

LIGHTER CAESAR SALAD DRESSING

From SnackGirl – Makes ½ cup

1/3 cup plain Greek fat-free yogurt	2 Tablespoons fresh lemon juice
1 garlic clove, minced	1 Tablespoon olive oil
2 teaspoons Worcestershire sauce	1 teaspoon anchovy paste
1 teaspoon Dijon mustard	½ teaspoon ground black pepper

Whisk yogurt, lemon juice, garlic, olive oil, Worcestershire sauce, anchovy paste, mustard and black pepper in a medium bowl. Use immediate or store in the refrigerator for later use.