

# TRUE<sup>®</sup>

# FORCE

## BICEPS/TRICEPS

## COMMERCIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

### BICEPS/TRICEPS

The Biceps/Triceps machine is an essential piece for any fitness setting. Both exercises provide three starting positions to accommodate users of all sizes, and allow users to choose the range of motion that best suits their individual needs. The 6-position seat with lumbar support provides the ultimate, customizable workout experience for all users while also providing superior comfort. Along with the incredible ease-of-use and intense workout experience, TRUE has also ensured the FORCE Biceps/Triceps unit addresses stability and style to guarantee long-term use and classic elegance within your facility.



TRUE is Impacting Fitness. TRUE has a thirty-four year history making the world's most premium cardio equipment. Now, we are taking that same manufacturing and design quality and bringing it to you in the new FORCE strength line. All of the features you have come to associate with TRUE are found in the FORCE line...quality, durability, craftsmanship and superior aesthetics. Welcome to the new TRUE.

## BICEPS/TRICEPS

### Key Features:

- 6-position seat with lumbar support utilizes one-way ratchet for easy adjustment.
- Three starting positions for both Curls and Extensions allow users to choose the range of motion best suited to their individual needs.
- Rotating arm assembly provides comfort and support throughout each movement

### Product Dimensions L x W x H

57.5" x 47.25" x 57"

146 cm x 120 cm x 145 cm

### Product Weight (including weight stack)

Standard - 462 lbs / 209 kg

Heavy - 542 lbs / 246 kg

### Weight Stack

Standard - 175 lb / 79 kg / 15 lbs top plate + 10 lbs increments

Heavy - 255 lbs / 116 kg / 15 lbs top plate + 10 lbs increments

### Warranty

10 YEARS: Frames, welds, cams, and weight plates

5 YEARS: Bushings, pivot bearings, gas-shocks, pulleys, and guide rods

1 YEAR: Cables, rubber grips

6 MONTHS: Upholstery, hardware, and all other parts not mentioned

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

