

Antibiotic Pearls and Pitfalls: Bugs, Drugs, and Stewardship

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Conflict of Interest Disclosure

- I have no financial interest or contractual relationships with any commercial interest to disclose

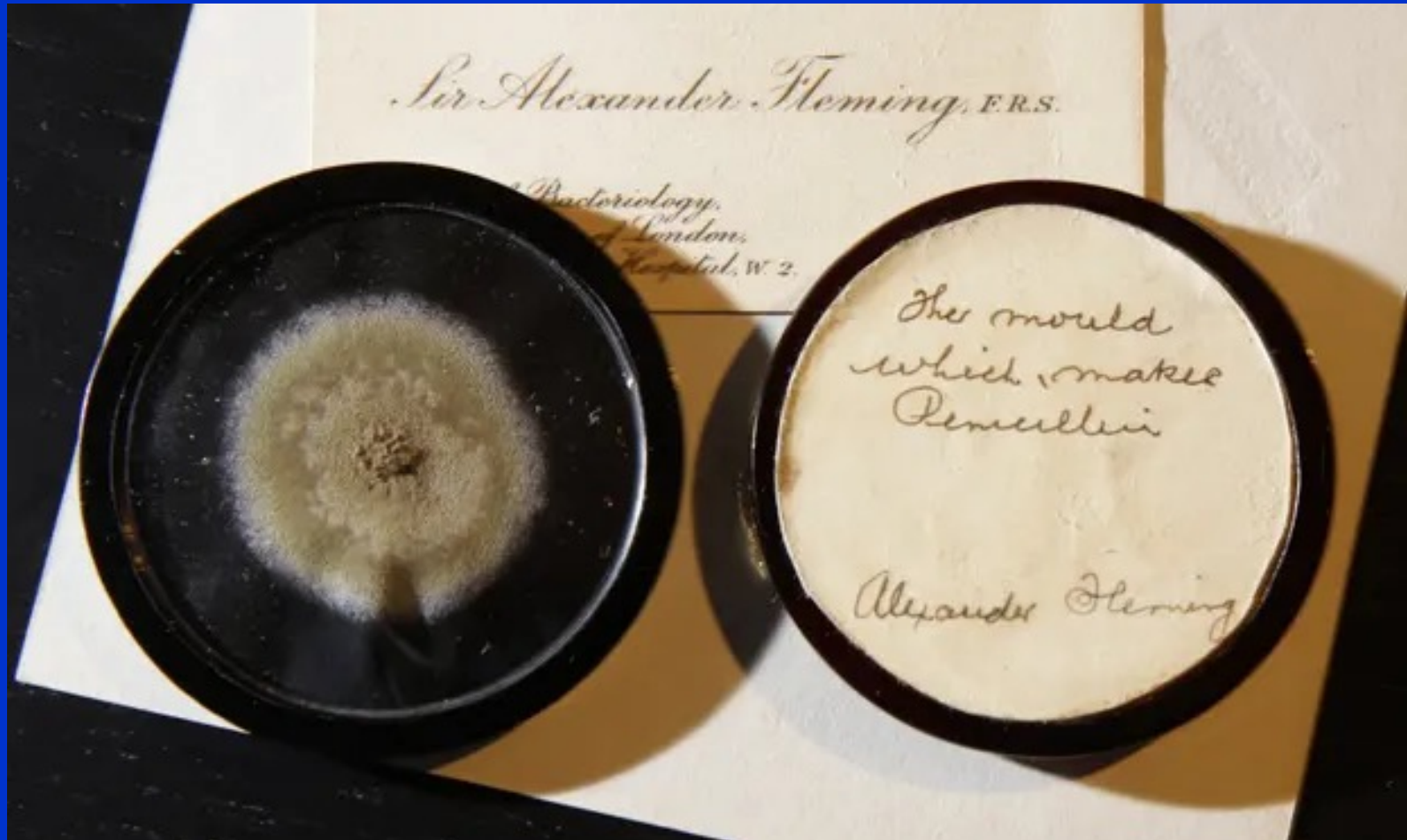
Objectives

- Discuss pearls and pitfalls related to antimicrobial use
- Recognize how a better understanding of antibiotics leads to improved stewardship
- Provide a review of selected antimicrobials

Infectious Diseases and Human History

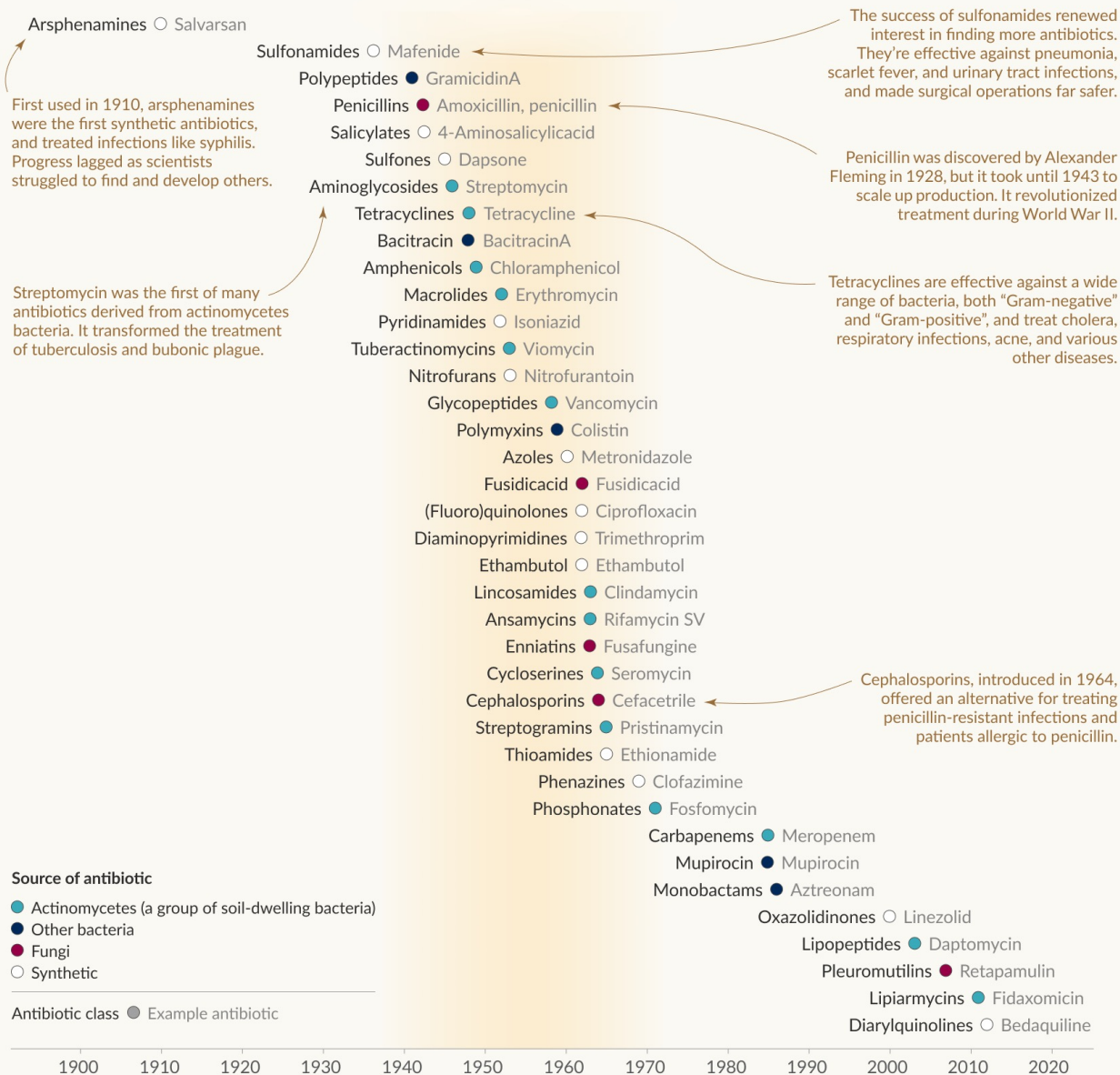
- Impact of infectious diseases on history cannot be underestimated
- Contributed to the collapse of empires / shaped history
 - Plague of Athens (430- 426 BCE)
 - Antonine (165 – 180 CE) and Justinian (541-549 CE) Plagues
 - Exposure of “New World” to various infectious diseases
 - Smallpox in the American revolution
 - Napoleon in Russia
 - 1918 flu
- Major historical figures killed by infections
 - Alexander
 - Pericles

1928 - *Penicillium chrysogenum*



The Golden Age of Antibiotics

The year when each **antibiotic drug class** was first available for clinical use, along with an example antibiotic in each drug class, not necessarily the first.



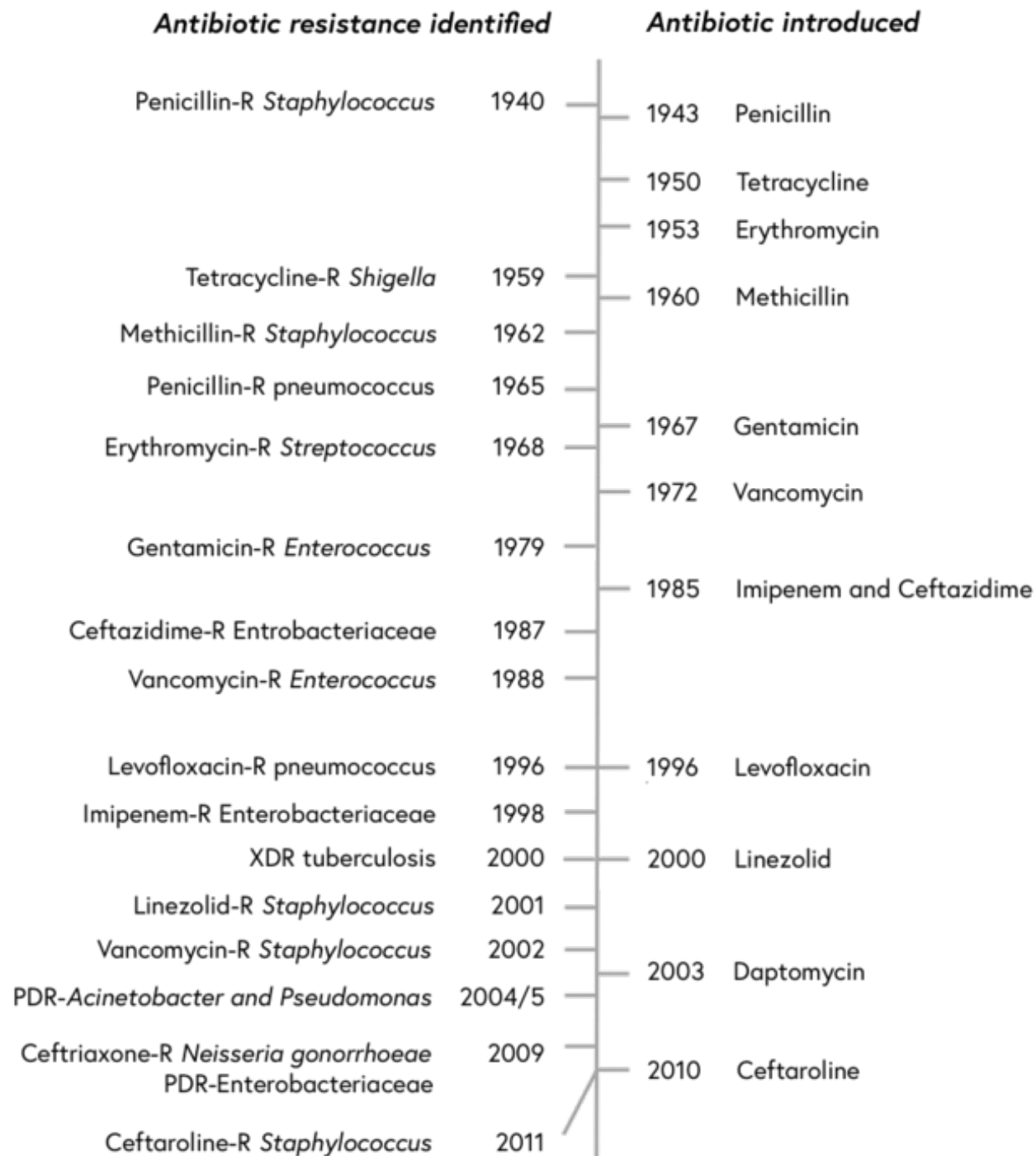
Source: Hutchings, Truman, Wilkinson (2019) Antibiotics: Past, present and future.

Note: As of 2023, no new antibiotic drug classes have become available; see AntibioticDB for further information.

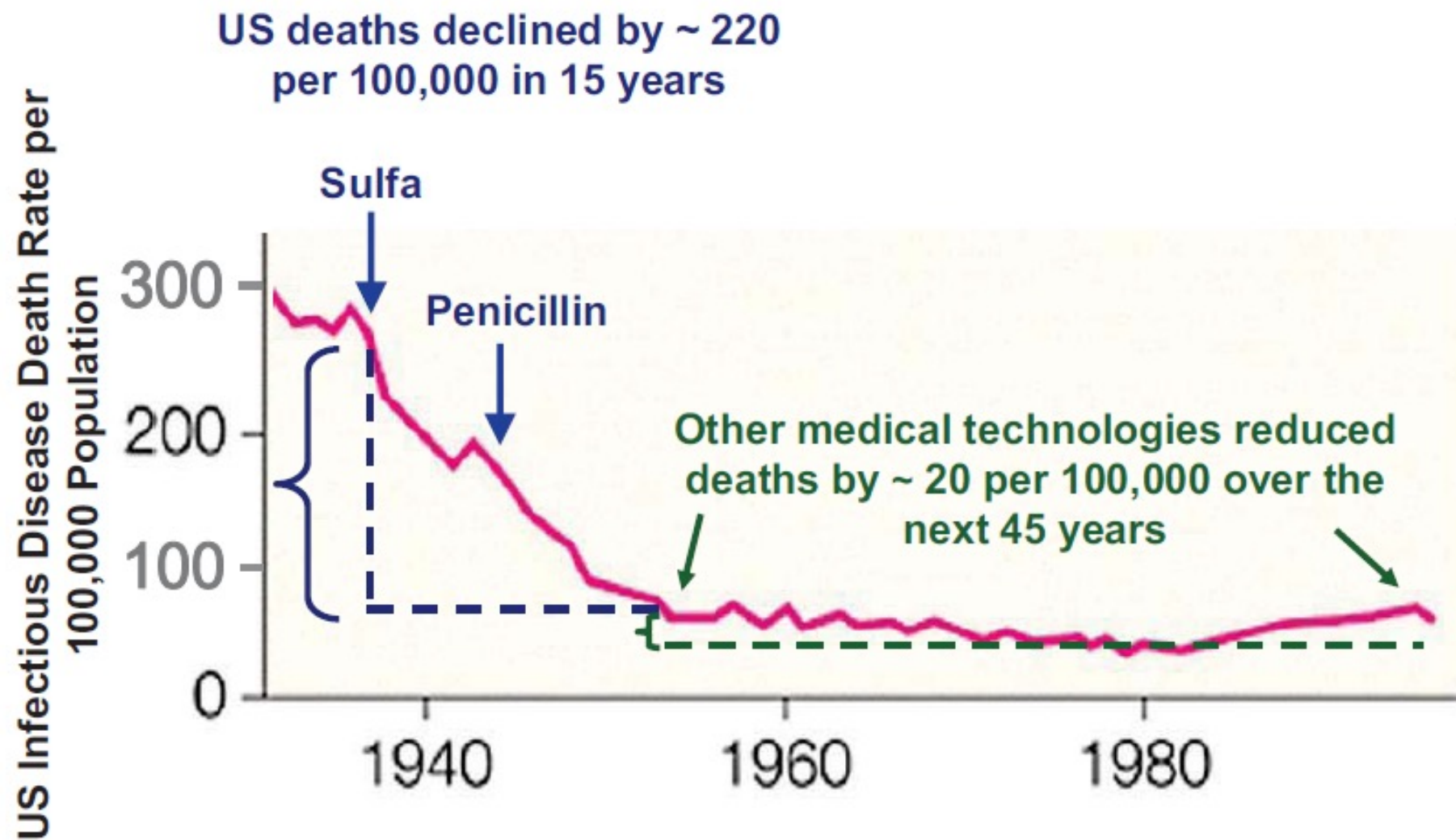
OurWorldinData.org— Research and data to make progress against the world's largest problems.

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Saloni Dattani (2024) - "What was the Golden Age of Antibiotics, and how can we spark a new one?" Published online at [OurWorldinData.org](https://archive.ourworldindata.org/20251125-173858/golden-age-antibiotics.html). Retrieved from: <https://archive.ourworldindata.org/20251125-173858/golden-age-antibiotics.html> [Online Resource] (archived on November 25, 2025).



Infectious Disease Mortality in the United States During the 20th Century



Modified from Armstrong, G. L. et al. JAMA 1999;281:61-6.

Antibiotics: Powerful Tools

<u>Disease</u>	<u>Pre-Antibiotic Death Rate</u>	<u>Death with Antibiotics</u>	<u>Change in Death</u>
Community Acquired Pneumonia ¹	~ 35%	~ 10%	-25%
Nosocomial Pneumonia ²	~ 60%	~ 30%	-30%
Cardiac Infection ³	~ 100%	~ 25%	-75%
Brain Infection ⁴	~ 80%	~ 20%	-60%
Skin / Soft Tissue Infection ⁵	11%	< 0.5%	- 10%
MI treatment with ASA / thrombolytics ⁶			~3%

¹IDSA Position Paper '08 Clin Infect Dis 47(S3):S249-65; ²IDSA/ACCP/ATS/SCCM Position Paper '10 Clin Infect Dis In Press; ³Kerr AJ. Subacute Bacterial Endocarditis. Springfield IL: Charles C. Thomas, 1955 & Lancet 1935 226:383-4; ⁴Lancet '38 231:733-4 & Waring et al. '48 Am J Med 5:402-18; ⁵Spellberg et al. '09 Clin Infect Dis 49:383-91 & Madsen '73 Infection 1:76-81; ⁶'88 Lancet 2:349-60

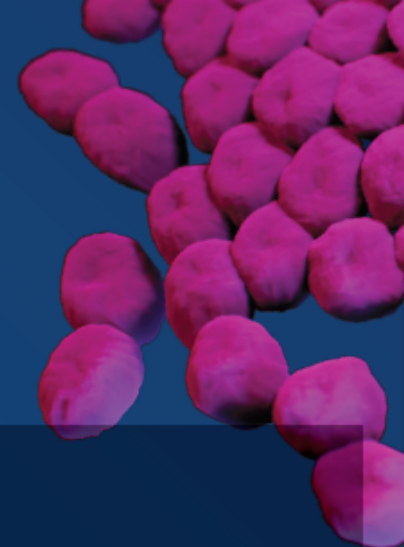
Antibiotics

A Double Edged Sword

Disadvantages

- **Antibiotic side effects**
 - Phlebitis
 - Hepatotoxicity
 - Nephrotoxicity
 - Diarrhea (non-*C. difficile* & *C. difficile*)
 - Drug fever
 - Drug rash
 - Seizures
- **Antibiotic *drug-drug interactions***
- **Acquired antibiotic resistance (MDROs)**

The Threat of Antibiotic Resistance in the United States



Antibiotic resistance—when germs (bacteria, fungi) develop the ability to defeat the antibiotics designed to kill them—is one of the greatest global health challenges of modern time.

New National Estimate*

Each year, antibiotic-resistant bacteria and fungi cause at least an estimated:



Clostridioides difficile is related to antibiotic use and antibiotic resistance:



2,868,700
infections



223,900
cases



35,900 deaths



12,800 deaths

New Antibiotic Resistance Threats List

Updated urgent, serious, and concerning threats—totaling 18

Comparison of different antibiotics and the risk for community-associated *Clostridioides difficile* infection A case-control study

Miller et al., 2023 | Open Forum Infectious Diseases



Study Population



Matched case-control study of patients with and without *Clostridioides difficile* infection (CDI), using a large database of commercial insurance claims.

Methods



Bayesian analysis used to estimate CDI risk associated with exposure to 27 different types of antibiotics within 30 days of infection. Comparison of time periods to capture antibiotic exposure (e.g., 90 days).

Results



Differentiated and ordered individual antibiotics in terms of their level of associated risk for CDI. Risk estimates varied across antibiotic types, classes and exposure windows.

CDI risk varies widely within and between classes of antibiotics; the individual type of antibiotic is important to consider for informing antibiotic stewardship tradeoffs with regard to CDI risk.

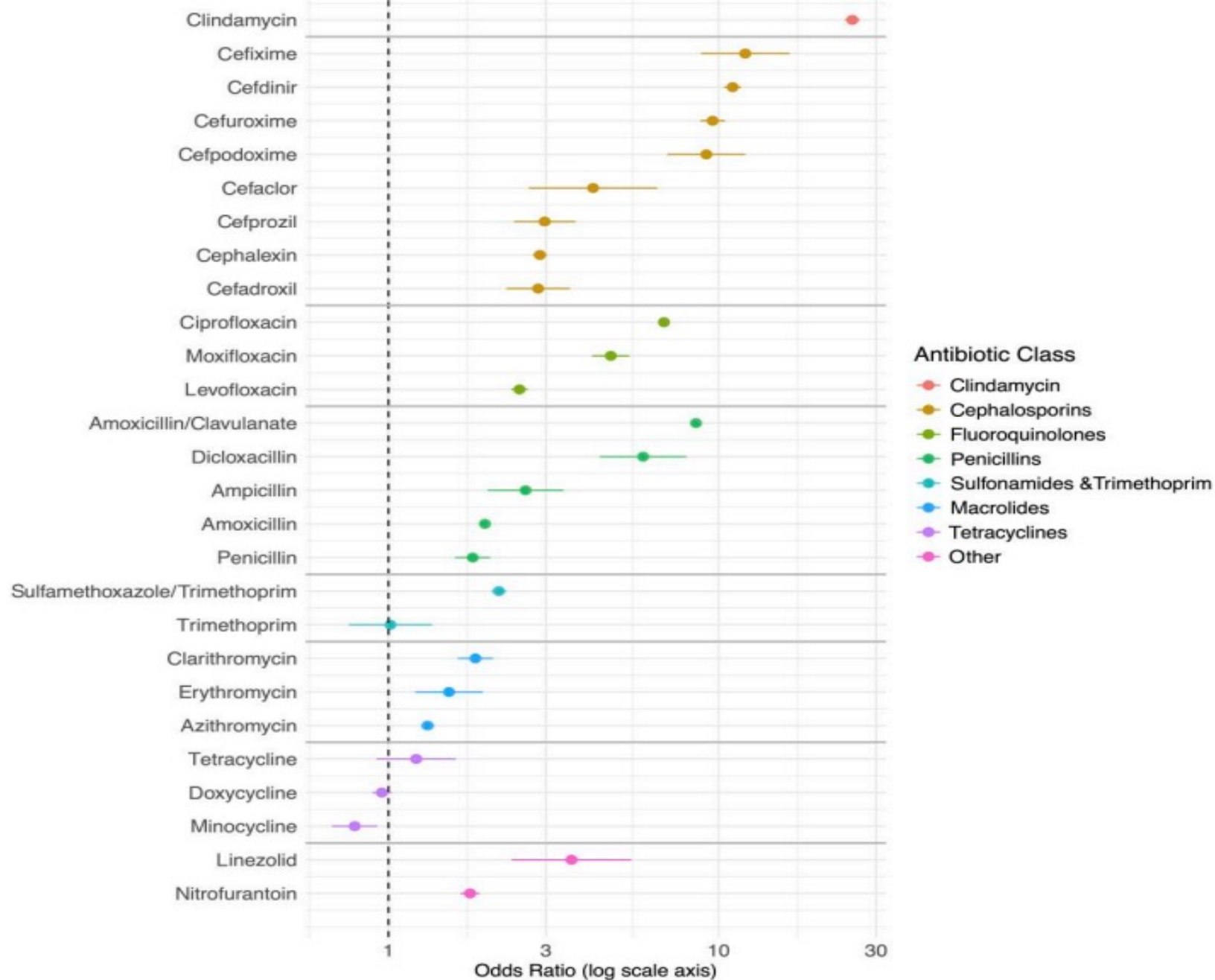


Figure 1. Visual comparison of effect estimates across antibiotic types, grouped by antibiotic class. Point estimates are depicted by the circle and 95% credible intervals by the line segments. Exact values can be found in [Table 2](#).

Antibiotics may be misused

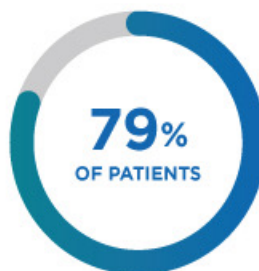
- Given when they are not needed
- Continued when they are no longer necessary
- Given at the wrong dose
- Broad spectrum used to treat very susceptible bacteria (depending on the agent)
- The wrong antibiotic is given to treat an infection
 - Inappropriate for site, nonsusceptible at site, tissue penetration problem

NEW CDC DATA

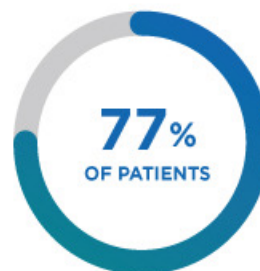
MORE THAN HALF OF
ANTIBIOTIC PRESCRIBING
FOR SELECTED EVENTS
IN HOSPITALS
WAS NOT
CONSISTENT
WITH
RECOMMENDED
PRESCRIBING
PRACTICES



ANTIBIOTIC PRESCRIBING WAS NOT SUPPORTED IN:



with community-
acquired pneumonia



with urinary
tract infections



prescribed
fluoroquinolone
treatment



prescribed intravenous
vancomycin antibiotic

HOSPITAL PRESCRIBERS & PHARMACISTS CAN IMPROVE PRESCRIBING:



Optimize
antibiotic
selection



Re-assess antibiotic
treatment when the
results of diagnostic
testing are available

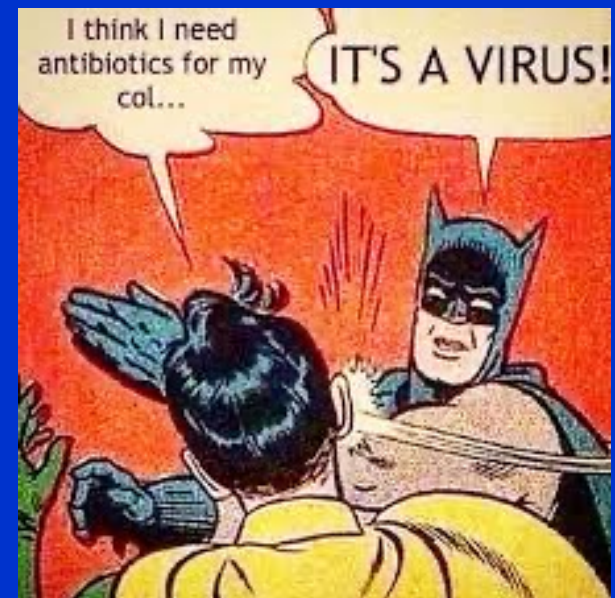


Use the shortest
effective duration
of therapy

FIND RESOURCES ON HOW TO IMPROVE HOSPITAL
ANTIBIOTIC USE AND HELP FIGHT ANTIBIOTIC RESISTANCE:
<https://bit.ly/HospitalCoreElements>

Avoid Antibiotics for Inappropriate Indications

- Viral respiratory tract infections
 - COVID-19, “Colds”, acute bronchitis, non-streptococcal pharyngitis
- Early or mild sinusitis
- Asymptomatic bacteriuria (ASB)
 - Except in specific patient populations



Little or no potential benefits which are significantly outweighed by potential harms!

Why do we misuse antibiotics so much?

- Personal experience
- Fear of lawsuits
- Lack of knowledge about antibiotics
- Safety Blanket
- TRADITION / ?Addiction?

ASP – Not Just an Inpatient Issue

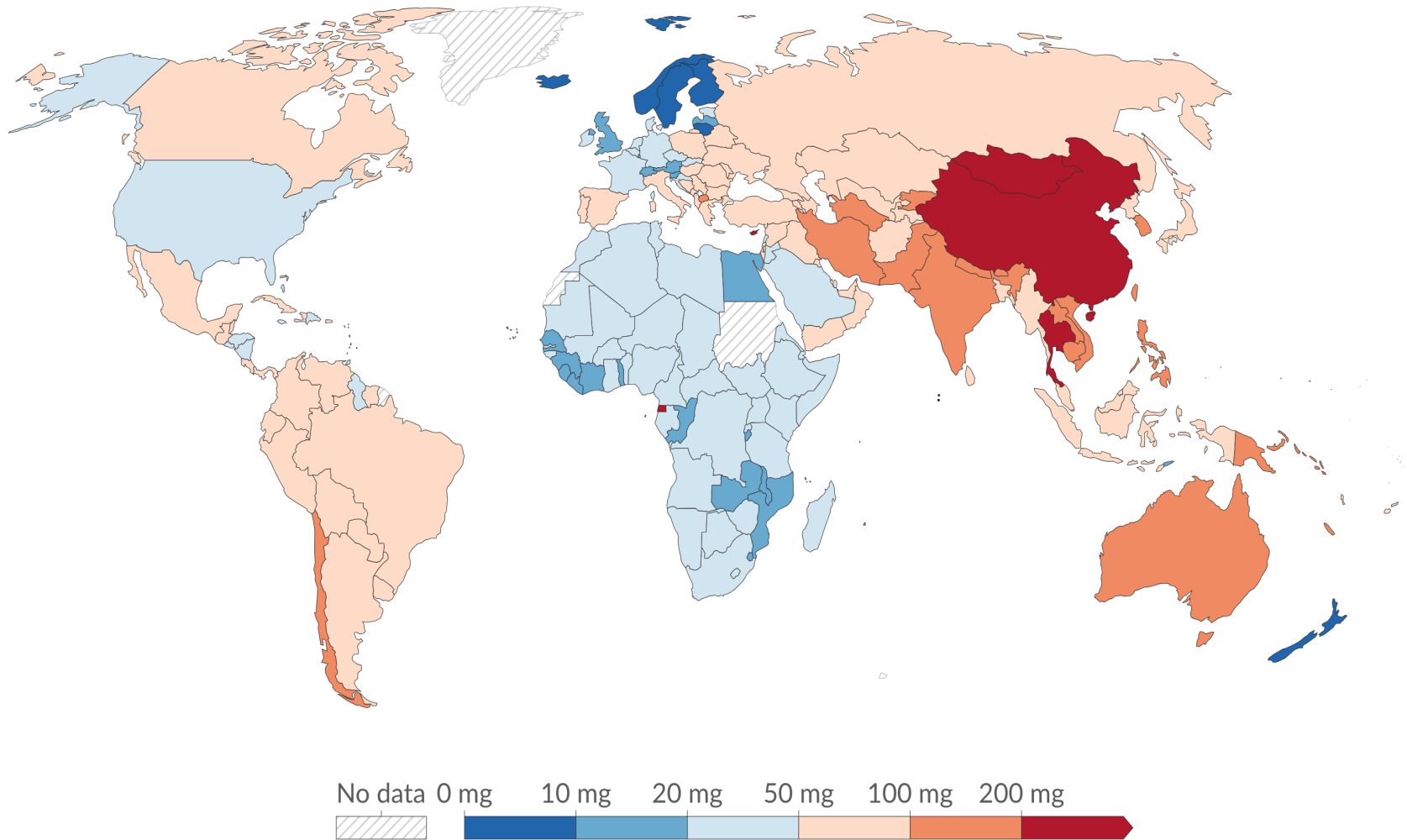
- Inpatient is important and is typically the most developed / has most resources
- Long term-care facilities
- ESRD Facilities

ASP – Not Just an Inpatient Issue

- Outpatient settings:
 - Dental practices
 - Emergency departments
 - Walk-in clinics/Urgent care centers
 - Ambulatory Surgery Centers (ASCs)
 - Physician offices
 - Outpatient pharmacies
- Non-human antibiotic use (livestock, etc.)
 - ~70% globally

Antibiotic usage in livestock per kilogram of meat 2020

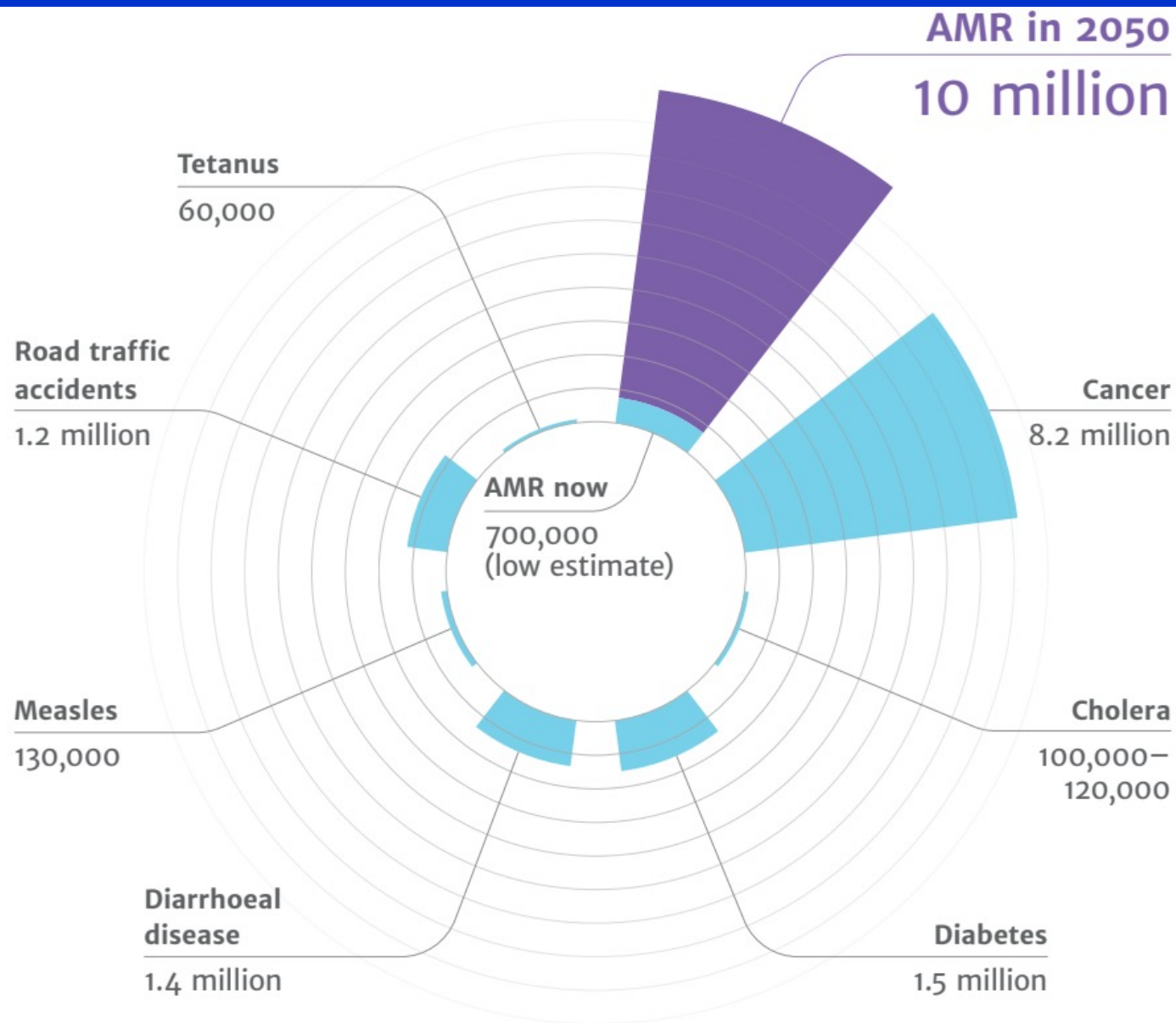
Milligrams of antibiotic use per kilogram of livestock. This is adjusted for differences in livestock numbers and species by standardizing to a population-corrected unit (PCU).



Data source: Mulchandani et al. (2023)

OurWorldinData.org/antibiotics | CC BY

Note: Researchers working on antimicrobial resistance have proposed a threshold of 50mg per PCU, which is shown as a threshold here.



Does Stewardship Work?

- Improve quality of patient care
- Decreased:
 - Length of stay
 - Antimicrobial resistance
 - *C. difficile* infections
 - IV antimicrobial use
 - Other complication of antimicrobials

Effect of Antibiotic Stewardship on Antibiotic Resistance

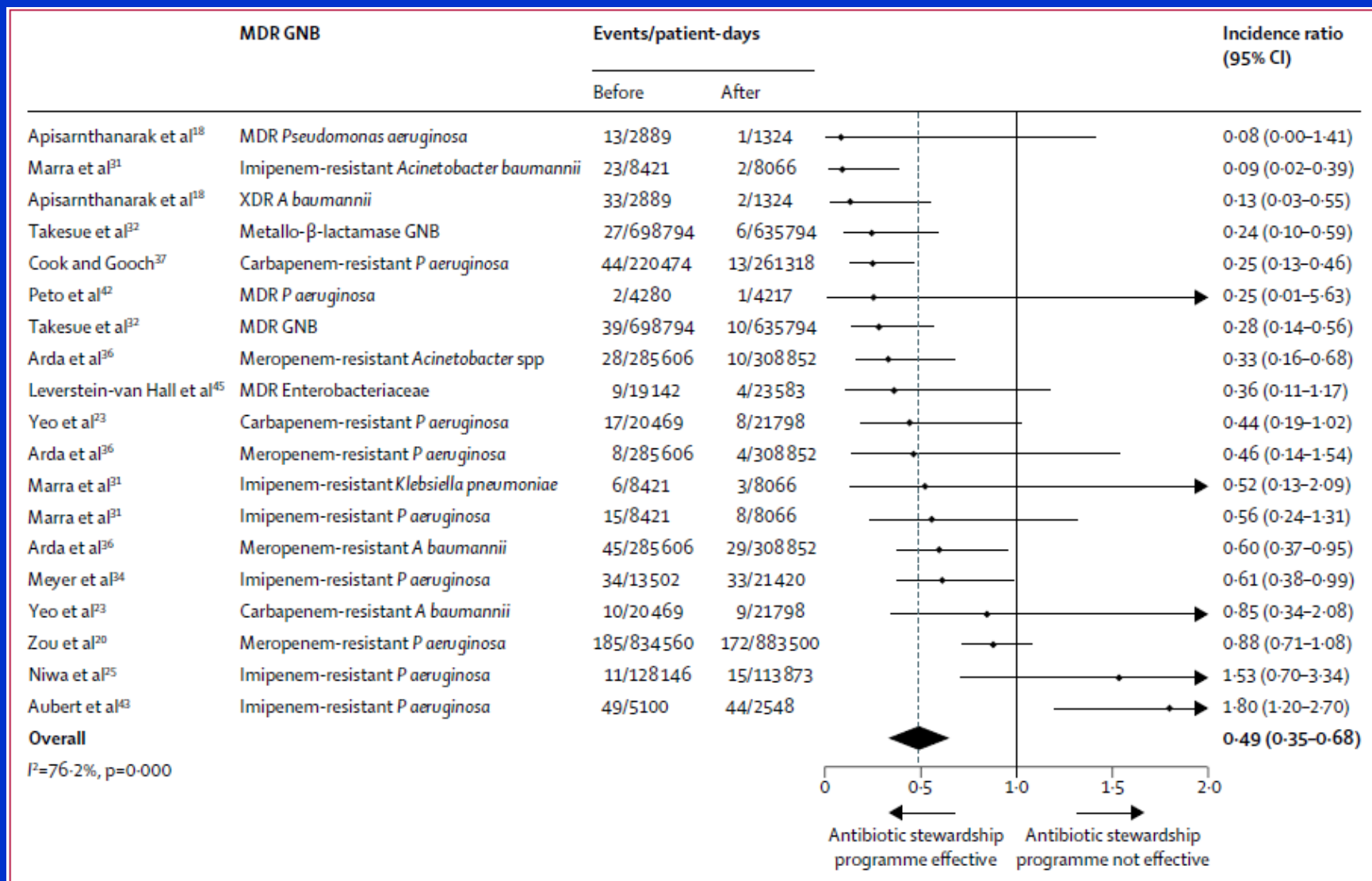


Figure 2: Forest plot of the incidence ratios for studies of the effect of antibiotic stewardship on the incidence of MDR GNB

GNB=Gram-negative bacteria. MDR=multidrug-resistant. XDR=extensively drug-resistant.

Effect of Antibiotic Stewardship on *C. difficile*

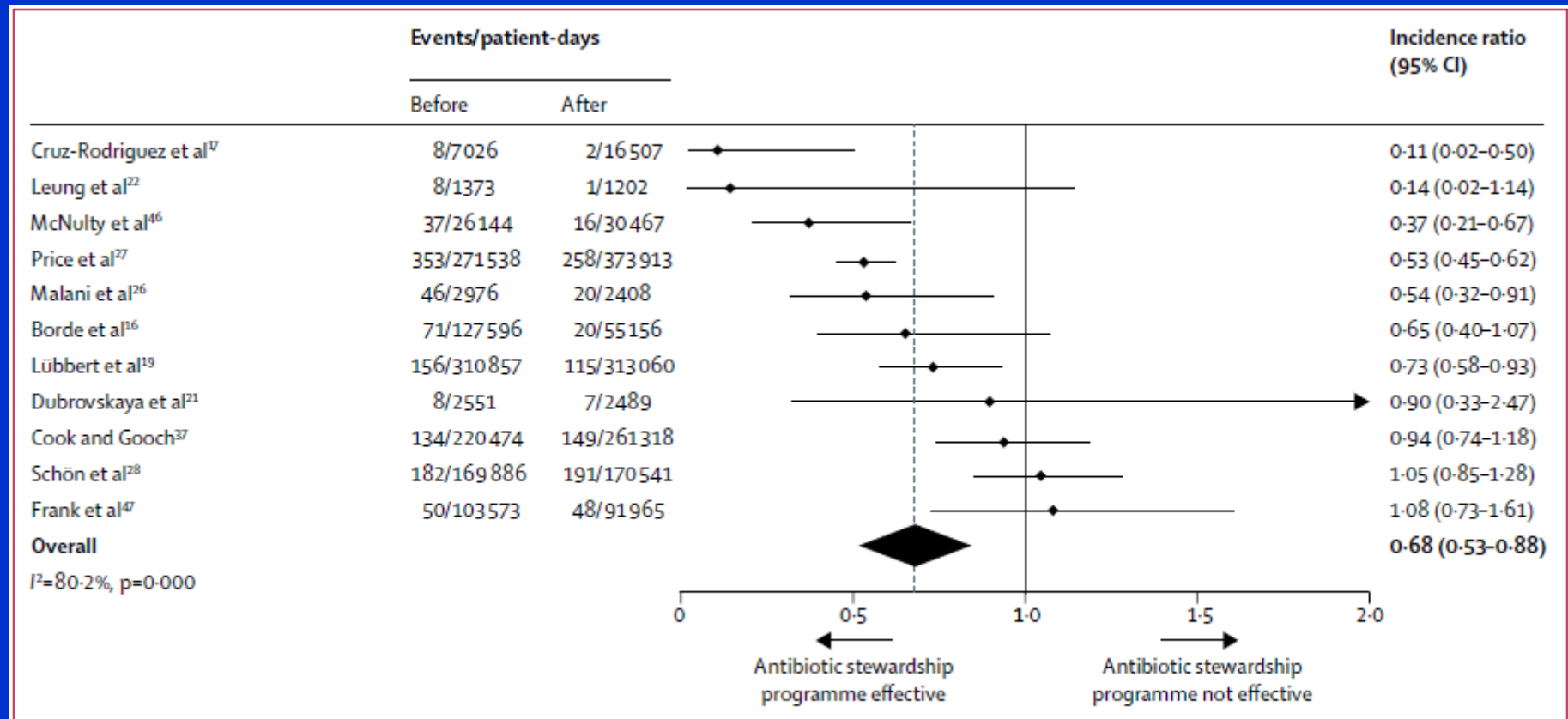


Figure 4: Forest plot of the incidence ratios for studies of the effect of antibiotic stewardship on the incidence of *Clostridium difficile* infections

How can I be a good steward?

- Make sure you have the correct diagnosis
 - Make sure that diagnosis needs antibiotics!
 - Target your therapy using the diagnostics you have
- Optimize the route of antibiotic administration (PO)
- Treat only as long as you need (shorter is better)
- Help dispel false PCN allergies

Factors in Antibiotic Selection

Key Factors

- **Appropriate Spectrum** (*based coverage of usual body site flora*)
- **Tissue Penetration** (*must achieve therapeutic concentration at site of infection*)
- **“Low Resistance Potential”** (*first do no harm!*)
- **Side Effect Profile** (*avoid antibiotics with high *C. difficile* potential*)

Unimportant Factors

- **Bactericidal vs. bacteriostatic**
- **Synergy** (*rarely important and applicable to very few organisms*)

Antibiotic Resistance Potential

“High resistance potential” antibiotics → *antibiotics to avoid*

- **Ciprofloxacin**
(*S. pneumoniae*, *P. aeruginosa*, ↑ MRSA)
- **TMP-SMX**
(*S. pneumoniae*, *E. coli*)
- **Imipenem**
(*P. aeruginosa*, ↑ MRSA)
- **Gentamicin/tobramycin**
(*P. aeruginosa*)
- **Ceftazidime**
(*P. aeruginosa*, ↑ MRSA)
- **Macrolides**
(*S. pneumoniae*)

“Low resistance potential” antibiotics

IV

- Meropenem
- Ceftriaxone
- Piperacillin/tazobactam
- Aztreonam
- Cefepime
- Colistin/Polymyxin B
- Tigecycline

PO

- Doxycycline
- Minocycline
- Levofloxacin/Moxifloxacin
- Linezolid
- Fosfomycin
- Nitrofurantoin

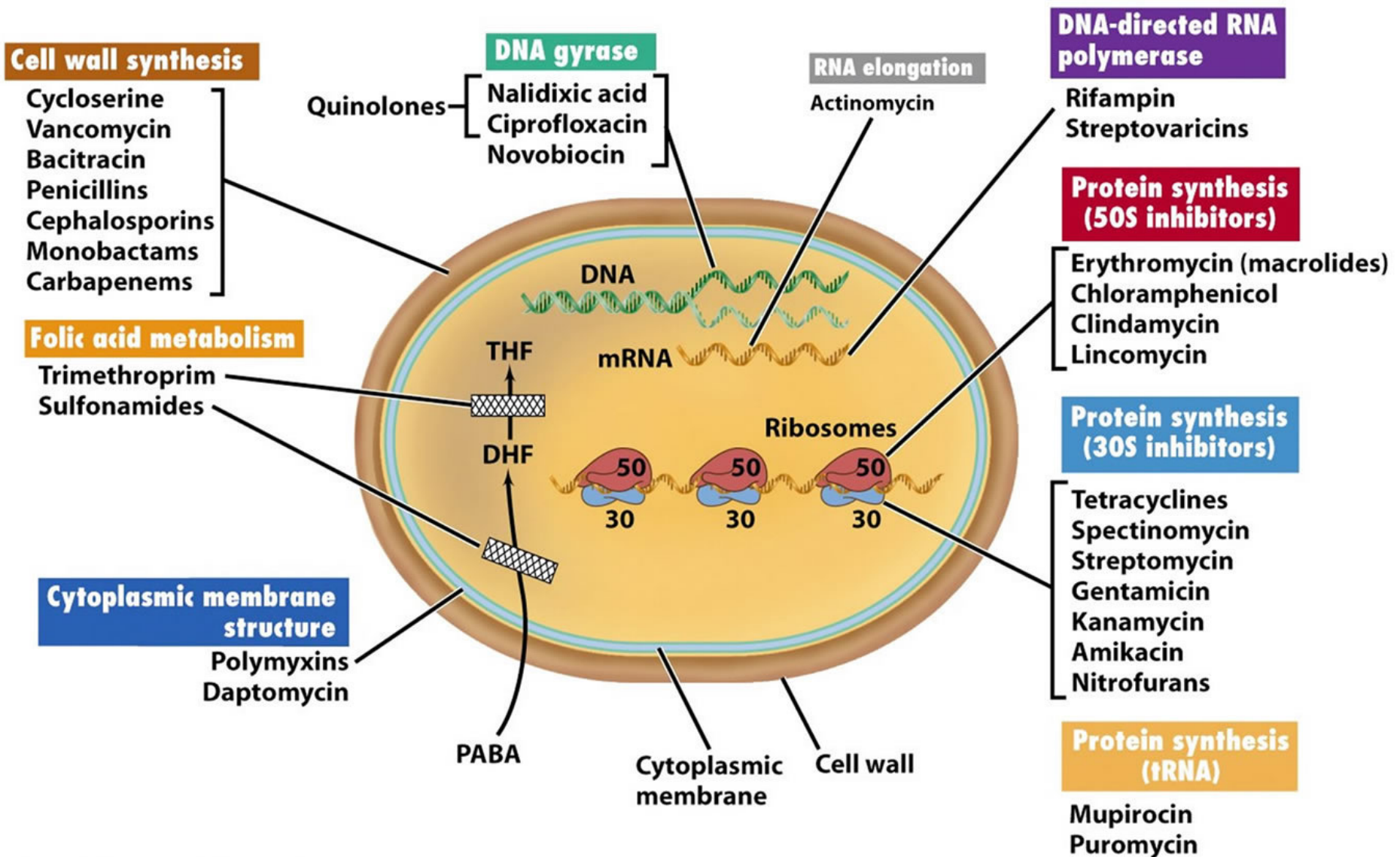
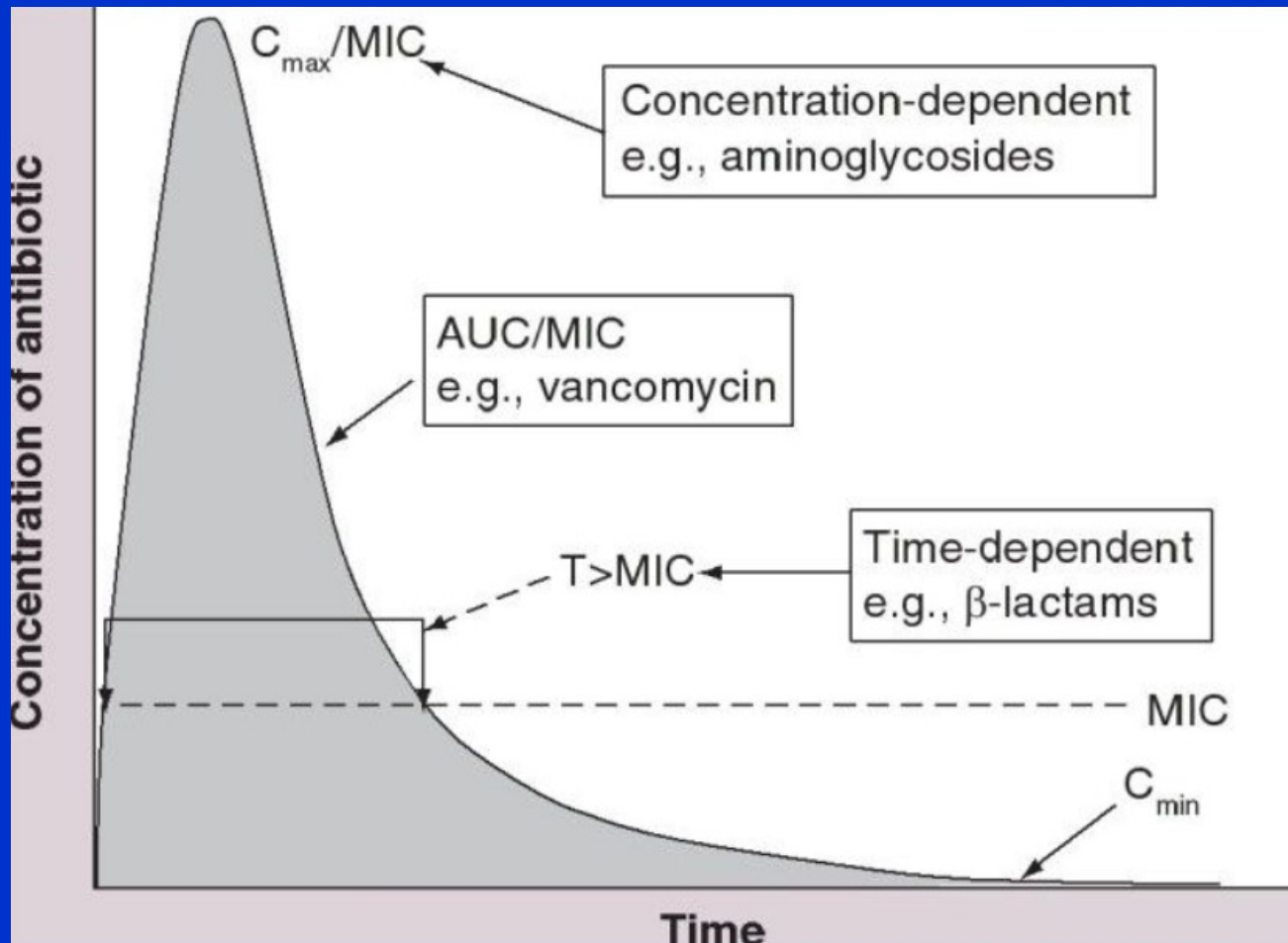


Figure 20-14 Brock Biology of Microorganisms 11/e
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PK / PD Considerations in Antibiotic Dosing



Penicillin

- **Route:** IV = G; PO = V or VK
- **Mode of elimination:** Renal
- **Hits:** Streptococci
 - Gram negative diplococci (MC & GC)
 - Oral** anaerobes
 - Syphilis
- **Misses:** MSSA/MRSA, ? *E. faecalis* (VSE), / *E. faecium* (VRE), GNBs, *B. fragilis*
- **Monotherapy:** Group A Streptococci (GAS), *S. pneumoniae*, syphilis
- **Oral PCN V/VK:** prophylaxis / therapy dental infections
- **SE:** Drug fever, drug rash, serum sickness

Penicillin Allergy Facts

- ~10 % of all patients **reports** an allergy to PCN
- <1% of the population has a true IgE-mediated reaction
- ~80% of patient with IgE-mediated reactions lose sensitivity within 10 years
- Broad-spectrum antibiotics are often used as an alternative to penicillins. The use of broad-spectrum antibiotics in patients labeled “penicillin-allergic” is associated with higher healthcare costs, increased risk for antibiotic resistance
- Correctly identifying those who are not truly penicillin-allergic can decrease unnecessary use of broad-spectrum antibiotics

Supplement Figure 1. Beta-lactam Cross-Reactivity Chart

	Antibiotic Allergy																			
		"Penicillin"	"Cephalosporin"	Amoxicillin/Amox/clav	Ampicillin/Amp/sulb	Aztreonam	Cefaclor	Cefazolin	Cefepime	Cefotaxime	Cefoxitin	Cefdinir	Ceftaroline	Ceftriaxone	Cefuroxime	Cephalexin	Ceftazidime/avibactam	Ceftolozane/tazobactam	Nafcillin	Penicillin G
Antibiotic Ordered	Amoxicillin/Amox/clav [16-21]	N	CPa,b		Nb	Yb	Na,b	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Nb	Yb	Yb	CPb	Nb
	Ampicillin/Amp/sulb [16-21]	N	CPa,b	Nb		Yb	Na,b	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Nb	Yb	Yb	CPb	Nb
	Aztreonam [17, 19, 21]	Yb	Yb	Yb	Yb		Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Nb	CPb	Yb	Yb
	Cefaclor [16-21]	N	N	Na,b	Na,b	Yb		Yb	Yb	Yb	Yb	Yb	Yb	UAa	UAa	Na,b	Yb	Yb	Yb	UAa
	Cefazolin [16-21]	Yb	N	Yb	Yb	Yb	Yb		Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb
	Cefepime [16-19, 21]	Yb	N	Yb	Yb	Yb	Yb	Yb		Nb	Yb	UAa	UAa	Na,b	Na,b	Yb	CPb	CPb	Yb	Yb
	Cefotaxime [16-21]	Yb	N	Yb	Yb	Yb	Yb	Yb	Nb		UAa	UAa	UAa	Na,b	Na,b	Yb	Na,b	CPb	Yb	Yb
	Cefoxitin [16-21]	UAa	N	Yb	Yb	Yb	Yb	Yb	Yb	UAa		Yb	Yb	UAa	Nb	Yb	Yb	Yb	Nb	Yb
	Cefdinir [16-19, 21]	Yb	N	Yb	Yb	Yb	Yb	Yb	UAa	UAa	Yb		UAa	UAa	Yb	Yb	UAa	UAa	Yb	Yb
	Ceftaroline [17-19, 21]	Yb	N	Yb	Yb	Yb	Yb	Yb	UAa	UAa	Yb	UAa		UAa	UAa	Yb	UAa	UAa	Yb	Yb
	Ceftriaxone [16-21]	Yb	N	Yb	Yb	Yb	UAa	Yb	Na,b	Na,b	UAa	UAa	UAa		Na,b	UAa,b	Na,b	UAa	Yb	Yb
	Cefuroxime [16-21]	Yb	N	Yb	Yb	Yb	UAa	Yb	Na,b	Na,b	Nb	Yb	UAa	Na,b		Yb	UAa,b	UAa	Yb	Yb
	Cephalexin [16-21]	Na,b	N	Nb	Nb	Yb	Na,b	Yb	Yb	Yb	Yb	Yb	Yb	UAa,b	Yb		UAa	Yb	CPa	Nb
	Ceftazidime/avibactam [16-21]	Yb	N	Yb	Yb	Nb	Yb	Yb	CPb	Na,b	Yb	UAa	UAa	Na,b	UAa,b	UAa		Nb	Yb	Yb
	Ceftolozane/tazobactam [17, 19, 21]	Yb	N	Yb	Yb	CPb	Yb	Yb	CPb	CPb	Yb	UAa	UAa	UAa	UAa	Yb	Nb		Yb	Nc
	Ertapenem [18]	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb
	Meropenem [18]	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb
	Nafcillin [17, 19]	CPb	Yb	CPb	CPb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	CPa	Yb	Yb		CPb
	Penicillin G [16-21]	N	CPb	Nb	Nb	Yb	UAa	Yb	Yb	Yb	Nb	Yb	Yb	Yb	Yb	Nb	Yb	Yb	CPb	
	Piperacillin/tazobactam [17-19]	N	UA	CPb	CPb	Yb	CPb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	Yb	CPb	Yb	Nc	CPb	CPb

a.Comparison data in beta-lactam allergic patients; b.Side chain extrapolation of beta-lactam antibiotic; c.Extrapolation of beta-lactamase inhibitor

Y The order may be ordered/verified as long as any reaction other than type I-IV hypersensitivity reactions (HSRs). This includes general or non-specific allergy listings. For type I HSRs, a beta-lactam with a different side chain CAN be safely administered; however, prescribers should be notified to communicate this information and confirm the order. Avoid use in type II-IV HSRs.

UA "OK Unless Anaphylaxis" Agent may have limited or conflicting data or share a similar (not identical) side chain. Order/verify as long as the reaction is NOT listed as a type I-IV HSR.

N Should not be ordered/verified due to a higher likelihood of cross-reactivity. If ordered, the prescriber should be notified, and a different agent considered.

CP "Call Prescriber" The agent may have limited or conflicting data or share a similar (not identical) side chain. Risk/benefit should be evaluated.

Ampicillin

- **Route:** IV / PO
- **Mode of elimination:** Renal
- **Hits:** Same as penicillin plus Enterococci (VSE), *Listeria*
- **Misses:** MSSA / MRSA, VRE, most GNBs, *B. fragilis*
- **Monotherapy:** Enterococcal endocarditis (usually +~~gent~~/ ceftriaxone), *Listeria*
- **SE:** Drug fever, drug rash
- **Pearls & Pitfalls (P&P):** No role for PO ampicillin, use PO amoxicillin instead
 - Ampicillin/sulbactam – may be active against MDR-Acinetobacter

Macrolides

- **Azithromycin**
- **Route:** IV / PO
- **Mode of elimination:** Hepatic
- **Hits:** GPCs (resistance in *S. pneumoniae*, MSSA), atypicals, some zoonotic pathogens, *H. flu*, *Bordetella pertussis*
- **Misses:** Most GPCs due to increasing resistance
- **Therapy:** CAP with beta-lactam, AECB, Babesiosis (with atovaquone)
- **SE:** QT prolongation (far less than IV erythro), GI upset

Cephalosporins

- **1st generation** (IV cefazolin; PO cephalexin, cefadroxil)
- **Route:** IV *HD / PO
- **Mode of elimination:** Renal
- **Hits:** Streptococci, MSSA, *E. coli*
- **Misses:** Listeria, VSE/VRE, MRSA, atypicals, Enterobacter, Serratia, *P. aeruginosa*, *B. fragilis*
- **Monotherapy:** MSSA infections (not primary CNS), SSSIs, surgical ppx
- **SE:** Generally favorable / well tolerated
 - cefazolin – unique side chain
 - cephalexin 1G PO q6h = 1G cefazolin IV q8h
 - cefadroxil effective with BID dosing

Cephalosporins

- **2nd generation** (IV cefoxitin, cefotetan; PO cefuroxime)
- **Route:** IV / PO
- **Mode of elimination:** Renal
- **Hits:** All from 1st gen plus *B. fragilis* (cefoxitin / cefotetan)
- **Misses:** Listeria, VSE/VRE, MRSA, atypicals, Enterobacter, Serratia, *P. aeruginosa*
- **Monotherapy:** mild to moderate IAI, DM foot infections (MSSA, GBS, GNBs, *B. fragilis*)
- **SE:** Cefotetan - disulfiram reaction from MTT side chain

Cephalosporins

- **3rd generation** (IV ceftriaxone, ceftazidime; PO cefpodoxime)
- **Route: IV *HD (ceftazidime) / PO**
- **Mode of elimination: Renal** (ceftriaxone is renal / hepatic, cefoperazone is hepatic)
- **Hits:** All from 1st gen plus GNBs (*Klebsiella*, *Enterobacter*, *Serratia*)
- **Misses:** *Listeria*, VRE (cefoperazone hits VSE), MRSA, atypicals, *B. fragilis*, *P. aeruginosa* except for cefoperazone & ceftazidime
- **Monotherapy:** Acute bacterial meningitis (excluding *Listeria*), CAP (typical), viridans Strep SBE, Lyme disease
- **Combination therapy:** IAI if used with *B. fragilis* drug (metronidazole)
- **SE:** Biliary sludging with ceftriaxone (reversible)
- **P&P:** Use meningeal dose for ABM (2 G IV q12h), ceftazidime has little MSSA activity
 - 1 G ceftriaxone OK for most infections other than CNS

Cephalosporins

- **4rd generation (IV cefepime)**
- **Route: IV *HD**
- **Mode of elimination: Renal**
- **Hits:** All from 3rd gen plus *P. aeruginosa*
- **Misses:** MRSA, VSE/VRE, atypicals, Listeria, *B. fragilis*
- **Monotherapy:** Febrile neutropenia, nosocomial PNA, *P. aeruginosa* infection
- **Combination therapy:** IAI if used with *B. fragilis* drug (metronidazole)
- **SE:** Seizures - usually in patients with renal insufficiency, high dose

Cephalosporins

- **5th generation (Anti-MRSA) cephalosporin - ceftaroline**
- **Route: IV**
- **Mode of elimination: Renal**
- **Hits:** MSSA, MRSA, VISA, CoNS, Streptococci, aerobic GNBs other than as noted below
- **Misses:** *P. aeruginosa*, Enterobacter, Serratia, Acinetobacter, *B. cepacia*, *S. maltophilia*, *B. fragilis*, VSE/VRE
- **Monotherapy:** cSSSIs, MRSA / MSSA infection
- **SE:** Drug fever, drug rash, serum sickness

Carbapenems

- **Imipenem - cilastatin**
- **Route: IV**
- **Mode of elimination: Renal**
- **Hits:** GNBs including *P. aeruginosa*, MSSA, Streptococci, VSE, *B. fragilis*, some Nocardia
- **Misses:** MRSA, VRE, *S. maltophilia*, *B. cepacia*, Legionella / atypicals
- **Monotherapy:** ESBL infections, IAls, DM foot infections
- **SE:** Seizures, particularly in those with renal failure
Nausea if rapidly infused

Carbapenems

- **Meropenem**
- **Route:** IV *HD
- **Mode of elimination:** Renal
- **Hits:** GNBs including *P. aeruginosa*, MSSA, Streptococci, VSE, *B. fragilis*, Listeria
- **Misses:** MRSA, VRE, Legionella / atypicals
- **Monotherapy:** ESBL infections, IAls, DM foot infections, nosocomial PNA, meningitis in PCN allergic patients
- **P&P:** No cross-reaction with PCN, safe to use if PCN allergic patients
DDI with valproic acid

Carbapenems

- **Ertapenem**
- **Route:** IV *HD / IM
- **Mode of elimination:** Renal
- **Hits:** GNBs, MSSA, Strep, *B. fragilis*
- **Misses:** *P. aeruginosa*, VSE/VRE, MRSA, Legionella / atypicals
- **Monotherapy:** IAIs, DM foot infections, ESBL infections
- **P&P:** Once a day dosing. (50% serum levels with IM dose)
No cross-reaction with PCN, safe to use if PCN allergic pat

Lincosomides (Clindamycin)

- **Route:** IV / PO
- **Mode of elimination:** Hepatic
- **Hits:** MSSA, some MRSA, Streptococci, *S. pneumoniae*, *B. fragilis* (less reliable), Babesia
- **Misses:** VSE / VRE, aerobic GNBs
- **Monotherapy:** SSSI (MSSA, Strep), dental infections
- **Combination therapy:** Babesiosis (combo), adjunct in toxin mediated Staph / Strep infection
- **SE:** *C. difficile*!!!!!!
- **P&P:** May be useful in PCN allergy. Increased resistance and *C. diff* risk make it less helpful in adults.
Interferes with toxin of GAS / Staph *IF* susceptible

Trimethoprim-Sulfamethoxazole

- **Route:** IV/PO
- **Mode of elimination:** Renal
- **Hits:** Most GNBs, MSSA, MRSA, Pneumocystis, Nocardia, Toxoplasmosis, Listeria
- **Misses:** *P. aeruginosa*, *B. fragilis*, ? Streptococci
- **Monotherapy:** MSSA / MRSA, PCP, Nocardia, Toxoplasmosis, Listeria
- **SE:** TMP: Folate deficiency, hyperkalemia; SMX: SJS, hepatotoxicity, falsely elevates creatinine
- **P&P:** Active against Klebsiella in vitro but not in vivo.
Trimethoprim alone is available PO

Glycopeptides

- **Vancomycin**
- **Route:** IV *HD / PO
- **Mode of elimination:** Renal
- **Hits:**
 - **PO:** *C. difficile*
 - **IV:** Gram positive organisms (no role in *C. diff* diarrhea / colitis)
- **Misses:** VRE, VRSA, GNBs, *B. fragilis*
- **Monotherapy:** **PO:** *C. difficile*; **IV:** GPC systemic infections
- **SE:** ? Nephrotoxicity. Vancomycin flushing syndrome (“Red man”)
- **P&P:** Use may increase VRE prevalence
 - Monitoring, challenges with infusions makes alternatives preferable

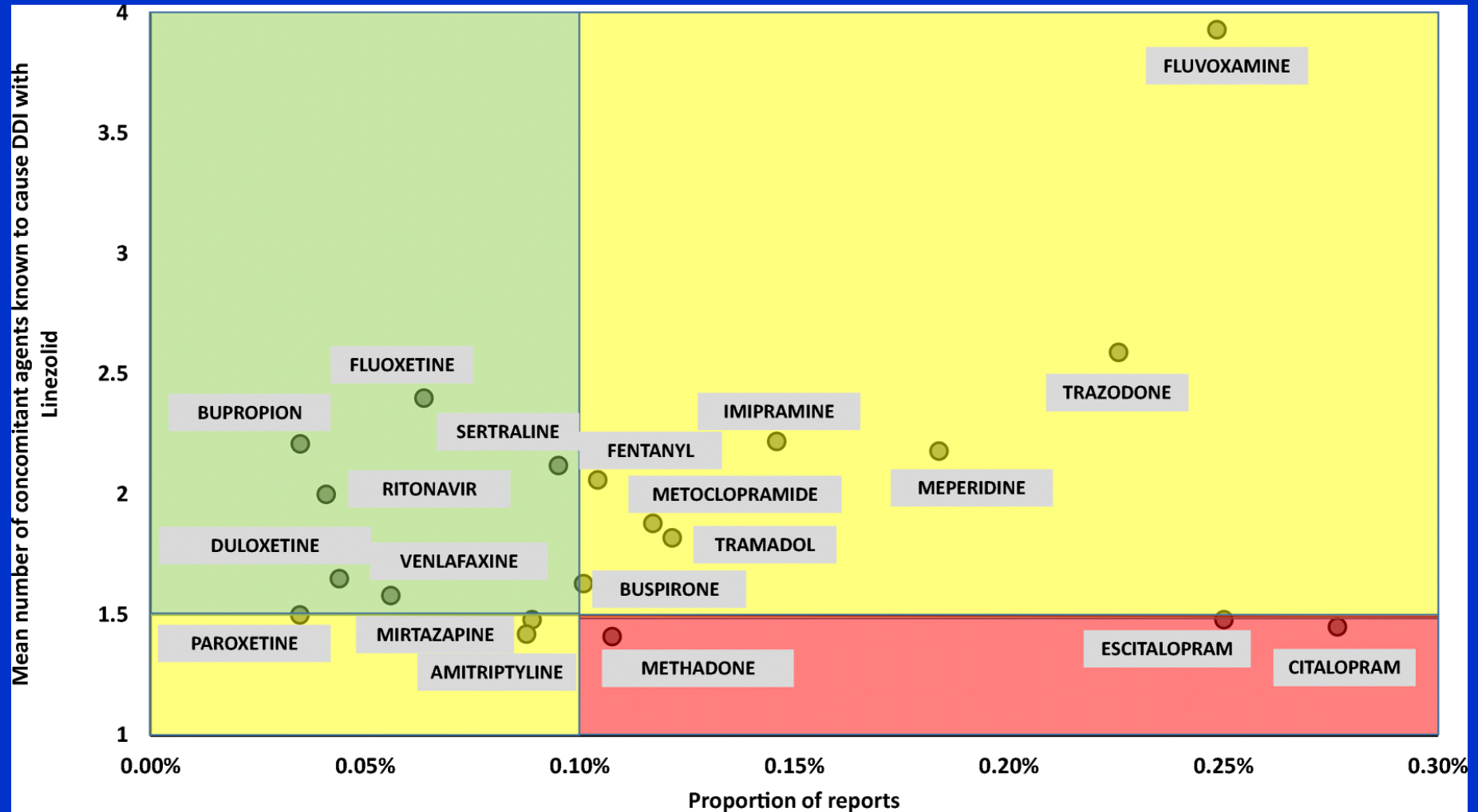
Lipopeptides

- **Daptomycin**
- **Route:** IV *HD
- **Mode of elimination:** Renal
- **Hits:** Gram positive organisms (MRSA, VRE, Streptococci)
- **Misses:** GNBs, *B. fragilis*
- **Monotherapy:** Systemic GPC infection
- **SE:** myositis, eosinophilic pneumonia (rare)
- **P&P:** Prior exposure of Staph to vancomycin may thicken cell wall leading to daptomycin resistance
Inactivated by surfactant
Need higher doses for Enterococci (10-12 mg/kg)

Oxazolidones

- **Linezolid / tedizolid**
- **Route: IV / PO**
- **Mode of elimination: Hepatic**
- **Hits:** MSSA, MRSA, CoNS, VSE, VRE, Streptococci
- **Misses:** All GNBs, *B. fragilis*
- **Monotherapy:** ORAL option for severe GPC infection
- **SE:** Dose related / reversible cytopenias (>2 weeks), peripheral neuropathy, serotonin syndrome, optic neuritis
- **P&P:** Toxin inhibition (like clindamycin)

Oxazolidones



Gatti, M., Raschi, E. & De Ponti, F. Serotonin syndrome by drug interactions with linezolid: clues from pharmacovigilance-pharmacokinetic/pharmacodynamic analysis. *Eur J Clin Pharmacol* **77**, 233–239 (2021). <https://doi.org/10.1007/s00228-020-02990-1>

Optimize Antibiotic Route

Myth: IV is always better than PO!

- When using highly bioavailable agents, use PO if GI absorption intact
- Do not forget IV to PO switch to a different class
- Consider using PO therapy from the start

Why does it matter?

- IV antimicrobial therapy is not without complications
 - Phlebitis
 - Central line infection
 - DVT
- IV antimicrobial therapy may be more difficult for patients / family (may require staying at facility)
- IV antimicrobial therapy almost always more expensive / has greater environmental impact

Why does it matter?

- Good understanding of PK / PD should make you feel confident using PO therapy
- Well chosen PO therapy is just as effective as IV
- PO therapy should be routinely be considered as an alternative to IV therapy

Requirements of Oral Antibiotic Therapy

- Antibiotic factors:
 - ✓ High degree of activity against the presumed / known pathogen
 - ✓ High bioavailability that approximates serum / tissue concentrations
 - ✓ Well tolerated, good safety profile
 - ✓ Low resistance potential (bonus)

Requirements of Oral Antibiotic Therapy

- Host factors:
 - ✓ Therapeutic effect desired in >1 hour
 - ✓ Able to sufficiently absorb an oral antibiotic

Overview of Oral Antibiotic Therapy

- Bioavailability is a key determinant
 - Low – not well absorbed → unsuitable for serious systemic infections (nitrofurantoin)
 - Good – blood / tissue levels not equal to IV but therapeutic concentration in excess of that needed for clinical effectiveness (cephalexin)
 - High - >90% absorption blood and tissue levels comparable or equal to IV (quinolones)

Table 2. Bioavailability of Oral Antimicrobials

Bioavailability	Antimicrobials		
Excellent (> 90%)	Amoxicillin Cephalexin Cefprozil Cefadroxil Clindamycin Quinolones Chloramphenicol	TMP TMP-SMX Doxycycline Minocycline Fluconazole Metronidazole Cycloserine	Linezolid Tedizolid Isavuconazole Voriconazole Rifampin Isoniazid Pyrazinamide
Good (60 – 90%)	Cefixime Cefpodoxime Ceftibuten Cefuroxime	Valacyclovir Famciclovir Valganciclovir Macrolides Cefaclor Nitrofurantoin	Ethambutol 5-Flucytosine Posaconazole Itraconazole (<i>solution</i>) Nitazoxanide (<i>with food</i>)
Poor (< 60%)	Vancomycin Acyclovir	Cefdinir Cefditoren	Nitazoxanide (<i>without food</i>) Fosfomycin

Mean and standard deviation intravenous (A) and oral (B) linezolid plasma concentrations over 12 h after the first dose and at steady state.

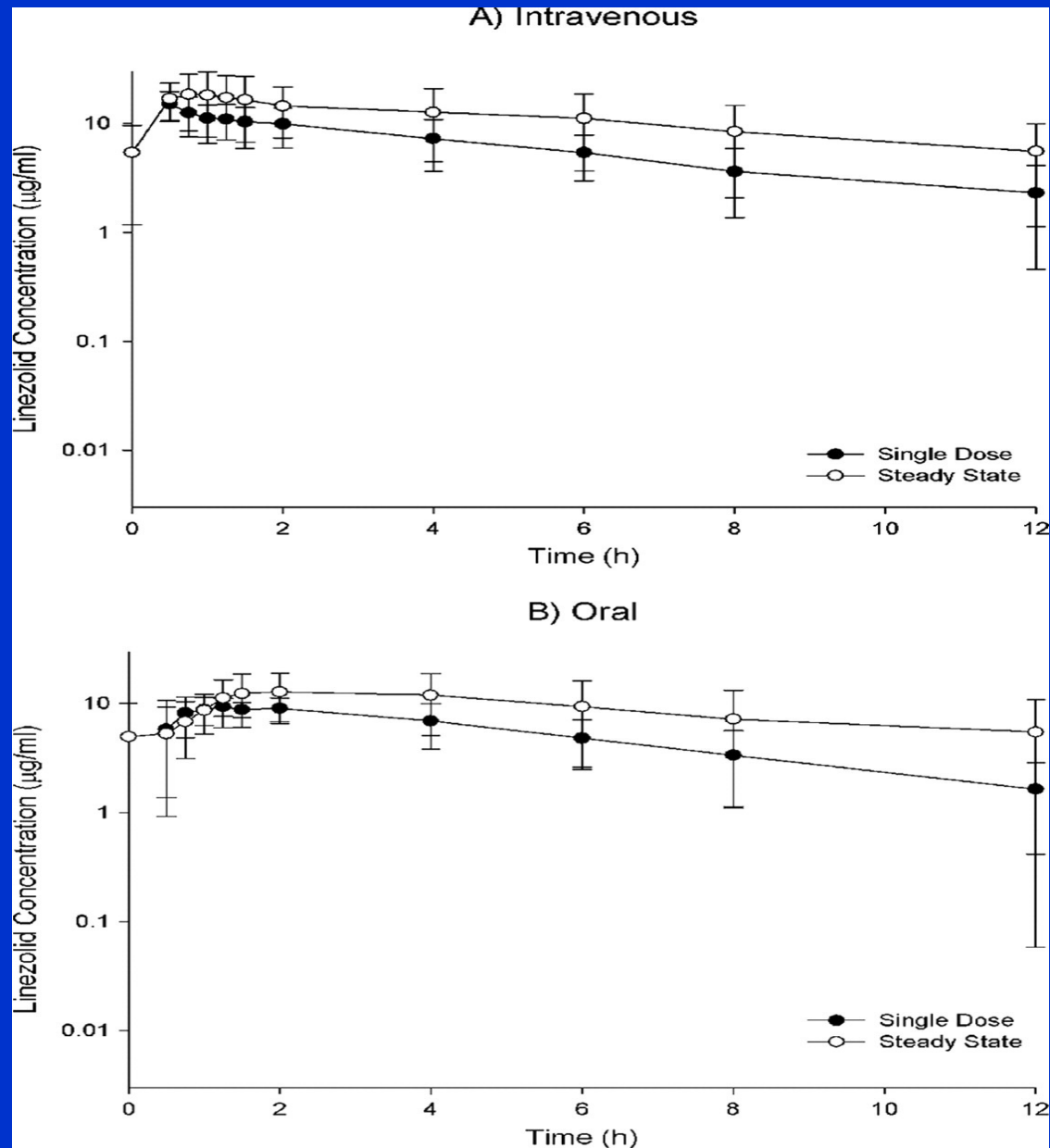
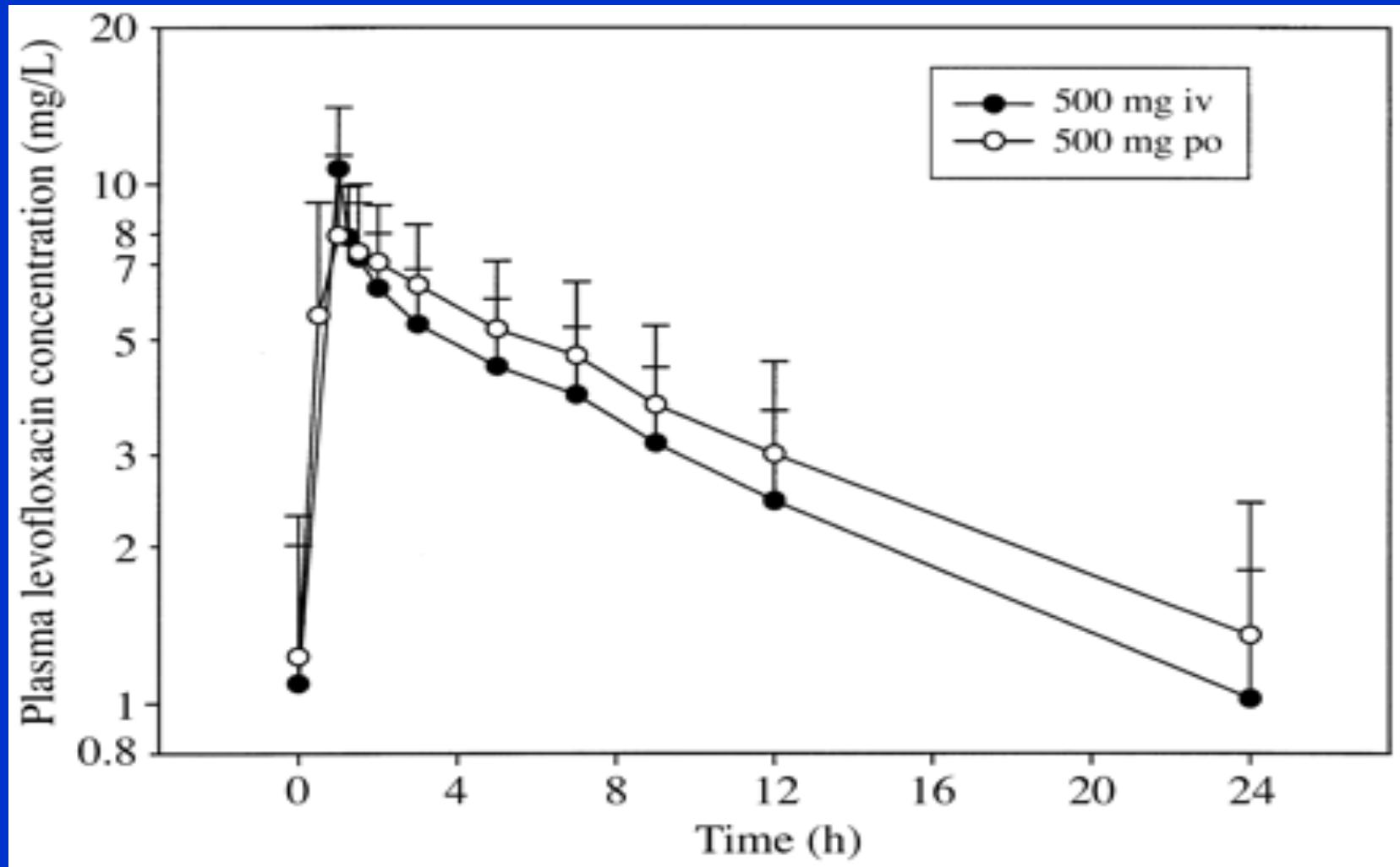


Figure 1. Mean ($\pm$ s.d.) steady-state levofloxacin plasma concentration–time profiles following iv and oral administration



Oral vs. IV Antibiotics RCT Master Table

Diagnosis	# RCTs	# Patients	Result
Osteomyelitis	11*	1,687	Equal
Bacteremia	12*	1,055	Equal
Endocarditis	4*	536	Equal
Intra-Abdominal Infection	7	1,763	Equal
Urinary Tract Infection	7	792	Equal
Pneumonia	12	2,158	Equal
Skin Infections	2	253	Equal
Possible Serious Bact. Infxn <2 mo old	2	12,254	Equal
Pseudomonas in Cystic Fibrosis	1	155	Equal
Neuroborreliosis	3	366	Equal
Bubonic Plague (yeah, seriously!)	1	222	Equal
Cryptococcal Meningitis	1	814	Equal
Malaria	1	50	Equal
Total: 13 Conditions	61*	22,097	All Equal

*1 RCT included both osteo & bacteremia, 1 RCT included each of osteo, bacteremia, and IE; Refs at <https://www.bradspellberg.com/oral-antibiotics>

Oral vs. IV Abx for Bacteremia

Author	Yr	N	Regimen (Oral vs. IV)	Success
Amodio-Groton	'96	50	Ciprofloxacin oral vs. IV—GNB	83% (20/24) v 77% (20/26)
Deville	'03	36	Linezolid vs. vanco—GPC (peds)	80% (20/25) v 64% (7/11)
Jantausch	'03	103	Linezolid vs. vanco—GPC (peds)	72% (54/75) v 64% (18/28)
Kaplan	'03	80	Linezolid vs. vanco—GPC (peds)	82% (47/57) v 74% (17/23)
Schrenzel	'04	67	FQ + rif vs. β L/vanco— <i>Staph</i>	87% (34/39) v 89% (25/28)
Wilcox	'04	56	Linezolid vs. teicoplanin—GPC	89% (23/26) v 57% (17/30)
Wilcox	'09	166	Linezolid vs. vancomycin—GPC	75% (70/93) v 81% (59/73)
Monmaturopaj*	'12	17	Cefditoren vs. ceftriaxone—GNB	100% (6/6) v 91% (10/11)
Park	'14	59	Ciprofloxacin vs. std IV—GNB	93% (27/29) v 93% (28/30)
Omrani	'23	165	FQ/TMP/SMX/BL vs. std IV—GNB	78% (65/83) v 74% (61/82)
Kaasch	'24	213	Various Abx IV/Oral— <i>S. aureus</i>	87% (94/108) v 88% (92/105)
Juskowich	'25	35	Various Abx IV/Oral, GPC & GNB	100% (25/25) v 100% (10/10)
Total (N=12 RCTs) 1047				82% (485/590) v 80% (364/457)

*N = 82 pts with pyelonephritis of whom 17 were bacteremic with *E. coli*; patients were randomized to continue ceftriaxone or switch to oral cefditoren at day 3. Refs at <https://www.bradspellberg.com/oral-antibiotics>

Oral vs. IV Abx for Endocarditis

Author	Yr	N	Regimen (Oral vs. IV)	Success
Stamboulia	'91	30	Amox 1 gm qid vs. CTX— <i>Strep</i>	100% (15/15) v 100% (15/15)
Heldman	'96	93	Cipro + Rif vs. std IV— <i>Staph</i>	95% (18/19) v 88% (22/25)
Iversen/ Bungaard†	'19	400	Std oral vs. std IV—GPC	74% (146/199) v 62% (125/201)
Juskowich	'25	14	Std oral vs. std IV**	100% (9/9) vs. 100% (4/4)
Tissot-Dupont*	'19	341	TMP-SMX+clinda vs. std IV-- <i>Staph</i>	81% (138/171) v 70% (119/170)
Totals (N=3 RCTs) 523 (+ 1 quasi expt*) (864)				78% (188/242) v 68% (167/246) 79% (326/413) v 69% (286/416)

*Quasi-experimental, pre-post study. Italicized totals include the quasi-experimental data.

†Iversen reported early follow up, Bungaard 3 year follow up from the same study.

**Not including 7 other endovascular cases caused by MSSA that were not endocarditis (4 oral vs. 3 IV), all of which were successfully treated

Refs at <https://www.bradspellberg.com/oral-antibiotics>

Oral Antibiotics Bone PK

Drug	Serum	Bone	Ratio	MICs
Linezolid	10-20	5-10	50%	<1
TMP/SMX (2DS)	5-10 (TMP) 100-150 (SMX)	1.5-3 (TMP) 15-20 (SMX)	30%	<10
Levofloxacin	5-8	5-8	100%	<1
Minocycline	4	3.6	90%	<1
Clindamycin	5-10	2-5	40-75%	<2
Rifampin (adjunctive)	2-5	1-10	50-200%	<1

Cunha BA, Cunha CB: Antimicrobial Drug Summaries in Cunha CB, Cunha BA (eds) (2024) Antibiotic essentials, 18th edn. JayPee Medical Publishers, New Delhi

Cunha CB: Antimicrobial Stewardship Program Perspective: IV-to-PO Switch Therapy. *Rhode Island Medical Journal* 101:31-34, 2018

Oral vs. IV Abx for Osteomyelitis

Author	Yr	N	Regimen (Oral vs. IV)	Success
Greenberg	'87	30	Ciprofloxacin vs. std IV	50% (7/14) v 65% (11/16)
Gentry	'90	59	Ciprofloxacin vs. β L+aminoglyc	77% (24/31) v 79% (22/28)
Mader	'90	26	Ciproflox vs. β L/clinda+aminoglyc	79% (11/14) v 83% (10/12)
Gentry	'91	33	Ofloxacin vs. cephalosporin	74% (14/19) v 86% (12/14)
Gomis	'99	32	Ofloxacin vs. imipenem	69% (11/16) v 50% (8/16)
Schrenzel	'04	39	Fleroxacin+rifampin v β L/vanco	82% (18/22) v 65% (11/17)
Euba	'09	48	TMP-SMX+rifampin vs. cloxacillin	81% (17/21) v 77% (21/27)
Li	'19	1054	Std oral vs. std IV	87% (457/527) v 85% (450/527)
Manning	'22	60	PJI/DAIR: Std oral vs. std IV	71% (22/31) v 76% (22/29)
METRC*	'25	233	Std oral vs. std IV	63% (73/115) v 64% (76/118)
Juskowich	'25	73	Std oral vs. std IV	98% (45/46) v 100% (20/20)
Total (N=11 RCT) 1,687				82% (699/856) v 80% (663/824)

*Fracture-related infections; treatment success was a secondary endpoint; Success = absence of osteo at long term follow up (most studies > 1 year); std = standard of care, protocol specified; all RCTs comparing oral to IV-only are in adults; 9 other adult & 10 pediatric RCTs or quasi-exptl studies comparing mostly oral vs. mostly oral; refs at <https://www.bradspellberg.com/oral-antibiotics>

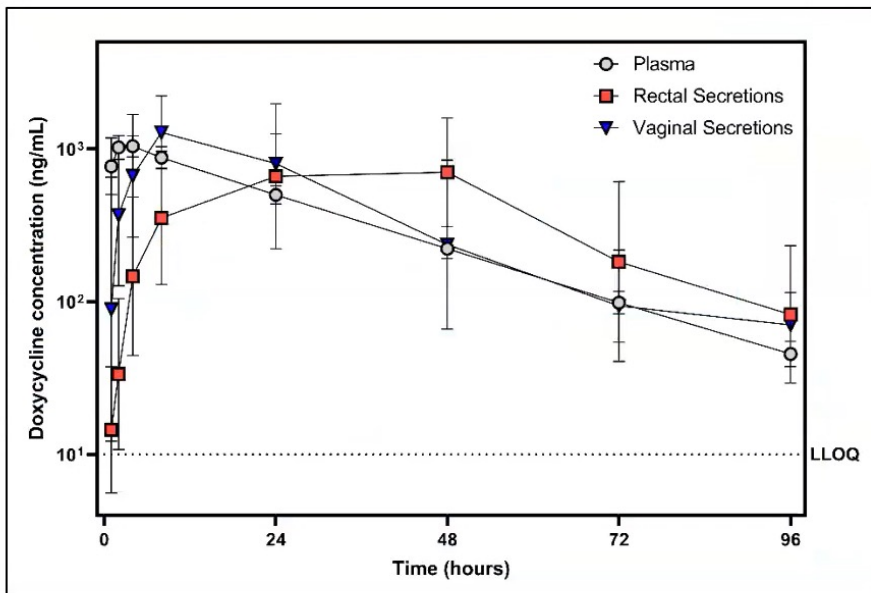
Diagnosis	# RCTs Demonstrating IV Superior to PO	# RCTs Demonstrating PO Equivalent / Superior to IV
Osteomyelitis	0	11
Bacteremia	0	12 (2 showed superior cure for PO)
Endocarditis	0	4 (1 with superior mortality for PO)

Tetracyclines

- **Doxycycline**
- **Route: IV / PO**
- **Mode of elimination:** Hepatic
- **Hits:** MSSA, MRSA, many zoonotic / vector-borne pathogens, Actinomyces, atypicals, some *B. fragilis*, Chlamydia, syphilis
- **Misses:** Streptococci (except *S. pneumoniae*), Babesia, Pseudomonas (unless cystitis)
- **Monotherapy:** CAP, syphilis (PCN allergic), Chlamydia, Lyme, Legionella, Whipple's, Q fever (+ HQ), plague, Brucella, cystitis, prostatitis, DoxyPEP
- **SE:** GI upset, photosensitivity reaction
- **P&P:** Not active against Babesiosis
Avoid concurrent Ca, Fe, Al, Mg administration

	IPEGAY	DoxyPEP	DOXYVAC	DPEP
Location	France 2015-2016	USA 2020-2022	France 2021-2022	Kenya 2020-2022
Eligibility / Population	MSM, TGW on PrEP	Male sex at birth On PrEP or living with HIV ≥1 STI in past 12 months Unprotected sex with ≥1 male partner in past 12 months	MSM, on PrEP >6 months Bacterial STI in past 12 months No STI symptoms	Cis women on PrEP between 18-30 years of age
Design	Randomized 1:1 Open label	Randomized 2:1 Open label	Randomized 2:1 to doxy-PEP Open label	Randomized 1:1 Open label
STI Testing	3 site GC/CT + syphilis testing q 2 months	Quarterly 3 site GC/CT + syphilis testing	Quarterly 3 site GC/CT + syphilis testing	Quarterly genital GC/CT + syphilis testing
Primary Endpoint	First STI infection (gonorrhea, chlamydia or syphilis) during a 10-month follow-up period	Relative risk of an STI infection per quarter Time to first STI was secondary endpoint	Impact of doxycycline as PEP on time to first episode of syphilis or chlamydia and impact of 4CMenB vaccine on first episode of gonorrhea	Any incident C. trachomatis, N. gonorrhoeae or T. pallidum
Total N	232	501	502	449

Doxycycline Mucosal Concentrations



	<i>C trachomatis</i>		<i>T pallidum</i>		<i>N gonorrhoeae</i>	
	C_{max}^*	Time >4x MIC	C_{max}^*	Time >4x MIC	C_{max}^*	Time >4x MIC
Plasma	16x	44h	10x	32h	4x	3h
Rectal Secretions	11x	62h	7x	51h	3x	NA
Vaginal Secretions	20x	45h	12x	38h	5x	11h

*Fold above MIC

Minimum Inhibitory Concentrations (MIC):

N gonorrhoeae (NG) MIC = 250 ng/mL CDC Antimicrob Resist Susc Test

T pallidum (TP) MIC₉₀ = 100 ng/mL Edmondson *Antimicrob Agents Chemother* 2020

C trachomatis (CT) MIC₉₀ = 64 ng/mL Zheng *Sex Transm Dis* 2015

Haaland CROI 2023,
abstract 118

Urinary Spectrum of Oral Tetracyclines ^a

Parameters	Tetracycline	Doxycycline	Minocycline
Oral dose	500 mg	100 / 200 mg	100 mg
Serum levels	2 mcg/ml	4 / 8 mcg/ml	4 mcg/ml
Urine levels	~300 mcg/ml	~60 - 300 mcg/ml	~300 mcg/ml
Urinary spectrum	<i>E. coli</i> <i>Klebsiella</i> sp. <i>Enterobacter</i> sp. <i>Indole + Proteus</i> sp., <i>Pseudomonas aeruginosa</i> ^b		

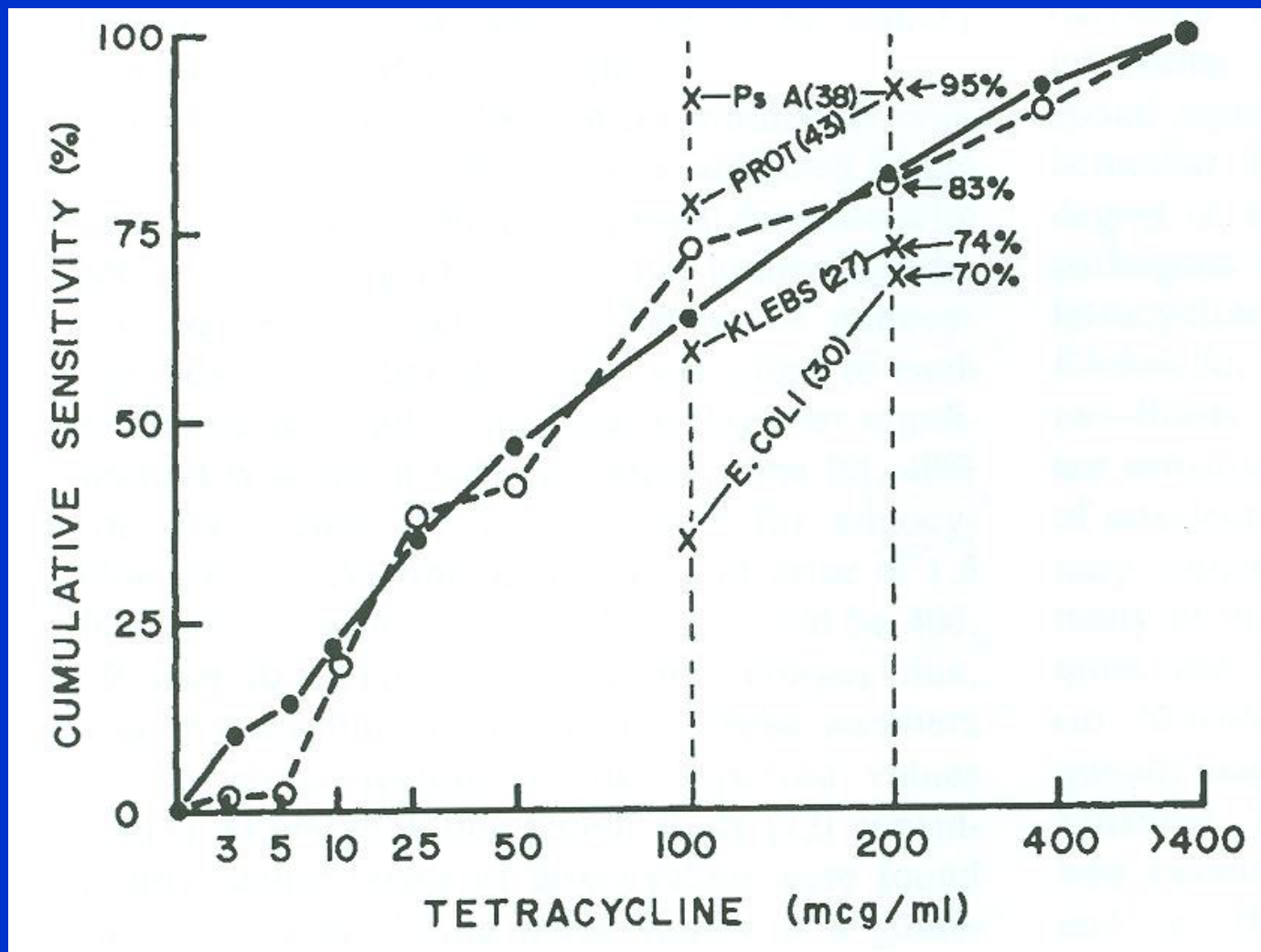
^a With normal renal function

^b MICs < 150 mcg/ml

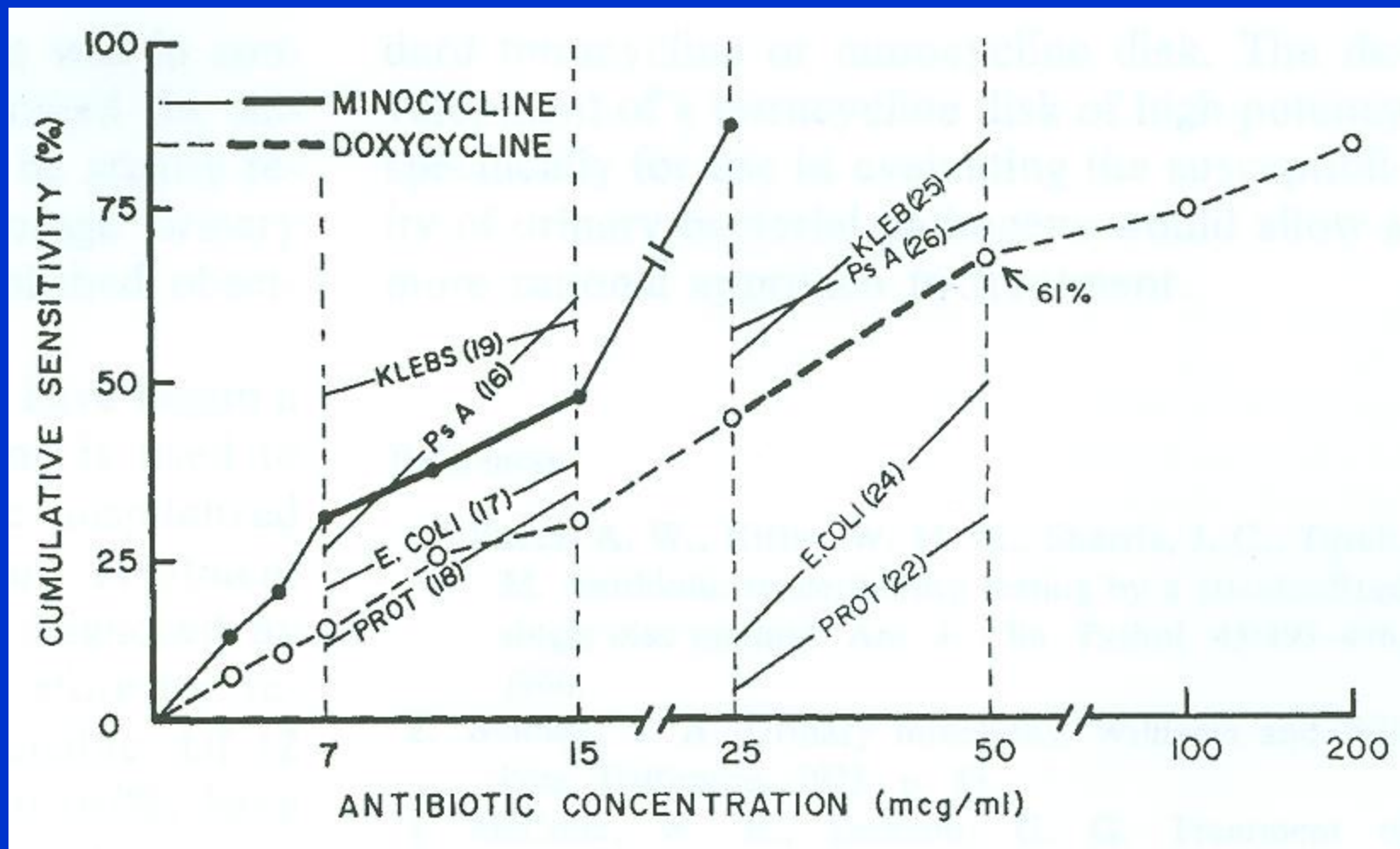
White CR, Jodlowski TZ, Atkins DT, Holland NG. Successful Doxycycline Therapy in a Patient With Escherichia coli and Multidrug-Resistant Klebsiella pneumoniae Urinary Tract Infection. J Pharm Pract. 2017 Aug;30(4):464-467. doi: 10.1177/0897190016642362. Epub 2016 Apr 12. PMID: 27071978.

Cunha BA. Oral doxycycline for Non-systemic Urinary Tract Infections (UTIs) due to P. aeruginosa and other Gram Negative Uropathogens. Eur J Clin Microbiol Infect Dis 31:2865-2868, 2012.

Tetracyclines: Urinary Spectrum



Tetracyclines: Urinary Spectrum



Tetracyclines

- **Minocycline**
- **Route: IV / PO**
- **Mode of elimination: Hepatic**
- **Hits:** MSSA, MRSA (more active than doxy), VRE, Nocardia, MDR-Acinetobacter, Actinomyces, some *B. fragilis*
- **Misses:** Streptococci (except *S. pneumoniae*)
- **Monotherapy:** MRSA, Acinetobacter, etc.
- **SE:** drug induced lupus, vertigo, skin discoloration with prolonged use (months)
- **P&P:** Better CSF penetration than doxy (50%)
 - Tetra / doxy susceptibility does not predict mino activity
 - More reliable than doxy for severe *S. aureus* infections



Tigecycline

- **Route:** IV
- **Mode of elimination:** Hepatic
- **Hits:** GPCs including MSSA / MRSA, VSE / VRE, most GNBs, MDR *K. pneumoniae*, Metallo-beta-lactamase, Acinetobacter, *B. fragilis*, *C. difficile*
- **Misses:** *P. aeruginosa*, Proteus, Providencia
- **Monotherapy:** IAIs, SSSI, *C. difficile*
- **SE:** GI upset, ?pancreatitis
- **P&P:** Once daily dosing better
 - Can use higher doses in serious infection / UTI / bacteremia

Tigecycline

- PK / PD suggests package insert dosing (100mg IV x1, then 50mg BID) is suboptimal
- Half life is 27 hours after one dose, 42 hours after multiple doses
- Once daily dosing / higher dosing necessary for more severe infections. GI effect mitigated by infusing in larger volume / more slowly.

Loading dose x1, then maintenance daily dose	Peak serum concentration (Ug/mL)
100 mg / 50 mg	1.5
200 mg / 100 mg	3
400 mg / 200 mg	6

Metronidazole

- **Route:** IV / PO
- **Mode of elimination:** Hepatic
- **Hits:** *C. difficile*, *B. fragilis*, trichomonas, BV, amoeba
- **Misses:** Everything else
- **Monotherapy:** BV, Trichomonas
- **Combination therapy:** IAs, DM foot infections / osteo in combination with a GNB drug (ceftriaxone, aztreonam, aminoglycoside), *C. difficile* colitis
- **SE:** Encephalopathy, seizures
- **P&P:** Suboptimal for *C. difficile* diarrhea
1 G q24h (or 500 mg q12h) OK for most non-*C. difficile* infections

Nitrofurantoin

- **Route:** PO
- **Mode of elimination:** Renal
- **Hits:** GNB uropathogens (other than noted below) including ESBLs, CREs, VSE / VRE
- **Misses:** *P. aeruginosa*, Serratia, Proteus, GBS
- **Monotherapy:** Cystitis, CAUTI
- **SE:** Pneumonitis, pulmonary fibrosis, hepatitis
- **P&P:** For lower UTIs only
 - Optimal effectiveness in CrCl >60 mL/min
 - Usually still effective in CrCl 30-60 mL/min
 - May not be effective in patients with CrCl <30 mL/min

Fosfomycin

- **Route:** PO / IV (not in US)
- **Mode of elimination:** Renal
- **Hits:** MDR GNB uropathogens including *P. aeruginosa*, *Serratia*, *Proteus*, VSE / VRE
- **Misses:** GBS, *S. maltophilia*
- **Monotherapy:** Cystitis, CAUTI, pyelonephritis (no bacteremia)
- **Combination therapy:** chronic bacterial prostatitis (with doxy / quinolone)
- **SE:** minimal, GI upset
- **P&P:** Excellent prostate concentrations (inflamed / noninflamed)
May fail with chronic prostatitis in setting of prostatic calcifications

Quinolones

- **Ciprofloxacin (non-respiratory quinolone)**
- **Route: IV / PO**
- **Mode of elimination: Renal**
- **Hits:** GNBs (including *P. aeruginosa*), *Strep* spp., some VSE.
- **Misses:** Most MSSA, MRSA, *S. pneumoniae*, VRE, *B. fragilis*
- **Monotherapy:** UTIs, *P. aeruginosa* infections
- **Combination therapy:** IAI
- **SE:** Seizures, QT prolongation, tendon rupture, neuropathy, ?AAA
- **P&P:** Avoid concurrent Ca, Fe, Al, Mg administration (binds quinolones)

Quinolones

- **Levofloxacin**
- **Route: IV / PO**
- **Mode of elimination: Renal**
- **Hits:** MSSA, Streptococci (including *S. pneumoniae*), GNBs (including *P. aeruginosa*), some VSE, some zoonotic pathogens, atypicals
- **Misses:** MRSA, VSE / VRE, *B. fragilis*
- **Monotherapy:** CAP, nosocomial pneumonia, susceptible zoonoses
- **Combination therapy:** IAI
- **SE:** QT prolongation, tendon rupture (rare), neuropathy, ? AAA
- **P&P:** Use 750mg dose for *Pseudomonas* / nosocomial PNA

Quinolones

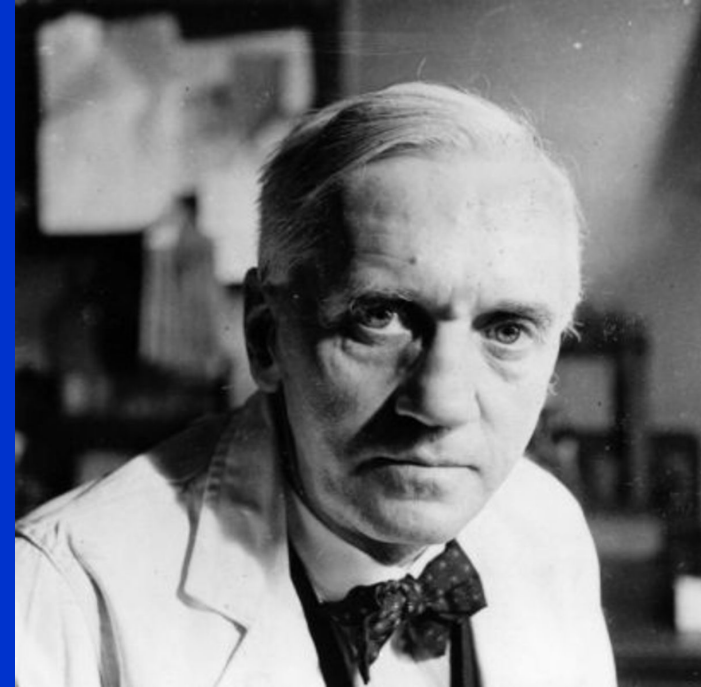
- **Moxifloxacin**
- **Route:** IV / PO
- **Mode of elimination:** Hepatic
- **Hits:** MSSA, Streptococci (including *S. pneumoniae*), GNBs, most VSE, atypicals, *B. fragilis*
- **Misses:** MRSA, *P. aeruginosa*
- **Monotherapy:** CAP, IAI (liver abscess), DM foot infections
- **SE:** QT prolongation, tendon rupture (rare), neuropathy, ? AAA
- **P&P:** Moxifloxacin has the best anti-VSE activity of FQs
 - No need for dose adjustment in patients with renal insufficiency

Quinolones

- **Delafloxacin**
- **Route:** IV / PO
- **Mode of elimination:** Hepatic
- **Hits:** MSSA, MRSA, Streptococci (including *S. pneumoniae*), GNBs, atypicals, *B. fragilis*, *P. aeruginosa*
- **Misses:** Enterococci (VRE)
- **Monotherapy:** ABSSI, but may have similar utility to moxifloxacin
- **SE:** tendon rupture (rare), neuropathy, ? AAA
- **P&P:** No Qtc prolongation (compared to moxifloxacin)
May retain Pseudomonas activity even if ciprofloxacin R
Avoid with severe renal impairment

Alexander Fleming - 1945

“The microbes are educated to resist penicillin and a host of penicillin-fast organisms is bred out... In such cases the thoughtless person playing with penicillin is morally responsible for the death of the man who finally succumbs to infection with the penicillin-resistant organism. I hope this evil can be averted.”



Thank you!