



Health Access Sumbawa



Health for Remote Communities

End of Year Update | December | 2018

Grateful for Your Support

Dear Friends,
Thank you for making 2018 our most successful year yet! Your ongoing support is so important. It gives us the means to carry on working and making a difference. On behalf of the board, staff & clients of Health Access Sumbawa I wish you & your family a very healthy and prosperous 2019 .

Gratefully,
Jack

Jack Kennedy, President, Health Access Sumbawa Inc.

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Your donations this year double their purchasing power!

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HAS set to grow the size of its service area as we broaden services

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Cashew nut farming offers the promise of a better life.

HAS Budget Doubled in 2018!

HAS received a \$15,000 challenge grant from The Ruth and Hal Launders Charitable Trust in August. RHLCT will match other HAS donors dollar for dollar until the end of our fiscal year (June 30 2019)! HAS helps remote island communities overcome poverty, under-nutrition, and lack of access to treatment for malaria and other health issues. The charity currently serves a 50 kilometer coastline in Sumbawa, Indonesia.

A separate challenge grant of \$5,000 from Australians Damian & Rachael Bowman is earmarked to support our Harvest for Health Program. This will help us scale up nutrition and agriculture activities in Sili village, Sumbawa. Over the next few months, HAS will establish a 2 hectare fruit and cashew nut farm. We are also poised to double the size of our malaria control service area next year.

**\$20,000 in
challenge
grants Double
your gift!**



HAS Health Service Area Expands

There was no malaria control program on this roadless coast when HAS began its work. The initial goal of controlling malaria in three hamlets within three years was accomplished in November 2017. There remains much to do, however.

We currently employ three part time nurses, a teacher-social worker, a farm manager and an administrator in Sumbawa.

In 2019 HAS will double the size of its service area, and expand programs that promote basic health care, adequate nutrition, clean water, public toilets and environmental protection.



The Unmet Need

Our service area is a remote, mostly roadless region. The residents live without running water, toilets, or shops. Their access to health services is minimal. Many villagers are undernourished, especially during the long dry season. Health agencies have great difficulty delivering services to such remote communities. Effective anti-malarial drugs supplied by The Global Fund sit in boxes at the regional hospital while just over the mountain pregnant mothers and their children needlessly suffer repeated bouts of malaria during the rainy season. In such communities some 20% of children either die from malaria or are permanently disabled by it before reaching the age of 10. As a result, economic and social development are stunted while thousands of villagers suffer from treatable or preventable diseases. Health Access Sumbawa is addressing this unmet need.

Strategic Goals

- Become a leading force driving malaria control / elimination on the island of Sumbawa, with programs focused on central Sumbawa.
- Improve access to clean water, sanitation facilities, and primary health care, especially for mothers and children.
- Protect the waters of Cempi Bay from plastic waste by supporting effective waste recycling systems.
- Improve farm incomes and reduce soil erosion by encouraging fruit and nut plantations, permaculture, especially on hillsides which are marginal for corn.



Harvest for Health

Food Security & Farm Income Improvement

Undernutrition is prevalent during the long dry season which runs June through November. HAS is improving the deficient diet by introducing irrigated, fenced kitchen gardens and small orchards. The key elements to these programs include low-cost irrigation systems, living-fence field enclosure systems, fruit, vegetable and nut crop introductions, and nutrition education. The projects are organized as a Garden Club for children and an agricultural cooperative for adults.

HAS recently launched a major effort to introduce nut farming to farmers in our service area, with special emphasis on cashews. Farmers could increase their income 60% on land they switch to cashew growing from corn. HAS will test the concept by planting 400 cashew nut trees on 2 hectares this fiscal year. If successful, HAS will scale up substantially in the years ahead.

There are thousands of hectares of steeply sloping farm land in our service area, land that is better suited to tree plantations than row crops. All of it is farmed for corn now by small land-holders. World-wide demand for cashews is growing rapidly, prices are good, the crop is easy to handle & ship, so the growth potential for cashew farming in Sumbawa is very promising.



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