

# COVID-19 Policy

1. Masks are optional for all patients, and I will always wear a mask inside your home unless you specify otherwise
2. I will wear a mask in my home office, if requested
3. I thoroughly clean all equipment and surfaces between each patient, and in my home prior and after your visit
4. If showing signs of COVID-19, you agree to inform me of your symptoms and cancel your appointment until a negative test is obtained or you have quarantined the amount recommended by the Health Department
5. If I or any of my family members show signs of COVID-19, I will inform you as soon as possible, and cancel all future appointments until I have negative tests or have quarantined the amount recommended by the Health Department.

By signing below, you acknowledge that you have received and read the above policy and agree to the terms before beginning either physical therapy or yoga with me.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_