

PALLADIUM SEATED ROW SPL-1200



A vision to the future, premium craftsmanship meets advanced biomechanics in TRUE's Palladium Series. Advanced functionality, comfortable touchpoints, and precise ergonomics are all packaged in a modern design. Set your facility apart and provide users with an intuitive strength-training experience with the Palladium Series.

FEATURES

- 8 position seat adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- Unilateral arms diverge at 11 degrees resulting in full articulation of the shoulder complex
- Unique rotating grips allow supination and pronation throughout the movement while keeping the wrist neutral in radial and ulnar deviation
- Trailing link handle assemblies allow user defined path of motion
- 9 position chest pad accommodates wide range of users

USER AMENITIES

- Height Adjustment Guide
- Easy access phone cradle and accessory storage tray with cup holder
- Integrated adder weight system reduces increments to 5 lbs / 2.3 kg


SPECIFICATIONS

DIMENSIONS (L x W x H)
65" x 46" x 58" / 165cm x 117cm x 147cm

WEIGHT STACK OPTIONS
200 lbs / 91 kg
260 lbs / 118 kg
320 lbs / 145 kg

PRODUCT WEIGHT
Metal Shrouds - 481 lbs / 219 kg
Acrylic Shrouds - 458 lbs / 208 kg

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.



The image shows the TRUE Fitness Palladium Seated Row machine (SPL-1200) in a studio setting. A circular callout bubble titled "ADJUSTMENT GUIDE" points to the height adjustment mechanism on the machine's frame. The callout contains a table with three columns: HEIGHT, METRIC, and SEAT. The table lists height ranges and corresponding seat positions for users of different heights.

ADJUSTMENT GUIDE		
HEIGHT	METRIC	SEAT
5'	152cm	1
5' 4"	163cm	2-3
5' 7"	170cm	4-5
5' 10"	178cm	6-7
6' +	183cm +	7-8

Height Adjustment Guide instructs users on proper seat placement based on height