



Cindy Billington

Speaker and Life and Mindset Coach

@cindybillington

Intended Mindset
Coaching

ABOUT

Cindy is a Christian mindset coach, speaker, and second-chance advocate who empowers women to rebuild confidence and move forward with clarity, faith, and purpose. Cindy helps women identify what's holding them back and create practical steps toward meaningful change. She is an Associate Certified Coach with the International Coaching Federation.

A dynamic and animated communicator, Cindy brings warmth, insight, and encouragement to every conversation. Her faith-based style inspires women to see the bigger story God is writing in their lives and step confidently into their calling.

SPEAKING TOPICS

✓ **Spirit-Led Emotions, Transform Your Conversations**

Trade emotional chaos for divine calm. Learn to seat the Holy Spirit at your internal table, transforming turbulent thoughts into grounded peace through a practical, scriptural toolkit for emotional mastery.

✓ **You are NOT an Imposter**

Dismantle the "not enough" lie and silence Imposter Syndrome. Trade the enemy's script for Psalm 139:14, using vulnerability and Scripture to stop performing and start belonging as God's daughter.

✓ **Trade Society's Script for the Creator's Call**

Celebrate your true identity by trading societal expectations for God's specific promises. Realign with the King, identify your unique spiritual gifts, and embrace the beautiful, purposeful daughter you were created to be.

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"Her combination of personal growth, professional experience, and mindset coaching uniquely positions her to guide audiences toward meaningful spiritual growth and practical life change."

Laura H.
Central Church, Bryan, TX

"Very personable. Audience friendly, easily understandable! Very relatable to 'real life.'"

~ Susan H.
Cross Plains Baptist Church