

KEISER CARDIO



THE M SERIES
M3iX
INDOOR
BIKE

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER[®]
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.**[™]

KEISER CARDIO

Our groundbreaking rear-wheel M Series Indoor Bikes are what made us famous. But the same science-proven Keiser quality is engineered into all cardio products – from the M3i with innovative new pedals to our new M5i Strider elliptical and M3i Total Body Trainer, all equipped with Bluetooth®.



THE M SERIES M3iX INDOOR BIKE

THE M3iX IS A NEWER ADDITION TO KEISER'S DYNAMIC LINE OF AWARD WINNING INDOOR FITNESS CYCLES

Combining the unique pivoting patented X-Bars to the heralded M3i Indoor Cycle makes the M3iX to mountain biking or hill climbing what the M3i is to road biking.

It has the same silky smooth ride and M3i reliability, with 7 levels of handlebar resistance. Independent upper and lower body movements offer great core, upper torso and arm benefits and also aids balance training. Research shows X-Bars burn more calories than traditional group exercise bikes.

The X-Bars offer added variety for both instructors and riders both in the classroom setting and out on the fitness floor.

PRODUCT INNOVATIONS KEISER M SERIES BIKE PEDAL

As indoor group cycling grows in popularity and the demands on bikes increase, the need for a more user-friendly–yet more durable–commercial grade pedal became clear. For those who demand more from their equipment, Keiser introduces the M Series Bike Pedal.



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WWW.KEISER.COM

KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™



FEATURES

- X-Bars, providing seven levels of resistance
- M Series backlit digital display
- Bluetooth wireless technology
- Four-way adjustable seat
- Water bottle holder
- Compatible with 'Polar' heart rate monitors
- Wheels on base for easy transport

SPECIFICATIONS

HEIGHT
45" / 1143 mm

LENGTH
49" / 1245 mm

WIDTH
26" / 660 mm

WEIGHT
96 lbs / 43.54 kg

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1.559.256.8000 | keiser.com/contactus