

A modern and comprehensive strength conditioning system designed to meet the space, budget, and performance demands of today's commercial fitness facilities.



QR CODE
Linked to Online
Instructional Video

FUSE-0700 SHOULDER PRESS

FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Three position seat back adjusts to accommodate wide range of users
- Unilateral arms converge to maximize articulation of the shoulder and allow for a complete range of motion
- Standard and neutral grips for exercise variation
- Integrated towel holder and accessory tray with cup holder

SPECIFICATIONS

DIMENSIONS L X W X H

57" x 60" x 58" / 145 cm x 152 cm x 147 cm

PRODUCT WEIGHT

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	480 lbs / 218 kg	560 lbs / 254 kg

COLOR

Powder coat finish available in standard silver or white with custom color options. Twelve standard vinyl seat color options with custom colors also available. Contact your sales representative for more information.



USER AMENITIES

HEIGHT ADJUSTMENT GUIDE

ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1



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