

Getting a network GP referral to a network specialist



medihelp
Medical Aid in Action

Medihelp's network of quality general practitioners (GPs) provides treatment at a negotiated tariff.

Network plans (all except for MedPrime Elect)

A network GP must refer you to a specialist.

Which specialist visits require referrals?



Referral to all specialists.



Referral to the listed specialists below.

Specialist visits that require referrals	Super specialists consulted in the last 12 months
<ul style="list-style-type: none">• Dermatologists• Ear, nose, and throat specialists• Gastroenterologists• Surgeons• Medicine specialists• Physicians• Plastic and reconstructive surgeons• Medical geneticists• Occupational medicine specialists (independent practice specialists)• Orthopaedic surgeons• Urologists	<p>If you have consulted the following specialists, you are regarded as an existing patient and don't need a GP referral. However, for first-time consultations, a network GP must refer you.</p> <p>Physicians:</p> <ul style="list-style-type: none">• Nephrologists• Cardiologists• Pulmonologists• Critical care• Neurologists <p>Clinical haematology:</p> <ul style="list-style-type: none">• Clinical haematologists• Paediatricians (haematological)• Pathologists (haematological)• Medicine

Specialist visits that don't require a network GP referral

When you use the following added insured benefits, no network GP referral to the specialist is required:

- Pregnancy consultations with a gynaecologist.
- Baby consultations with a paediatrician or ear, nose, and throat specialist.

Follow these easy steps to get a network GP referral to a specialist:

STEP
01

Make an appointment with a network GP to get a referral to a specialist.

STEP
02

Make an appointment with the network specialist and ask for the following information:

- Practice number
- Date of appointment

STEP
03

Log in to the [Member Zone](#) and click on **Pre-auths – Specialist referrals**. Complete and submit the form online.

- Keep the following at hand:
 - Membership number;
 - Member and patient's details;
 - Network GP's practice number;
 - Specialist's details and practice number;
 - ICD-10 codes; and
 - Specialist's appointment date.

You will get a referral number online and via SMS.

STEP
04

Give the referral number to the specialist to include on the account.

When can additional costs occur?

You can have out-of-pocket expenses when:

- A non-network GP refers you to a network specialist;
- You consult a non-network specialist; or
- You don't get a referral number.

Find a network GP and network specialist on Medihelp's [website](#).