

JACOBS LADDER

Jacobs Ladder is the most effective piece of commercial gym equipment on the market today.

Our signature piece of gym equipment is designed specifically for high intensity, low impact exercise but goes much deeper than that. Because it is a functional exercise, it is used in rehabilitation, circuit training, personal training, high intensity intervals and endurance training. In addition, it burns more calories with a lower perceived exertion rate. As one of our customers said almost 20 years ago, 'it is easier to work harder on Jacobs Ladder than any other piece on the market'.

Dimensions:

Frame: Welded Tubular Steel

Width: 31.25"

Length: 76"

Height: 65.5"

Weight: 325 lbs

Rungs: Solid Maple

Case: ABS/Polyethylene

Power: Self-Powered

Ceiling Height: 7.5 Feet

Digital Readouts: Elapsed Time, Feet Climbed, Rate (Feet/Min), Calorie Burn, Heart Rate (using chest strap)

Warranty: 4 Years Parts / 1 Year Labor

Shipping Dimensions:

35" x 76" x 70" , 375 lbs