

PHYSICAL RESIDUAL FUNCTIONAL CAPACITY ASSESSMENT

Patient Name: _____

Patient SSN: _____

IDENTIFICATION OF DIAGNOSES

Please identify the diagnoses which support the opinions that you offer in this assessment:

1. _____
2. _____
3. _____
4. _____
5. _____

Due to these conditions, it is my opinion that within a reasonable degree of medical certainty, this individual would have the following functional limitations if placed in a **competitive** work situation on a full time basis (regular and continuing 8 hours a day, 5 days per week).

A. Please indicate how long your patient can sit and stand/walk *total in an 8-hour working day* (with normal breaks):

- | Sit | Stand/walk | |
|--------------------------|--------------------------|-------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | less than 2 hours |
| <input type="checkbox"/> | <input type="checkbox"/> | about 2 hours |
| <input type="checkbox"/> | <input type="checkbox"/> | about 4 hours |
| <input type="checkbox"/> | <input type="checkbox"/> | at least 6 hours |

B. Does your patient need a job that permits shifting positions at will from sitting, standing or walking? Yes No

C. Will your patient occasionally need to take unscheduled breaks during a working day? Yes No

For this and other questions on this form, "rarely" means 1% to 5% of an 8-hour working day; "occasionally" means 6% to 33% of an 8-hour working day; "frequently" means 34% to 66% of an 8-hour working day.

D. How many pounds can your patient lift and carry in a competitive work situation?

	Never	Rarely	Occasionally	Frequently
Less than 10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

E. How often can your patient perform the following activities?

	Never	Rarely	Occasionally	Frequently
Crouch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stoop (bend)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Twist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climb stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kneel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

F. Does your patient have significant limitations with reaching, handling or fingering?
 Yes No

If yes, please describe: _____

G. How much is your patient likely to be "off task"? That is, what percentage of a typical workday would your patient's symptoms likely be severe enough to interfere with *attention and concentration* needed to perform even simple work tasks?

- 0% 5% 10% 15% 20% 25% or more

H. Are your patient's impairments likely to produce "good days" and "bad days"?
 Yes No

If yes, assuming your patient was trying to work full time, please estimate, on the average, how many days per month your patient is likely to be absent from work as a result of the impairments or treatment:

- | | | | |
|--------------------------|--------------------------|--------------------------|-------------------------------|
| <input type="checkbox"/> | Never | <input type="checkbox"/> | About three days per month |
| <input type="checkbox"/> | About one day per month | <input type="checkbox"/> | About four days per month |
| <input type="checkbox"/> | About two days per month | <input type="checkbox"/> | More than four days per month |

I. Are your patient's symptoms as demonstrated by signs, clinical findings and laboratory or test results *reasonably consistent* with the diagnoses and functional limitations described above in this evaluation?
 Yes No

If no, please explain: _____

J. How often can your patient tolerate the following environmental exposures:

	Never	Rarely	Occasionally	Frequently
Temperature Extremes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Humidity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hazards (heights and moving machinery)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fumes, Odors, Chemicals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

K. Have your patient's impairments and their effects lasted or can they be expected to last for a continuous period of at least 12 months?
 Yes No

