

2019 SERIES #5 YOGA FOR EVERYBODY

All classes are held at the Imperial Park Rec Center (IPRC)
234 Matlage Way, Sugar Land, TX 77478

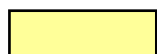
Instructor: Ken Hainline ~~ 832-496-2497 ~~ www.y4eb.com

May

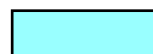
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 11:00am-Noon 7:00-8:00pm	21 5:45-6:45pm	* LONG * 22 8:15-9:15am 7:00-8:00pm	23 5:45-6:45pm	24	25 8:45-9:45am
26	27 10-11:00am LCCC	28 5:45-6:45pm	* SHORT * 29 8:15-9:15am 7:00-8:00pm	30 5:45-6:45pm	31	

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:45-9:45am
2	3 11:00am-Noon 7:00-8:00pm	4 5:45-6:45pm	* LONG * 5 8:15-9:15am 7:00-8:00pm Nelda	6 5:45-6:45pm	7	8 8:45-9:45am
9	10 11:00am-Noon 7:00-8:00pm	11 5:45-6:45pm	* SHORT * 12 8:15-9:15am 7:00-8:00pm	13 5:45-6:45pm	14	15 8:45-9:45am
16	17 11:00am-Noon 7:00-8:00pm	18 5:45-6:45pm	* LONG * 19 8:15-9:15am 7:00-8:00pm	20 5:45-6:45pm	21	22 8:45-9:45am



MORNING CLASS



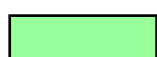
EVENING CLASS



SUBSTITUTE



NO CLASS



CLASS RELOCATION - Noted in box (Austin Pkwy or LCCC)
or CLASS TIME CHANGE - Noted with RED text

* SHORT *
* LONG *

Yoga mat edge in relation to the front of the room