

FROZEN STRAWBERRY DELIGHT

1 cup flour 1/2 cup chopped walnuts or pecans

1/4 cup brown sugar 1/2 cup melted butter

Mix and spread on baking sheet. Bake 20 minutes at 350° stirring every five minutes. Pat 2/3 of crumbs in 13x9x2 pan.

2 egg whites 2 T. lemon juice

1 cup sugar* 1 cup whipping cream, whipped

2 cups sliced fresh strawberries or 10 ounces frozen berries

Mix egg whites, sugar, berries and lemon juice with electric beater for 10 minutes. Fold in whipped cream. Pour over crumbs. Top with remaining crumbs. Freeze 6 hours. Cut in squares and garnish with whole berries.

*Use 2/3 cup sugar if using frozen berries.