



**Rhythms On The Rock**

Good Food, Good Music.

112-16 Rockaway Beach Boulevard  
Rockaway Park, NY 111694

## APPETIZERS

### JAMAICAN PEPPER SHRIMP \$20

Sauteed in Traditional Jamaican Seasonings

### LOBSTER DIP W/ FRESH TORTILLA CHIPS \$20

Lobster, Decadent Cheese Sauce

### FISH CAKES \$15

Salted Cod Fish, Onions, Flour, Thyme, Parsley and Scotch Bonnet Peppers

### CRISPY CALAMARI \$16

Tender Calamari Served with Warm Marinara Sauce

### FISH TACOS \$16 SHRIMP TACOS \$20

Lightly Fried Fish OR Shrimp Nestled in Warm Tortillas, Topped with Crispy Slaw, Creamy Sauce and a Hint of Lime for a Perfectly Balance Bite

### WINGS \$16 Prepared to Your Liking

Honey BBQ, Buffalo, Sweet Chili, Jerk (wet or Dry)

### STEAMED MUSSELS \$20

Sauteed in Marinara Sauce or Wine Sauce with Fresh Garlic, Olive Oil and White Wine

### RHYTHMS SAMPLER \$30

Wings (5) Fishcakes (5) Pepper Shrimp (5)

### RHYTHMS UNDER THE SEA SAMPLER \$30

Calamari, Fried Shrimp, Fried Whiting, Fried Zucchini

## SOUP

### BONELESS FISH SOUP \$12

A Hearty and Flavorful Soup made with a base of Fish Broth w/ Fish, Vegetables and herbs

## KIDS MEALS 12 & UNDER

Chicken Tenders W/ Hand-Cut Fries \$10

Creamy Macaroni & Cheese \$10

Mozzarella Sticks S/ Warm Marinara Sauce \$10

## SALADSS

Add Shrimp \$3 each / Chicken \$8

### CAESAR SALAD \$14

Crisp Romaine, Parmesan Cheese, Croutons and Ceasar Dressing

### MIXED GREENS SALAD \$14

Fresh Mixed Greens, Seasonal Vegetables and House Vinaigrette

### BEET SALAD \$16

Diced Beets w/ Crushed Honey Coated Pecans and Micro Greens

### BURRATA SALAD \$16

Creamy Burrata Served Over a Bed of Fresh Mixed Greens, Vine-Ripened Tomatoes and Drizzled with Olive Oil and Balsamic Glaze

## VEGAN

### VEGETABLE BURGER \$15

Mixed Vegetable Burger Patty Served on a Brioche Roll

### CURRY VEGETABLES \$20

Mixed Vegetables Simmered in a spiced Curry-based sauce.

## SIDES

Penne Pasta \$8 \* White Rice \$6 \* Rice N Peaa \$8

\*Fried Yuca \$8 \* Bammy \$5 \* Hand Cut Fries \$8 \*

Mac N Cheese \$12 \* Fried Plantains \$6 \* Garlic

Mashed Potatoes \$10 \* Crème Spinach \$10 \*

Grilled Mixed Vegetables \$8

## JAMAICAN INSPIRED CUISINES

### CURRY GOAT \$30

Cooked with Herbs, Spices and Curry. Served w/ White Rice

### JERK CHICKEN \$20

The Real Authentic Jamaican Smoked and Grilled Chicken Breast or Leg & Thigh. Infused w/ House Blended Signature Jerk Seasoning.

### OXTAILS \$33

Stewed in Traditional Herbs and Spices Served w/ Rice

### RHYTHMS PASTA \$20

Penne Pasta, Bell Peppers in Rhythms Creamy White Sauce

### PENNE ALLA VODKA \$20

Penne Pasta in a Creamy, Tomato-Based Sauce w/ Vodka

### JERK CHICKEN SLIDERS W/ FRIES \$20

Jerk Chicken Breast, mixed Greens Topping and House Blended Jerk Sauce

### JERK BURGER SLIDERS W/ FRIES \$15

House Burger, mixed Greens Topping and House Blended Jerk Sauce

## STEAKS & CHOPS

### 14oz Ribe Eye Steak \$35

Marinated w/ Fresh Herbs & Spices and Grilled to perfection

### Lamb Chops \$40

Marinated w/ Fresh Herbs & Spices and Grilled

## DESSERTS

Chocolate Cake w/ Ice-Cream \$9 \*

Crème Brûlée \$10 \* Cheesecake \$10 \*

Baked Chocolate Chip Cookies w/ Vanilla

Ice-Cream \$10

**ALLERGENS** – If you have a food allergy or intolerance, please notify us.

Menu Items contains wheat soy, milk, eggs, strawberries, tree nuts, fish.

## SEAFOOD

### BEER BATTERED FISH & CHIPS \$15

Catch of the Day Served with Hand-Cut Fries

### Branzino or Salmon (MP)

Grilled or Steamed (Whole or Filet)

Served with Yellow Rice and Grilled Vegetables

### RED SNAPPER (MP)

Grilled or Steam (Whole or Filet) w/ Fresh Vegetables and Okra) or Escovitch style (Pickled, Spicy, Tangy Dressing Consisting of a medley of Vegetables, Herbs and spices w/ apple cider vinegar making it mildly acidic

### SHRIMP \$30

Fried, Grilled, Scampi, Jerk serves w/ Yellow Rice

### SCALLOPS \$30

Grilled Or Pan Seared Served W/ Garlic Mashed Potatoes

### FRUTTI DI MARE \$30

A Medley of Fresh Clams, Mussels, Shrimp and Squid in a Savory Tomato-Based Sauce or White Sauce prepared with Fresh Garlic, Olive Oil and White Wine. Served over Pasta OR w/ Crusty Bread

### STEAMED MUSSELS \$20

Sauteed in Marinara Sauce or White Sauce w/ Fresh Garlic, Olive Oil and White Wine

### WHOLE SNOW CRAB LEGS \$40

SEASONED AND STEAM

### CURRY SHRIMP \$28

Sauteed in Curry Sauce Served w/ White Rice

### CURRY LOBSTER (MP)

Sauteed in Curry Sauce Served w/ White Rice

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## RHYTHMS COMBO PLATTER W/ 2 FROZENS DRINKS \$100

Oxtail, Curry Goat, Jerk Chicken, Rice & Peas, White Rice, Steam Vegetables



## LUNCH SPECIALS

11AM – 2PM

\$10

- Curry Chicken
- Jerk Chicken
- Brown Stewed Chicken
- Served w/ white Rice or Rice & Peas & Soda
  
- Fish 'N' Chips (Whiting Fish) w/ Soda

## SEASONAL & SPECIALS MENU ITEMS

### LOBSTER MAC "N" CHEESE \$32

Decadent Lobster Mac "N" Cheese – Lobster Meat tops a Rich Mac "N" Cheese made with a Three Cheese Sauce

### WHOLE LOBSTER OR LOBSTER TAIL (MP)

Fried, Grilled, Steamed or Jerk Served w/ one side

### LOBSTER ROLL (MP)

Warm Lobster Meat Served on a Toasted Lobster Roll Bun Tossed w/ House Blended Secret Sauce and Coleslaw

### SEAFOOD BOIL PLATTER \$45

Crab Legs, Shrimp, Mussels, Potatoes, Corn Steamed in Cajan Garlic Butter and a Special House Blend

SUNDAY BRUNCH 11am - 5pm

(All You Can Eat \* Bottomless Mimosas) \$49.99

Ackee & Saltfish \* Callaloo & Saltfish \* Chicken & Waffles \* Jerk Chicken & Eggs \* Hash Browns \* Fried Escovitch Whiting Fish \* Jerk Chicken \* Grits & Shrimp \* Curry Chicken \* Rice & Peas \* Fried Bread Fruit \* Festival