## SPICY CHERRY GLAZED CHICKEN



3/4 cup apple-cherry juice concentrate
1 t. salt
1/2 t. cinnamon
1/2 t. red pepper flakes
1 T. olive oil
1/4 t. allspice

6 pieces chicken ½ c. dried cherries 2 t. cornstarch mixed in ½ c. water

Combine juice, honey, salt, cinnamon, red pepper flakes, allspice and olive oil in small pan and bring to boil. Set aside ½ cup. Put chicken in 13 x 9 pan sprayed with Pam. Pour sauce over. Bake at 350° for 40 to 50 minutes. Pour reserved sauce into pan drippings. Stir in dried cherries, water and cornstarch. Boil 1 to 2 minutes until sauce thickens. Serve sauce separately. Serve with rice.