



**Behavioral Health Assistance Program (BHAP):
Proposal for 180 Member Fire Department
180 Employees = \$2500.00 per month/\$30,000 annually**

PSCS EAP 12 Counseling sessions per employee and for family (dependents) per year:

- 12 counseling sessions for employees and qualified dependents with preferred Fire Service provider network of counselors specializing in Trauma (HB2350 compliant).
 - Appointments with Licensed Therapist available within 7 days of initial contact
- Access to Licensed Therapist for Consultation and Assessment Monday - Friday (9a - 5p)
- Resources and referrals for financial issues and elder care (M-F, 9-5)
- Mindability Online Counseling Programs (Resilience, Insomnia, Road Map to Peace at Mind)

PSCS Peer Support Team Clinical Oversight Services Include:

- Clinical Oversight of Peer Support Team by Licensed Mental Health Professional
- Creation and participation of Peer Team Advisory Board (4 meetings annually with CE)
- Assist with Development of Standard Operating Procedures and training guidelines (telephonically or electronically)
- 12 hours of Continuing Education training for Peer Team Members annually
- Phone consultations: 9a-5p (master level clinical assessment and referral calls)
- **24/7 phone accessibility for Peer Team Coordinator for critical/emergency situations**
- General after hour calls handled through 24-hour FIRESTRONG - FIRE CRISIS SUPPORT LINE
- High stress incident and Traumatic event consultations for Advisory board and peer team members to create response plan and functions
- High Stress Incident /Traumatic event consultations and intakes (M-F, 9-5)

Training:

- Develop and deliver 4 (3 hour) Continuing education trainings to Peer team (1 per quarter)
- Projected training months will: (Dates TBD)
- Additional training hours are available (*costs vary*)

How is PSCS different from your current program?

Not an EAP, but a full service Behavioral Health Assistance Program, consistent with National Fire and Protection Association (NFPA) recommendations offering 1:1 assistance or assessment, crisis stabilization or connection for inpatient intakes or preferred counselors.

The peer team coordinator will have 24/7 access to behavioral health professional to assist with member assistance needs including traumatic event or high stress incident management. 24/7

****Drug Free Workplace / Condition of employment case management available upon request for an additional cost.***

****Our initial Peer team training: 2 days / 16 hours is an additional 1x cost of \$4000 or you can utilize the IAFF peer support training program \$7500.***