



PREMIUM FITNESS EQUIPMENT SINCE 1981

## 400 RECUMBENT BIKE

The C400 Recumbent Bike combines reliability with a step-through design for users of any fitness level to enjoy. The compact, self-powered options allow you to maximize the space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



## C400 RECUMBENT BIKE

SKU: RC400

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Escalate <sup>®</sup> ), 220V Option Available (with Transcend <sup>®</sup> )
	Cord Length	10' / 3.0 M
	Drive System	Dual Stage Drive System with Poly-V Belts
	Crank	1-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	20-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 25 Position Settings and Infinite Reclining Positions
	Handlebar Design	Multi Position with Moisture-Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar <sup>®</sup> Compatible
AVAILABLE CONSOLES	Transcend <sup>®</sup> , Escalate <sup>®</sup> , Emerge	
ASSET MANAGEMENT	EcoFit	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, FCC	
EXTRAS	Accessories	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	72" L x 30" W x 54" H / 182.88 cm x 76.2 cm x 137.16 cm
	Machine Weight	165 lbs / 76 kg
	Shipping Weight	185 lbs / 84 kg
	Maximum User Weight	400 lbs / 181 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	Frame	Lifetime
	Parts	5 Years (Transcend <sup>®</sup> , Escalate <sup>®</sup> Consoles are 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

