## Hello 2021!

# Participate for a chance to WIN!

Let's Talk

\$500<sub>gift certificate to</sub>



### Protect Your Future from Cancer—Healthy Students School Program



"The Healthy Students School Program gives our Educators the opportunity to talk to children & teens about the importance of making healthy lifestyle choices at an early age to reduce the risk of developing cancer in the future. Make that choice now! Don't Smoke, Don't Vape, Eat Healthy & Exercise Regularly."

Sharilyn Knox, Executive Director, CPCS

For every class presentation you will be entered into the draw for a \$500 Indigo/Chapters gift certificate for your class/school.

Draw date is January 3, 2022.

### Healthy Students School Program (Kindergarten to Grade 12)

**Respect the Sun (Grades K-12)** – Teaches children the best strategies for protecting their skin and practicing safety in the sun.

**Living Smoke Free (Grades K-12)** – Educates children about the harmful effects of tobacco and other substances. Your students are given the refusal skills and knowledge to assist them in making healthy decisions.

**Healthy Living (Grades K-12)** – Helps your students develop the basic skills of good nutrition and healthy lifestyle choices.

*Girls Health Awareness (Grades 9-12)* – **THINK.LOOK.CHECK.** Our educators will provide general health information addressing the growth and development process in girls in relation to cancer awareness.

**Boys Health Awareness (Grades 9-12)** – **THINK.LOOK.CHECK.** Our educators will provide general health information addressing the growth and development process in boys in relation to cancer awareness.

To book your presentations contact:

**Central Plains Cancer Services** 

Email: info@cpcancerservices.ca

Phone: 204-857-6100

#### **Our Educators**





**Janice Telford** 

**Karen Faurschou**