

## FRENCH LIMA BEANS



1 package frozen lima beans  
1 small clove garlic (whole)  
1 diced tomato  
 $\frac{1}{4}$  t. salt  
water

2 T. butter  
1 T. chopped parsley  
pinch of pepper

Put beans in pan. Barely cover with water. Cover and simmer 15 minutes. Remove garlic. Add butter, parsley and pepper. Continue cooking until beans are tender.

(If you put in microwave to hurry cooking, just add a little water or it will boil all over.)

Joy of Cooking pg. 263