

KEISER CARDIO



THE M SERIES

M3i

TOTAL BODY TRAINER

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER[®]
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.**[™]

KEISER CARDIO

Our groundbreaking rear-wheel M Series Indoor Bikes are what made us famous. But the same science-proven Keiser quality is engineered into all cardio products – from the M3i with innovative new pedals to our new M5i Strider elliptical and M3i Total Body Trainer, all equipped with Bluetooth®.



THE M SERIES

M3i TOTAL BODY TRAINER

DESIGNED WITH THE SAME SMOOTH MAGNETIC RESISTANCE SYSTEM AS THE M3i INDOOR CYCLE

The M3i Total Body Trainer is perfect for those seeking to obtain a concurrent, full body workout, work the upper or lower body independently, or perform single limb rehabilitative movements.

The M3i Total Body Trainer is used in many fitness and training environments including:

- Military
- Professional teams worldwide
- University athletics worldwide
- Medical rehab
- Health clubs
- Group exercise classes

READ MORE:
WWW.KEISER.COM



FEATURES

- Light weight aluminum flywheel
- On board M Series computer
- RPM and Power Display
- Easy transport wheels
- Gravity based water bottle holder
- Four-way adjustable seat position

SPECIFICATIONS

HEIGHT
52" / 1320.8 mm

LENGTH
48" / 1219.2 mm

WIDTH
29" / 736.6 mm

WEIGHT
110 lbs / 49.89 kg

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1.559.256.8000 | keiser.com/contactus