



# Love Beyond Valentine's

## A 14-DAY JOURNEY OF TRANSFORMATION



THIS VALENTINE'S DAY, LET'S NOT STOP AT JUST ONE DAY OF LOVE! JOIN US AS WE EMBARK ON A 14-DAY JOURNEY, TRANSFORMING OUR UNDERSTANDING AND PRACTICE OF LOVE IN ALL ITS FORMS. FROM SELF-LOVE AND FRIENDSHIP TO ROMANTIC LOVE AND COMMUNITY CARE, WE'RE DIVING DEEP TO EXPLORE AND EXPAND OUR HEARTS.

THIS IS A JUDGEMENT-FREE ZONE. OUR GOAL IS TO ENSURE THAT YOU FEEL SAFE & SUPPORTED AS WE CONNECT ON THIS JOURNEY TOGETHER. AFTER REGISTERING, YOU WILL RECEIVE LOG-IN INFORMATION FOR OUR VIRTUAL SPACE. LOOKING FORWARD TO MEETING YOU!

-AJA JOHARI

EDUCATOR | COACH | HOLISTIC PRACTITIONER

Sign up to our virtual events by filling out the information below.

### Basic Information

Name

Phone Number

Email (required)

**WE'RE  
STARTING ON  
FEBRUARY  
14TH!**

### In Interested in participating in...

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Day 1: Love Kick-off Virtual Gathering

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Day 2-5: Acts of Kindness Challenge

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Day 6: Love Letter Writing Workshop

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Day 7-8 Creative Love Expression Weekend

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Day 9: Dream-Building Date Night

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Day 10: Nature Walk for Love

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Day 11: Book Club Discussion on Love

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Day 12: Virtual Dinner Party

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Day 13: Reflection Circle

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Day 14: Love Celebration/Closing

[www.MindUteach.org](http://www.MindUteach.org)

