Care Giver Notes to Support Medical Care

The effectiveness of My Pain Alert TM Scale is dependent on the limited communicator having practice with the stories for each level to learn the differences between the levels. The e-book format allows the caregiver to use the “notes” function on their viewing device (smart phone, tablet, computer) to record notes about what was practiced, and how the individual responded. A record of what happened each practice time can then be shared with medical and communication professionals. Details “at the time of pain” about the individual’s behaviors and responses are valuable. The record can provide important clues as to what is needed to improve the life quality of the limited communicator.

To make this important record keeping task easy, here is a quick way to write these notes.

These are the elements that are needed:

 At the top: User Name:

 User age in years \_\_\_\_-months\_\_\_\_\_ on date of first look at the stories.

 Date of Practice or Use: Year, Month, Day

 Use a letter P for a Practice session and a U or “Use” for actual use with a pain experience.

 Tell what was included in the practice or use experience:

 Boy’s Stories: bs

 American Sign Language responses: asl

 Are you Hurting? melody: m

 My Pain Alert TM Scale: scale

 List the levels which were attended to by the individual during practice. If you read all the stories but your individual closed their eyes or got distracted during the last two you would record: 1,2,0,3. If you finished the stories record: 120345. If you finished stories, and some ASL signs record: 120345 (or all) + ASL 1203

 How did individual respond: pointing, speaking, ASL signing, other gestures, making sounds, attending? Write this part out.

 Your assessment of the person’s response: Was it great, good, okay, distracted, possible seizure, or other intervening condition? This is another place where your detail is important.

 If the experience was a Use of the scale, what was the result?

Here are some examples of Notes using this format:

Date -- Which materials used – Levels covered-- Patient’s response methods-- Response quality, Result:

Joey 2years 7 months

2016,March 4th, P,bs,m,scale, 120345, point, speak, good, appeared to be learning.

2016,March 8th, P,bs,asl,scale, 1203, point, sounds, tried some signs, good, signs are hard to do.

2016,March 15th, U, m, scale, 203 repeated three times, point, sounds, facial expression, fussy actions, might be ‘flu. Attended to song melody and responded. Dose of acetaminophen appeared right for relieving discomfort.

My Pain Alert™ Scale Communication Tool Notes for

User Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_\_ on Start Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \* P or U(use) \* Elements \* Levels \* Individual’s Responses \* Caregiver’s Impressions