

DAILY CONFIDENCE & FAITH *Checklist*

Start your day with intention, self-love, and faith. Take a few minutes to fill this out and set yourself up for a day of becoming.

Gratitude

Today I am grateful for:

- 1.
- 2.
- 3.

Self-Love Moment

One way I will show myself love today:

Confidence Boost

One small thing I can do today that makes me feel strong or capable:

Faith Reminder

A scripture, quote, or personal mantra to guide me today:

Celebrate the Wins

One small victory I'll celebrate today:

Evening Reflection

Today I noticed these moments of growth or joy:

❤️ Remember: You don't have to have it all together to be becoming. Each small step matters.