

A modern and comprehensive strength conditioning system designed to meet the space, budget, and performance demands of today's commercial fitness facilities.



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Instructional Video

## FUSE-0800 DELTOID RAISE

### FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Seat and chest pads angled 5 degrees for proper ergonomics and support
- Dual press arms operate independently allowing users to choose from unilateral and bilateral training
- Integrated towel holder and accessory tray with cup holder

### SPECIFICATIONS

#### DIMENSIONS L X W X H

35" x 44" x 58" / 89 cm x 112 cm x 147 cm

#### PRODUCT WEIGHT

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	480 lbs / 218 kg	560 lbs / 203 kg

#### COLOR

Powder coat finish available in standard silver or white with custom color options. Twelve standard vinyl seat color options with custom colors also available. Contact your sales representative for more information.



### USER AMENITIES

#### HEIGHT ADJUSTMENT GUIDE

#### ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1



truefitness.com | 800.426.6570 | 636.272.7100

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