# You're never too young We have bowls designed to fit even the smallest of hands. As strength is not required, young children can beat even

experienced older

players.





# You're never too old We have superb players that are more than 80 years old. It's a great way to keep active and still enjoy competitive sport.

### A sport that can genuinely be played by everyone

Bowls doesn't require great strength or stamina, so people of all ages, sexes and physical abilities can play. It really is a great sport for all of the family.





#### **Community Bowls**

Why not join us on Monday evening to try bowls in an informal and friendly atmosphere. Our season runs from April until September outdoors. Social winter bowls is also played at the club every Tuesday evening from October to March. All are welcome – old and young – newcomers and more experienced players.

### Try It - You Might Like It!

Hopton & District Bowls
Club Short Grove Lane
Hopton IP22 2RP

Email: <a href="mailto:hoptonbc@gmail.com">hoptonbc@gmail.com</a>
<a href="mailto:www.facebook.com/hoptonbowls">www.facebook.com/hoptonbowls</a>

## Give Lawn Bowls A Try!

at the



We welcome you and your family to enjoy our facilities

#### **WHY PLAY BOWLS?**

- Ten reasons why bowls is a great game.....
  It's simple to pick up..... You can learn to play bowls in just a few minutes
- ..... but it's impossible to master. Even the most experienced bowlers know there's always more to learn and challenges to overcome.
- And that means anyone can beat anyone. The great thing about bowls is that one great shot can change the game no matter who's playing.

  It's social. Bowls is a great way to meet new
- It's social. Bowls is a great way to meet new people on and off the bowling green. We organise a diverse range of social activities as well as playing bowls.
- It doesn't discriminate. It's a non contact sport for people of all ages, genders and abilities.
- **It's totally accessible**. There are no real physical barriers to playing bowls, making this one of the most accessible games of all.
- It develops hand-eye coordination... and it does so in an environment where practise makes perfect, but you can develop at your own pace.
- Compete on your own terms. Whether you want to just enjoy a fun social game or aspire to serious competitions, bowls caters for all.
- It gives access to some beautiful outdoor areas.

  Bowls greens around the country provide a series of oases in the midst of villages, towns and cities.
- It's fun! Just in case we forgot to mention it is simply a great game.



Bowls is one of the very few games that can be played on a totally equal basis by men and women. It is totally open to players of all ages. Competition can be fierce, as your carefully placed bowl is bashed into the ditch by an opposing player firing into it. It is a game which is simple enough that anyone can play a proper game on their first visit to a club, but hard enough that no game is ever completely predictable.

And what of the bowls "pitch"? Bowls greens around the country provide a series of oases in the midst of villages, towns and cities. Beautifully manicured greens are usually surrounded by pleasant boarders and a welcoming club house with a (usually cheap) bar. A game of bowls therefore gives the opportunity to not only engage in a great competition but also to enjoy warm spring and summer days and evenings in a beautiful environment — and to then have a well priced drink or three afterwards.

Come down to Hopton Bowls Club at Short Grove Lane to give it a try. We guarantee you'll be made to feel welcome.



Hopton has one of the best bowling greens in England, with its own club house and bar and ample parking.

The club will be having an open day on Sunday 1<sup>st</sup> May, from 12pm until 5pm, when anybody that would like to try their hand is more than welcome to come along. We'll be offering free coaching for beginners and running a number of fun competitions with prizes during the day. Afterwards we will also be heating up one of the first barbecues of the year with a well priced bar. Families are very welcome, with specific competitions for under-18s.