Medihelp rewards you for taking care of your health through the care extender benefit, activated by going for specified health tests.

Step 1

Any family member goes for any of the following:



Step 2

The claim is processed and the test results are uploaded to your health profile on HealthPrint, unlocking the applicable benefit.

Step 3

Enjoy the additional care extender benefits that have been activated:



Added insured benefits

- A Pap smear per three-year cycle (women 21-65 years)
- A mammogram per two-year cycle (women 40-75)
- A prostate test (men between 40-75 years)
- A faecal occult blood test (FOBT) for people between 45-75 years
- One bone mineral density test per two-year cycle (women >65 years)



One extra GP consultation for the family for the year



 A combo health screening (blood glucose, cholesterol, BMI, and blood pressure) at selected pharmacy clinics in the Medihelp Preferred Pharmacy Network. You can access your health record on the Medihelp app.

An additional



will be activated for the family to use for non-prescribed medicine once a combo health screening has been claimed from the added insured benefits.

Note: The care extender benefit applies to all options, except MedMove!. Benefits are paid at 100% of the Medihelp tariff.

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