

400 RECUMBENT BIKE

The C400 Recumbent Bike combines reliability with a step-through design for users of any fitness level to enjoy. The compact, self-powered options allow you to maximize the space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



FEATURES

- Self-Generating
- Dual Stage Drive System
- 1-Piece Forged Steel Crank System
- 30 Resistance Levels
- 40-450 Watts Workload Range

SPECIFICATIONS

DIMENSIONS (L X W X H)

72" x 30" x 54" / 182.88 cm x 76.2 cm x 137.16 cm

RESISTANCE SOURCE

Hybrid Self-Generating Brake

DRIVE SYSTEM

Dual Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

165 lbs / 76 kg

COLOR

Charcoal/Black

CONSOLE OPTIONS



ENVISION



ENVISION
WITH
COMPASS



EMERGE



ESCALATE

400 SERIES



C400 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Escalate ⁹), 220V Option Available (with Transcend ¹⁶)
	Cord Length	10' / 3.0 M
	Drive System	Dual Stage Drive System with Poly-V Belts
	Crank	1-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	20-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 25 Position Settings and Infinite Reclining Positions
	Handlebar Design	Multi Position with Moisture-Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar [®] Compatible
AVAILABLE CONSOLES	Envision ¹⁶ with Compass, Envision ¹⁶ Escalate ⁹ , Emerge	
ASSET MANAGEMENT	EcoFit	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, FCC	
EXTRAS	Accessories	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	72" L x 30" W x 54" H / 182.88 cm x 76.2 cm x 137.16 cm
	Machine Weight	165 lbs / 76 kg
	Shipping Weight	185 lbs / 84 kg
	Maximum User Weight	400 lbs / 181 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	Frame	Lifetime
	Parts	5 Years (Envision ¹⁶ Console is 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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