

Downloadable set of 6 My Pain Alert® Scale images for personal Augmentative Alternative Communication use ONLY. All Rights Reserved. For any other use, please contact the author Gail Goldstein CCC-SLP: [info@mypainalert.com](mailto:info@mypainalert.com)



My Pain Alert® Book ePub (from iTunes or KOBO )and My Pain Alert™ Scale Communication Tool are for pain vocabulary training & practice, making this essential need as easy as possible to convey. Pain goes up and down, so if medications help serious pain then Fine level 0 can be selected to show that the AAC user is feeling better from the chosen remedy.



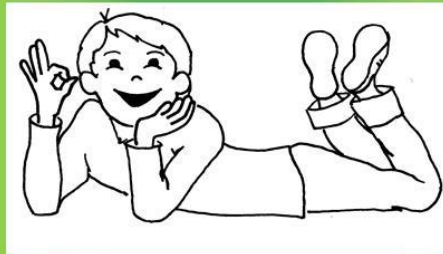
Level

**1**

**Ouch!**

## My Pain Alert™ Scale

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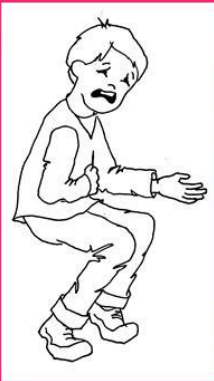
**Fine! Level 0**



Level

**2**

**Need Meds!**



Level

**3**

**Need Stronger Meds!**



Level

**4**

**Meds Not Working!**



Level

**5**

**Need Escape!**