

2019 SERIES #4 YOGA FOR EVERYBODY

All classes are held at the Imperial Park Rec Center (IPRC)
234 Matlage Way, Sugar Land, TX 77478

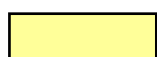
Instructor: Ken Hainline ~ 832-496-2497 ~ www.y4eb.com

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15 11:00am-Noon 7:00-8:00pm	16 5:45-6:45pm	* SHORT * 17 8:15-9:15am 7:00-8:00pm	18 5:45-6:45pm	19	20 8:45-9:45am
21	22 11:00am-Noon 7:00-8:00pm	23 5:45-6:45pm	* LONG * 24 8:15-9:15am 7:00-8:00pm	25 5:45-6:45pm	26	27 8:45-9:45am Nelda
28	29 11:00am-Noon 7:00-8:00pm	30 5:45-6:45pm				

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			* SHORT * 1 8:15-9:15am 7:00-8:00pm	2 5:45-6:45pm	3	4 8:45-9:45am
5	6 11:00am-Noon 7:00-8:00pm	7 5:45-6:45pm	* LONG * 8 8:15-9:15am 7:00-8:00pm	9 5:45-6:45pm	10	11 8:45-9:45am
12	13 11:00am-Noon 7:00-8:00pm	14 5:45-6:45pm	* SHORT * 15 8:15-9:15am 7:00-8:00pm	16 5:45-6:45pm	17	18 8:45-9:45am



MORNING CLASS



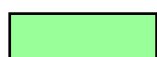
EVENING CLASS



SUBSTITUTE



NO CLASS



CLASS RELOCATION - Noted in box (Austin Pkwy or LCCC)
or CLASS TIME CHANGE - Noted with RED text

* SHORT *
* LONG *

Yoga mat edge in relation to the front of the room