

# TRUE<sup>®</sup>

# FORCE

## LEG EXTENSION/ LEG CURL

## C O M M E R C I A L



PREMIUM FITNESS EQUIPMENT SINCE 1981

### LEG EXTENSION/LEG CURL

The TRUE FORCE Leg Extension/Leg Curl machine has revolutionized the ability to transition from extension to curl exercises, Users can now simply adjust positions with the pull of a knob, all while remaining seated on the machine. Like the rest of the FORCE Series, all adjustment for both exercises are and clearly labeled to provide users with extreme ease of use and allow transitions between exercises to be quick and smooth. The three different starting positions allow this machine to accommodate users of all sizes and allow each user to exercise easily and comfortably.





TRUE is Impacting Fitness. TRUE has a thirty-four year history making the world's most premium cardio equipment. Now, we are taking that same manufacturing and design quality and bringing it to you in the new FORCE strength line. All of the features you have come to associate with TRUE are found in the FORCE line...quality, durability, craftsmanship and superior aesthetics. Welcome to the new TRUE.

## LEG EXTENSION / LEG CURL

### Key Features:

- Multi-position contoured back pad with lumbar support wings and integrated head pad utilizes one-way ratchet for easy adjustment.
- Three starting positions for both Leg Extension and Leg Curl exercises allow users to choose the range of motion best suited to their individual needs.
- 4-position ankle pad adjusts easily to accommodate wide range of users.
- Fixed shin pad provides stability during Leg Curl exercise and eliminates need for additional adjustment.

### Product Dimensions L x W x H

57.5" x 47.5" x 57"

146 cm x 121 cm x 145 cm

### Product Weight (including weight stack)

Standard - 517 lbs / 234 kg

Heavy - 597 lbs / 271 kg

### Weight Stack

Standard - 175 lbs / 79 kg / 15 lbs top plate + 10 lbs increments

Heavy - 255 lbs / 116 kg / 15 lbs top plate + 10 lbs increments

### Warranty

10 YEARS: Frames, welds, cams, and weight plates

5 YEARS: Bushings, pivot bearings, gas-shocks, pulleys, and guide rods

1 YEAR: Cables, rubber grips

6 MONTHS: Upholstery, hardware, and all other parts not mentioned

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

