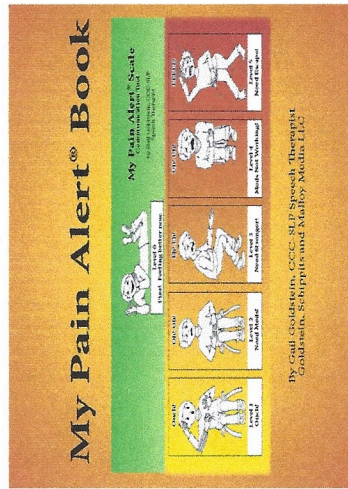
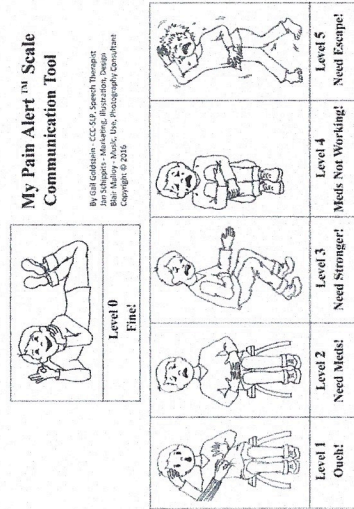




MPA Book contains short stories, simple sign language and a gentle reinforcing song. My Pain Alert® Book is designed to be used to understand what the family member with pain feels. Reading it first at home gives parents and children valuable practice with healthcare processes. The family, taking the patient for care, can use the book or card to redirect and calm the patient; refreshing their vocabulary and helping define their pain help needs.



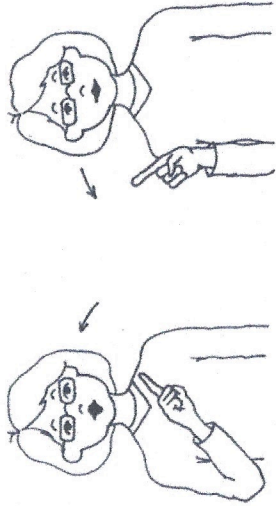
Individuals can practice participating in their health care by pointing to MPA Scale pictures or words.



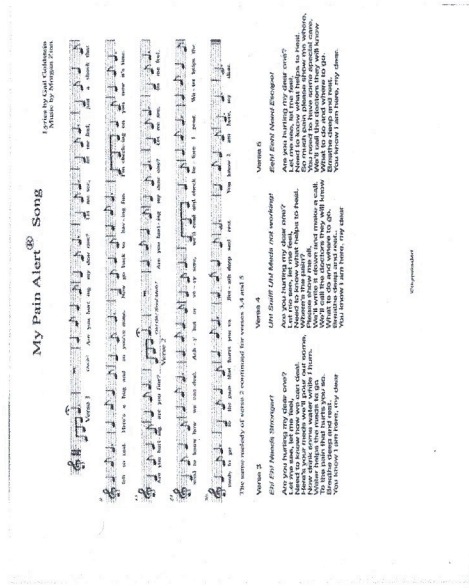
## My Pain Alert® Binder for Patient Group Discussion and Practice of Pain Management Words



The MPAS+ Binder is appropriate for practice and discussion in a group setting. The MPAS+ Binder set which includes 50 MPAS+ cards can be used as: a regular nursing home activity; lessons for ID/DD individuals; or as part of medical procedure preparation by hospital Child Life Professionals and nurses. It includes the same Speech Language Pathology designed: age-neutral pictures, gentle training stories, and fun-to-practice simple ASL signs as our original book. Reading this book was shown to reduce family and patient stress. By reviewing each level and what is expected to happen if that level is chosen, families can reduce the fear and stress part of pain events.



This is the American Sign Language sign for "where" as in: Where is your pain?



Our song reviews each level of pain. It has a musical alert which can be used in conditioning participation from people with minimal communication skills. It also provides musical comfort with its gentle lullaby like tune and encouragement to: "breathe deep and rest..."