1 T butter or chicken fat	½ cup sliced mushrooms
¾ lb. ¼" strips chicken breast	½ cup chopped onions
1 t. salt	1 cup chicken broth
pepper	1 T. cornstarch
½ cup sliced carrots	1½ T. soy sauce
½ cup sliced celery	1 can chopped water chestnuts
¼ cup sliced green onions	cashews

Sauté chicken 5 min. Add salt and pepper. Add carrots. Cook a few minutes. Add celery, green onion, mushrooms, onions and ½ cup broth. Simmer 5 min. Blend ½ cup broth, cornstarch and soy sauce; stir into chicken mixture and cook 5 min. until thick and smooth. Add water chestnuts and cashews. Cook a few more minutes. Serve with rice.