

KEISER CARDIO



THE M SERIES

M5i STRIDER

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER[®]
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.™**

KEISER CARDIO

Our groundbreaking rear-wheel M Series Indoor Bikes are what made us famous. But the same science-proven Keiser quality is engineered into all cardio products – from the M3i with innovative new pedals to our new M5i Strider elliptical and M3i Total Body Trainer, all equipped with Bluetooth®.



THE M SERIES

M5i STRIDER

WITH THE SUCCESS OF THE KEISER M3i INDOOR CYCLE AND THE CREATION OF NEW PROGRAMMING FOR ELLIPTICAL TRAINERS, DEMAND SOON DEVELOPED FOR A UNIQUE PIECE OF KEISER CARDIOVASCULAR EQUIPMENT

Our solution: the Keiser M5i Strider, an elliptical machine designed to offer an effective group training option, while still offering the same unique benefits that made the M3i a success.

Because the M5i Strider is easy to use, small and portable, it is designed for group elliptical training, one of the newest and hottest trends in the industry today. Group elliptical classes are becoming increasingly popular in Europe and with our new M5i Striding program we make this fun and effective fitness movement available to all.

READ MORE:
WWW.KEISER.COM



FEATURES

- Bluetooth wireless technology
- Easy transport
- Water bottle holder
- Loose items tray
- Dual placement stationary handles
- Padded moving handlebars
- Adjustable height
- Anti-slip belt
- Non wear magnetic resistance
- Easy to install
- Infinite resistance adjustments
- Smooth resistance shifter
- Intuitive M Series computer

SPECIFICATIONS

HEIGHT
72" / 1829 mm

LENGTH
38" / 965 mm

WIDTH
28" / 711 mm

WEIGHT
135 lbs / 61.24 kg

KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™

CONTACT A SALES REP TODAY
1.559.256.8000 | keiser.com/contactus