

A modern and comprehensive strength conditioning system designed to meet the space, budget, and performance demands of today's commercial fitness facilities.



QR CODE
Linked to Online
Instructional Video

FUSE-1400 ABDOMINAL

FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Four position adjustable roller pad with dual hand grips allows users to determine range of motion best suited to their individual needs
- Contoured lumbar pad encourages pelvic stabilization and isolation of abdominal region
- Low seat frame and open design for ease of entry and exit of machine
- Integrated towel holder and accessory tray with cup holder

SPECIFICATIONS

DIMENSIONS L X W X H

46" x 35" x 63" / 117 cm x 89 cm x 160 cm

PRODUCT WEIGHT

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	413 lbs / 187 kg	493 lbs / 223 kg

COLOR

Powder coat finish available in standard silver or white with custom color options. Twelve standard vinyl seat color options with custom colors also available. Contact your sales representative for more information.



USER AMENITIES

HEIGHT ADJUSTMENT GUIDE

ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1



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