

ES900 UPRIGHT BIKE

Go the distance in comfort on TRUE's ES900 Upright Bike. Ergonomic aero bars and armrests provide maximum body control, power and stability. Maximize your workout while minimizing your equipment footprint. Choose the T9 - 9" touchscreen console to shift your experience into high gear – store up to six different workouts for up to six different users! It also features the latest in fitness technology and connectivity to revolutionize the user experience to easily track and manage their workouts through the GymTrakr app. The ES900's sleek design and low step-over height are designed for those seeking a realistic cycling experience. The fore and aft seat adjustment offers a wide range of customizing.



GymTrakr App
Connectivity and Tracking

FEATURES

- TRUE's HRC® Cruise Control gradually increases or decreases resistance to maintain your target heart rate
- Quiet operation for a no-hassle home gym experience
- Compatible with Zwift technology that allows users to take a virtual exercise around the world

SPECIFICATIONS

DIMENSIONS (L X W X H)

44" x 24" x 58.5" / 111.76 cm x 60.96 cm x 148.59 cm

STEP-OVER HEIGHT

16.75" / 42.54 cm

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

122 lbs / 56 kg

COLOR

Silver/Black

CONSOLE OPTIONS



EMERGE



T9 TOUCH SCREEN
(GymTrakr)



ES900 UPRIGHT BIKE

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 24 M
	Drive System	Single Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Eddy Current Brake
	Resistance Levels	25 (Emerge), 30 (T9)
	Workload Range	40-600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Full foam Stitched with Fore/Aft Seat Adjustments
	Handlebar Design	Multi-Position with Moisture Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible, (Bluetooth on T9)
	Connectivity	App Connectivity via GEM Module prior to starting workout on T9
AVAILABLE CONSOLES	Display	Emerge, T9
	Workouts	Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K)
	Saved Workouts	Console Saves Last Ten Workouts
	Six (6) User Profiles	Up to six (6) Save Workouts Each – If Activated
SAFETY		Low Step Over Height
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder (2, removable), Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap
PHYSICAL SPECIFICATIONS	Footprint	44" L x 24" W x 58.5" H / 111.76 cm x 60.96 cm x 148.59 cm
	Machine Weight	122 lbs. / 56 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Over Height	16.75" / 42.54 cm
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	10 Years
	Console	T9 (7 Years), Emerge (10 Years)
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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