



BENEFITS AT A GLANCE 2026

Please read in conjunction with the Information Guide, Schedule of Benefits and Rules of the Scheme available at www.profm.co.za or by calling 0860 679 200.

INTRODUCING PROF MED

Profmed is the largest restricted medical scheme in South Africa uniquely designed for professionals. We provide medical cover tailored to suit your professional lifestyle.

Profmed provides an exceptional range of comprehensive benefits and affordable medical cover, in addition:

- Expectant mothers can register on our **TUMS 2 TOTS** Baby and Toddler programme which is available on all benefit options.
- The **Profmed App** can be downloaded by all members and their registered dependants for convenient access to the **electronic membership card**, navigation to the nearest **ER facility**, access to important Scheme documents and more.
- **Preventative care benefits** for early detection of dread diseases available on all options.
- The **PPS Wallet** is an independent savings account available on all benefit options (optional).
- **PPS Gap Cover** is an independent benefit that helps you manage medical expense shortfalls.
- **WHISPA** Support Programme is available on all benefit options.
- **International Travel Medical Assistance** benefit provides cover up to **150 days per beneficiary**, per journey.
- **Healing@home** provides medical treatment in the comfort of your home.
- **Profmed WellBeing** supports you on your mental health journey.



WHO QUALIFIES

Membership is exclusively for professionals*. If you have a tertiary qualification and relevant professional experience, you qualify for medical cover with Profmed.



Complete your preventative care screenings and unlock an additional **R2 750**.

This amount is allocated to your day-to-day benefits and can be used to cover out-of hospital expenses. This benefit is available annually. **ENHANCED**

(This benefit is subject to rules and qualifying criteria as listed in the Schedule of Benefits.)

PREMIUM AND SAVVY BENEFIT OPTIONS

Profmed's range of options enables you to select medical cover to suit your lifestyle. All Premium benefit options are also available on the more affordable Savvy options.

- The Savvy options require members to make use of the Savvy hospital network. Voluntarily use of a non-network hospital will result in a co-payment of R14 000, voluntary use of a non-network hospital for a specified day procedure will result in a co-payment of R5 000.
- Members registered on the ProSelect option are required to make use of the ProSelect hospital network. Voluntarily use of a non-network hospital will result in a co-payment of R14 000, voluntary use of a non-network hospital for a specified day procedure will result in a co-payment of R5 000.
- Members registered on the ProSecure Plus, ProSecure and ProActive Plus options are required to make use of the Day Procedure Network for specified day procedures. Voluntary use of a non-network facility will result in a co-payment of R5 000.



NETWORK HOSPITAL
LISTS

PROPINNACLE
PROPINNACLE SAVVY

PROSECURE PLUS
PROSECURE PLUS SAVVY

PROSECURE
PROSECURE SAVVY

PROACTIVE PLUS
PROACTIVE PLUS SAVVY

PROSELECT
PROSELECT SAVVY

Comprehensive hospital and day-to-day cover for complete peace of mind

Hospital and day-to-day benefits for the growing family

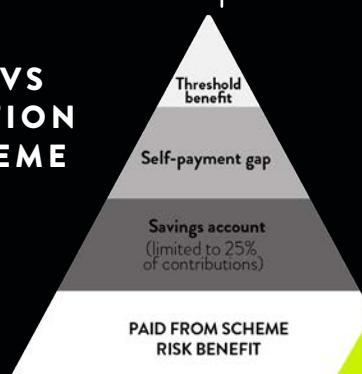
Hospital and day-to-day benefits for the younger family

Hospital benefits and day-to-day benefits for young professionals

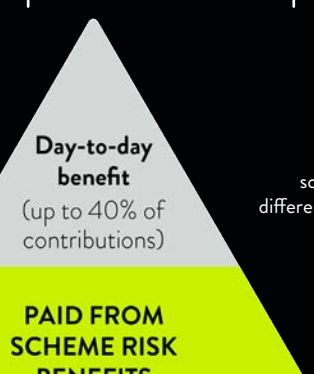
Hospital benefits and day-to-day dentistry benefits for young, aspiring professionals

TRADITIONAL VS NEW-GENERATION MEDICAL SCHEME

A traditional medical scheme is uncomplicated, offering more certainty on the benefits, as the limits are clearly defined. This clarity provides greater peace of mind and understanding of the benefits.



NEW GENERATION



PROF MED

BENEFIT STRUCTURE

Profmed is a traditional medical scheme. This diagram illustrates the difference between a traditional and new generation medical scheme.

* Eligibility criteria apply.
Call 0800 334 733 for more information.



BENEFITS OPTIONS AT A GLANCE

PROPINNACLE

MONTHLY CONTRIBUTION

ADULT	ADULT DEPENDANT	CHILD DEPENDANT
R14 634	R13 574	R4 390

RISK BENEFITS

- Hospitalisation¹
 - doctors' consultations and procedures paid at 300% Profmed Tariff
 - private wards
 - maternity
 - hospitalisation in private wards both ante-natal and post-delivery
 - comprehensive fees for midwives
- Preventative care
 - for early detection of dread diseases, and specified vaccinations, from designated service providers
- Chronic medication
 - cover for 58 chronic conditions plus relevant DTPs
 - unlimited benefit
- **AMPLIFIRE** benefit enhancer
- Contraceptives
- Out-of-hospital MRI & CT scans
 - 80% benefit, paid from risk
- TUMS **2TOTS** Baby and Toddler Programme
- Profmed WellBeing
- International Travel Medical Assistance
 - R8 million per beneficiary per journey
 - R10 000 out-of-hospital limit, R2 000 excess on out-of-hospital expenses

DAY-TO-DAY BENEFITS

- Doctors' consultations and procedures paid at 300% Profmed Tariff
- Acute medication
- Over-the-counter medication
- Radiology & pathology
- Optometry
- Dentistry
 - dentists paid at 135% Profmed Tariff
- Maternity benefits²
 - extended day-to-day benefits
 - comprehensive fees for midwives



PROSECURE PLUS

MONTHLY CONTRIBUTION

ADULT	ADULT DEPENDANT	CHILD DEPENDANT
R7 780	R7 197	R3 032

RISK BENEFITS

- Hospitalisation¹
 - doctors' consultations and procedures paid at 200% Profmed Tariff
 - maternity
 - post-delivery in private wards
 - comprehensive fees for midwives
- Preventative care for early detection of dread diseases, and specified vaccinations from designated service providers
- **AMPLIFIRE** benefit enhancer
- Day Procedure Network (specified procedures) - applicable to ProSecure Plus
- Contraceptives
- Chronic medication
 - cover for 39 chronic conditions plus relevant DTPs
 - benefit limit applies
- TUMS **2TOTS** Baby and Toddler Programme
- Profmed WellBeing
- International Travel Medical Assistance
 - R5 million per beneficiary per journey
 - R10 000 out-of-hospital limit, R2 000 excess on out-of-hospital expenses
- Maternity programme³ - paid from risk

DAY-TO-DAY BENEFITS

- Doctors' consultations and procedures paid at Specific Tariff⁴
- Acute medication
- Over-the-counter medication
- Radiology & pathology
- Optometry
- Dentistry
 - dentists paid at 135% Profmed Tariff
- Maternity benefits²
 - day-to-day benefits
 - comprehensive fees for midwives





BENEFITS OPTIONS AT A GLANCE

PROSECURE

MONTHLY CONTRIBUTION

ADULT	ADULT DEPENDANT	CHILD DEPENDANT
R6 314	R5 847	R2 468

RISK BENEFITS

- Hospitalisation¹
 - doctors' consultations and procedures paid at Specific Tariff⁴
 - maternity
 - post-delivery in general wards
 - comprehensive fees for midwives
- Preventative care
 - for early detection of dread diseases, and specified vaccinations from designated service providers
- **AMPLI** FIRE benefit enhancer
- Day Procedure Network (specified procedures) - applicable to ProSecure
- Contraceptives
- Chronic medication
 - cover for 39 chronic conditions plus relevant DTPs
 - benefit limit applies
- TUMS **2**TOTS Baby and Toddler Programme
- Profmed WellBeing
- International Travel Medical Assistance
 - R5 million per beneficiary per journey
 - R10 000 out-of-hospital limit, R2 000 excess on out-of-hospital expenses

DAY-TO-DAY BENEFITS

- Doctors' consultations and procedures paid at Specific Tariff⁴
- Acute medication
- Over-the-counter medication
- Radiology & pathology
- Optometry
- Dentistry
 - dentists paid at 135% Profmed Tariff
- Maternity benefits²
 - day-to-day benefits
 - comprehensive fees for midwives



PROACTIVE PLUS

MONTHLY CONTRIBUTION

ADULT	ADULT DEPENDANT	CHILD DEPENDANT
R3 516	R3 239	R1 370

RISK BENEFITS

- Hospitalisation¹
 - doctors' consultations and procedures paid at 175% Profmed Tariff
 - in-hospital dentistry (specific cases only)
 - maternity
 - post-delivery in general ward
 - comprehensive fees for midwives
- Preventative care
 - for early detection of dread diseases, and specified vaccinations from designated service providers
- **AMPLI** FIRE benefit enhancer
- Day Procedure Network (specified procedures) - applicable to ProActive Plus
- Contraceptives
- Chronic medication
- Out-of-hospital MRI & CT scans
 - R6 180 per family
 - 80% benefit, paid from risk
- TUMS **2**TOTS Baby and Toddler Programme
- Profmed WellBeing
- International Travel Medical Assistance
 - R2.5 million per beneficiary per journey
 - out-of-hospital expenses not covered

DAY-TO-DAY BENEFITS

- Doctors' consultations and procedures paid at Specific Tariff⁴
- Acute medication
- Over-the-counter medication
- Radiology & pathology
- Eye examination
- Dentists' fees paid at 135% Profmed Tariff
- Maternity benefits³ - Paid from risk
 - 6 Ante-natal consultations
 - 2 2D scans
 - 2 GP or Paediatrician consultations
 - Pathology tests





BENEFITS OPTIONS AT A GLANCE

PROSELECT

MONTHLY CONTRIBUTION

ADULT	ADULT DEPENDANT	CHILD DEPENDANT
R2 754	R2 700	R1 138



PROSELECT

SAVVY

MONTHLY CONTRIBUTION

ADULT	ADULT DEPENDANT	CHILD DEPENDANT
R2 477	R2 290	R965

RISK BENEFITS

- Hospitalisation¹
 - doctors' consultations and procedures paid at Specific Tariff⁴
 - in-hospital dentistry (specific cases only)
 - maternity
 - post-delivery in general ward
 - comprehensive fees for midwives
- Preventative care
 - for early detection of dread diseases, and specified vaccinations from designated service providers
- **AMPLIFIRE** benefit enhancer
- Contraceptives
- Chronic medication
- TUMS²TOTS Baby and Toddler Programme
- Profmed WellBeing
- International Travel Medical Assistance
 - R2.5 million per beneficiary per journey
 - out-of-hospital expenses not covered

DAY-TO-DAY BENEFITS

- Day-to-day dentistry benefits
 - Dentists' fees paid at 135% Profmed Tariff
- Virtual consultations
 - Paid up to overall limit of R350 per beneficiary



¹ Members registered on the ProSelect option and Savvy options are required to make use of the DSPN. Co-payments will apply when using hospitals outside of this network.

² Maternity benefits include in- and out-of-hospital maternity-related treatment, medicine or procedures, depending on the option.

³ The Maternity programme includes specified out-of-hospital benefits on all four ProSecure options and ProActive Plus options.

⁴ Specific Tariff: Procedures: 120% of Profmed Tariff. Consultations: R630 for GPs and R920 for specialists. Or paid at code-specific Rand values.

WHICH OPTION?

The following suggestions are guidelines, but you may belong to any option of your choice.

I NEED...

a private ward when hospitalised and benefits for one of the listed chronic conditions and my chronic medication costs more than R1 000 per month

I NEED...

comprehensive day-to-day cover, extensive chronic cover, cover for hospitalisation and maternity benefits

I NEED...

comprehensive day-to-day cover, extensive chronic cover, cover for hospitalisation and maternity benefits

I ONLY NEED...

cover for planned and emergency hospital admissions, day-to-day benefits, and out-of-hospital maternity benefits

The most affordable cover using Network Hospitals choose

SAVVY

PROPINNACLE
PROPINNACLE

SAVVY

(cover for 58 chronic conditions plus relevant DTPs, unlimited benefit)

PROSECURE PLUS
PROSECURE PLUS

SAVVY

(cover for 39 chronic conditions plus relevant DTPs, with benefit limits)

PROSECURE
PROSECURE

SAVVY

(cover for 39 chronic conditions plus relevant DTPs, with benefit limits)

PROACTIVE PLUS
PROACTIVE PLUS

SAVVY

PROSELECT
PROSELECT

SAVVY

I AM A YOUNG,
ASPIRING
PROFESSIONAL

I only need cover for planned and emergency hospital admissions and day-to-day dentistry benefits

CHRONIC MEDICATION

TABLE 1 PRESCRIBED MINIMUM BENEFIT CDL* CONDITIONS

Available on ALL Options

- | | | |
|---|-----------------------------------|----------------------------------|
| 1. Addison's Disease | 9. Coronary Artery Disease | 18. Hyperlipidaemia |
| 2. Asthma | 10. Crohn's Disease | 19. Hypertension |
| 3. Bipolar Mood Disorder | 11. Diabetes Insipidus | 20. Hypothyroidism |
| 4. Bronchiectasis | 12. Diabetes Mellitus Types 1 & 2 | 21. Multiple Sclerosis |
| 5. Cardiac Failure | 13. Dysrhythmias | 22. Parkinson's Disease |
| 6. Cardiomyopathy Disease | 14. Epilepsy | 23. Rheumatoid Arthritis |
| 7. Chronic Obstructive Pulmonary Disorder | 15. Glaucoma | 24. Schizophrenia |
| 8. Chronic Renal Disease | 16. Haemophilia | 25. Systemic Lupus Erythematosus |
| | 17. HIV/AIDS | 26. Ulcerative Colitis |

TABLE 2 OTHER NON-CDL* CONDITIONS

Available ONLY on ProPinnacle and ProPinnacle Savvy options

- | | | |
|--|-----------------------------------|---|
| 1. Allergic Rhinitis – in patients with asthma | 12. Major Depressive Disorder | 24. Pituitary Adenomas/Hyperfunction of Pituitary Gland |
| 2. Alzheimer's Disease | 13. Malabsorption Syndrome | 25. Post-Organ Transplant (non-DTP) |
| 3. Ankylosing Spondylitis | 14. Meniere's Disease | 26. Psoriatic Arthritis |
| 4. Benign Prostatic Hypertrophy | 15. Motor Neuron Disease | 27. Pulmonary Interstitial Fibrosis |
| 5. Cushing's Disorder | 16. Myasthenia Gravis | 28. Stroke/Cerebrovascular Accident |
| 6. Cystic Fibrosis | 17. Obsessive Compulsive Disorder | 29. Systemic Connective Tissue Disorders |
| 7. Deep Vein Thrombosis | 18. Oncology Adjunctive Treatment | 30. Tuberculosis |
| 8. Gastro-Oesophageal Reflux Disorder | 19. Osteoarthritis | 31. Valvular Heart Disease + Relevant Diagnostic & Treatment Pairs (DTPs) |
| 9. Gout | 20. Osteoporosis | |
| 10. Hypoparathyroidism | 21. Paget's Disease | |
| 11. Hyperthyroidism | 22. Paraplegia & Quadriplegia | |
| | 23. Peripheral Vascular Disease | |

ADDITIONAL: Attention Deficit Hyperactivity Disorder (ADHD) (Children up to age 18).

TABLE 3 OTHER NON-CDL* CONDITIONS

Available ONLY on ProSecure Plus, ProSecure and their Savvy equivalents

- | | | |
|--|----------------------------------|---|
| 1. Allergic Rhinitis – in patients with asthma | 5. Major Depressive Disorder | 10. Pituitary Adenomas/Hyperfunction of Pituitary Gland |
| 2. Alzheimer's Disease | 6. Obsessive Compulsive Disorder | 11. Psoriatic Arthritis |
| 3. Ankylosing Spondylitis | 7. Oncology Adjunctive Treatment | 12. Valvular Heart Disease + Relevant Diagnostic & Treatment Pairs (DTPs) |
| 4. Benign Prostatic Hypertrophy | 8. Osteoporosis | |
| | 9. Paraplegia & Quadriplegia | |

ADDITIONAL: Attention Deficit Hyperactivity Disorder (ADHD) (Children up to age 18).

SUPPLEMENTARY INFORMATION

HOSPITALISATION



- Unlimited cover on all options
- Members on the ProSecure Plus, ProSecure and ProActive Plus options are required to make use of the Day Procedure Network for specific day procedures to avoid a co-payment
- ProSelect and Savvy options require use of the hospital Designated Service Provider Network (DSPN). Voluntary use of a non-DSP will result in a co-payment
- Rich oncology benefit
- Full dread disease cover
- Unlimited peritoneal dialysis and haemodialysis
- Maternity benefits
 - ante-natal in-patient hospitalisation
 - delivery fee - GP, specialist or registered midwife
 - labour and ward accommodation
 - neonatal ICU

PREVENTATIVE CARE

NOT SUBJECT TO DAY-TO-DAY LIMIT



- Early detection of high-risk diseases
- Testing for breast cancer, prostate cancer, cervical cancer, cardiac disease and late onset diabetes
- Facilitates early treatment to maximise positive outcome
- Influenza vaccine
- Human papilloma virus (HPV) vaccine
- Child immunisations
- Pneumococcal vaccine
- HIV testing
- Newborn hearing test
- Faecal occult blood test
- Bone densitometry
- HPV screening
- Digital health assessment

MATERNITY PROGRAMME

NOT SUBJECT TO DAY-TO-DAY LIMIT



Available on all four ProSecure options

- Consultations at a medical practitioner
- Lactation consultation
- Nutrition consultation
- Nuchal Translucency Non-Invasive test (NIPT)
- Ultra-sound scans (ante-natal)

Available on ProActive Plus and ProActive Plus Savvy

- 6 Ante-natal consultations
- 2 2D scans
- 2 GP or paediatrician consultations
- Pathology tests

WHISPA: GBV SUPPORT PROGRAMME



- 24 hour hotline at designated call centre
- Telephonic counselling sessions are provided at no cost
- Four face-to-face consultations per incident, per beneficiary
- Each beneficiary has half an hour telephonic consultation with a lawyer at no cost

WHISPA: TRAUMA & HIV ASSISTANCE PROGRAMME

NOT SUBJECT TO DAY-TO-DAY LIMIT



- Covers trauma, and HIV exposure, resulting from crime, e.g. assault or rape
- Covers HIV exposure resulting from occupational injuries, e.g. needle-stick injury
- 24-hour assistance at dedicated call centre
- Appropriate number of telephonic and face-to-face counselling sessions as determined by case manager
- Immediate access to HIV exposure prophylaxis
- Initial and follow-up HIV testing
- 3 - 6 months' HIV exposure management

SABBATICAL BENEFIT



- Sabbatical includes extended overseas travel, contract work or furthering of studies
- No underwriting for members who return from sabbatical, provided you have not experienced a change in health status or deterioration in health circumstances
- Sabbatical period is limited to three years
- Available only after one year of Profmed membership
- On return to South Africa, the benefit is available again only after one year of Profmed membership

INTERNATIONAL TRAVEL MEDICAL ASSISTANCE



- Cover to a maximum of 150 days per journey
- Activation of cover is not required
- Only emergency medical treatment is covered
- Cover for pre-existing conditions, but not elective treatment
- All ages are covered, subject to fit-for-travel protocol
- South African residents are covered while travelling across the borders of South Africa
- Members who reside in the SADC Region do not have access to the emergency evacuation cover to South Africa, however, if they are on an international journey, they do have access to the International Travel Medical Assistance benefit
- Cover is not available for conditions in a condition-specific waiting period and during a general waiting period
- Travel and accommodation costs not covered

CONTRACEPTIVES

NOT SUBJECT TO DAY-TO-DAY LIMIT



- Includes oral contraceptives, patches, injections, implants and intra-uterine devices
- Funding for contraceptive purposes only

AMPLIFIRE



ACCESS ADDITIONAL HEALTHCARE BENEFITS TO ENHANCE YOUR OVERALL WELL BEING:

This is an annual benefit available to the principal member and adult beneficiaries who meet the relevant criteria. Once unlocked, an amount of R2 750 is allocated to your day-to-day benefits which can be used to cover out-of-hospital expenses.

DESIGNATED SERVICE PROVIDER NETWORKS (DSPNs)

- **Alcohol and Drug Rehabilitation:** South African National Council on Alcoholism and Drug Dependence (SANCA)
- **Chronic Dialysis:** National Renal Care, Life Healthcare (LHC), Mediclinic
- **Day Procedure Network:** (Applicable to ProSecure Plus, ProSecure and ProActive Plus ONLY)
- **Domiciliary (Home) Oxygen:** Ecomed Medical cc
- **Emergency Medical Transport (Within RSA) (EMT):** Netcare 911
- **Endoscopic Examinations in an acute hospital setting on Savvy Options:** Savvy network hospitals as listed on the website
- **Endoscopic Examinations in an acute hospital setting on the ProSelect Option:** ProSelect network hospitals as listed on the website
- **Functional Rehabilitation Programme:** Document Based Care (DBC) Back and Neck Programme
- **International Travel Medical Assistance:** Europ Assistance
- **Pharmacy:** Profmed Pharmacy Network, subject to rules, formulary, reference pricing and protocol
- **Oncology - Chemotherapy and Biologicals:** Dis-Chem Pharmacy and Medipost
- **Oncology - PET Scans:** Bloch & Partners at Morningside Clinic (applies to greater Johannesburg region only)
- **Oncology Risk Management:** Icon
- **Optometry:** Opticlear
- **Physical Rehabilitation:** Life Healthcare
- **Post-natal Home -Based Visit:** Wellness Health Insurance Pathology Services (W.H.I.P.S.)
- **Preventative Care - Pathology:** Ampath, Lancet Laboratories and Pathcare
- **ProSelect Option:** Mediclinic, Life Healthcare, National Hospital Network (NHN) facilities and Joint Medical Holdings (JMH) hospitals
- **Psychiatric Hospitalisation:** Akeso (Netcare), Crescent Mental Health Services (Mediclinic), Denmar (Mediclinic), participating Joint Medical Holdings (JMH) hospitals and National Hospital Network (NHN) facilities and Life Healthcare (LHC)
- **Savvy Options:** Mediclinic, Life Healthcare (LHC), Day Hospital Association of South Africa (DHASA), specified Independent hospitals, Joint Medical Holdings (JMH), other specified National Hospital Network (NHN) and specified Netcare hospitals, as listed on the website, with the exception of benefits for psychiatric hospitalisation, drug and alcohol rehabilitation, physical rehabilitation, subject to pre-authorisation, rules and protocols
- **WHISPA: Trauma, and HIV Assistance Programme:** Lifesense
- **WHISPA: GBV Support Programme:** Lifesense

CONTACT US

INTERMEDIARY SUPPORT AND OTHER IMPORTANT CONTACT NUMBERS

INTERMEDIARIES INFORMATION AND COMMISSIONS:

www.profmed.co.za
Email: brokersupport@profmed.co.za
Call: 0860 679 200

HOW TO JOIN PROFMED

Call: 0800 DEGREE (334 733)
Email: degree@profmed.co.za

CLIENT SERVICES

Call: 0860 679 200
Email: info@profmed.co.za
Claims: claims@profmed.co.za
Private Bag X1031, Lyttelton, 0140

WALK-IN CENTRES

Head Office: Profmed Place, First Floor, 15 Eton Road, Parktown, Johannesburg
Administrator: PPS Centurion Square Heuwel Avenue, Cnr Heuwel &, Gordon Hood Rd,
Centurion

COUNCIL FOR MEDICAL SCHEMES

Physical Address: Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue,
Centurion, 0157
Postal Address: Private Bag X34, Hatfield, 0028
Telephone: 0861 123 267
Email: complaints@medicalschemes.com
Website: www.medicalschemes.com

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PROFMED

These benefits are subject to ratification by the Council for Medical Schemes. The published Schedule is subject to the rules approved by the Board of Trustees and in the event of a dispute the approved rules of the Scheme will prevail.