



Pediatric Partners of Virginia

Medication Refill & Med Check Appointment Policy

Effective December 1, 2025

At Pediatric Partners of Virginia, our goal is to provide safe, effective, and timely care to all of our patients. This includes responsible management of medication prescriptions and refills. Below is our policy regarding medication refills, follow-up appointments, and **Med Check** visits.

Annual Wellness Visit Requirement

To ensure the safe and effective use of all prescribed medications, **patients must have had an annual wellness visit within the past 12 months** to be eligible for routine prescription refills — including both general medical and behavioral/mental health medications.

Prescription Refills - General Medical Conditions (Examples: asthma, allergies, eczema, etc.)

- For medications **not related to behavioral or mental health conditions**, refill requests may be submitted **through your pharmacy**, which will contact us directly.
- Refills can also be addressed during routine office visits.
- Please allow **up to 3 business days** for refill processing.

Prescription Refills - Behavioral & Mental Health Conditions (Examples: ADHD, Anxiety, Depression, etc.)

- **Initial Treatment Phase:** Patients starting new behavioral/mental health medications must be seen **monthly** until the correct medication and dosage are established.
- **Ongoing Care:** Once stable, patients must be seen at least **every 3-6 months** and may be prescribed medications for up to **90 days** at a time.
- **Changes or Concerns:** If there are changes to dosage, medication, or any concern about side effects, patients may need to be seen more frequently.

If additional services are requested covered during an annual exam, there may be an additional charge. For example, if you need a medication refill or have knee pain you'd like addressed, this is billed separately from the annual exam. Depending on your health insurance coverage, you may be financially responsible for these additional services.

The Med Check Appointment

A **Med Check** is a focused visit to assess how your child is responding to behavioral or mental health medications. It is **not the same** as a well-child visit or a sick visit and.

- Med Checks focus on medication response, effectiveness, and any side effects.
- It is **highly recommended** to schedule Med Checks **at least 90 days in advance** to avoid running out of medication and to ensure provider's availability.
- For questions about whether a Med Check is needed, please message your provider through the **Patient Portal**, call our office, or ask during your next visit.

Signature of Patient (or parent/guardian if patient < 18 yrs): _____

Printed Name of Signer: _____ **Date:** _____