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**August Martin dominates squad**

**ALL-STARS**

**Royals' road**

**All 25 teams win jackets**

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F. ZIPBSI QXL NEWS Sunday March 25, '1 990 nn no 1 it a f7A I I I G1DGMS Msi nrmTnn GIRLS FROM PAGE ONE Player of the Year at the Downtown AC. MICHELLE REED (August Martin)-Reed is the only junior on the first team, but well worth the pick. She'll been heavily recruited next year. She's 5-10, can jump out of her sneakers, she's quick, she bandies well, and she possesses some pretty incred-" ible moves to the hoop.

She averaged 18 points a game for the Angels and will be their leader in '91. ROLANDA DENT (John Bowne) A repeat All-Star selection, Dent found herself the subject of double and triple teaming this season. She's so potent, that opponents had to key on her. To beat John Bowne meant stopping Dent no two way about it. She averaged 23.3 points a game and rarely played all four quarters.

She finished her career with 1,558 points. CARRINE JONES (August Martin) This 5-10 senior guard is one of the leaders of the famous August Martin break. Either she initiates it with a steal (she averages five per game), or she finishes it off with a breakway layup. Jones has the best outside shots of any Angel. Her jump shot pushes the opponents' zones farther out, opening up Martin's inside game and its domination on the boards.

ANESSA LOURENSZ (Forest Hills) This senior guard finished just 10 points shy of the plateau. But what a year she had. Lour-enz averaged 24.5 points per game and notched a career-high 49 in a 65-55 playoff win over Jamaica. At 5-6, she also averaged 15 boards a game. Though she hasn't been playing long, Lourensz picked the game up quickly and is as adept with the left hand as she is with the right.

She penetrates well and was the key to Forest Hills' 20-4 season. MARC ZARETSKY (Forest Hills)-Zaretsky took a relatively young squad and brought them to the playoffs. In fact, a late-season surge gave the Rangers a piece of the division title. Anessa Lourensz was his leader, but the Rangers needed Zar-etsky's direction in order to gel as well as they did. All 25 teams win jackets The Daily News picked 25 area All-Star teams from throughout the metropolitan area.

Each first-team honor-ee, plus the coach of the year for each team, will be guests of The News and Madison Square Garden on Monday, April 16, when the Knicks face the Miami Heat Each All-Star will receive three tickets to the game, plus a personalized and customized News All-Star jacket and certificate. The News' second team in Queens is comprised of Long Island City's sophomore guard Eva Kyriakopoulos, Townsend Harris' senior guard Keisha Robinson, August Martin's senior center LaTeefah Robinson, Hill-crest's junior forward Layisa Springer and August Martin's senior guard Tanya Gaddy. Also meriting honorable mentions are August Martin's Erica Ross, Springfield Gardens' Joyce Shannon and Keya Gorham; Forest Hills' Michelle Ko; Beach Channel's Michelle Ceville and Shannon Falcone; John Adams' Jennifer Bozoki, and Cleveland's Maebell DeLeon. ALL-STAR Nakia Hill of Christ the 1 JWI w' OviAix. Rolanda Dent John Bowne Michelle Reed August Martin King throws one hoopward.

A i f I I I 4 Anessa Lourensz Forest Hills Rhonda Singleton August Martin By DIANE BRUNO Daily News Sports Writer The Royals of Christ the King obviously like living dangerously. Once they got hold of that No. 1 spot in the nation in USA Today's Super 25 poll, they didn't play it safe. They didn't stop playing tough competition just to in-' sure an unbeaten regular season. They went to Kentucky, they travelled to Ohio.

They brought in teams from Virginia, Pennsylvania and New Jersey. It was as if they "dared" teams to beat them. But going into yesterday's Class A state Federation finals at Dutchess CC, no one had. So it should come as no surprise that a trio of Royals, plus head coach Vinny Can-nizzaro, headline the 1989-90 Daily News Brooklyn-Queens girls Private School All-Star basketball team. Here's the lineup: DEBBIE HEMERY (Christ the King) This 5-foot-9 junior point guard is so smooth, everything she does looks effortless: the passes, the drives to the basket, the layups.

She makes everyone else's job easy. Hemery, a repeat Ail-Star, is quick and has quick hands on defense. She averaged 12 points, seven assists and six steals in leading the Royals to a 24-0 record going into yesterday's Federation final. DARLENE SAAR (Christ the King) Like Hemery, i 1- Carrine Jones August Martin Coach Zaretsky Forest Hills mm Saar is a second-time News All-Star. She's 6-feet-1 and a threat from inside and out.

There aren't too many big girls with the outside shot Saar has. And when opponents defend against it, that's when Saar takes it to the hoop. This season, she led the team in scoring (17 ppg). She also averaged eight rebounds, four assists and three steals a game, NAKIA HILL (Christ the King) Hill went from often-awkward freshman to much-feared sophomore. On defense, the 6-3 Hill clogs up the Royals' middle and makes opponents think twice about driving the lane.

She averaged three blocks to go with her 16 points and team-high 14 rebounds a game. Hill's offense improved tremendously and she was dangerous under the offensive boards. Hill was MVP of CK's Tournament of Champions, averaging 18 points and 12 rebounds in three games. DAYNIA LaFORCE (Bishop Kearney) This 6-foot junior provided the intimidation factor up the middle, averaging five blocks a game. Having learned the game in the eighth grade, LaForce has come a long way.

She also averaged 14 points and 12 rebounds in the Tigers' 16-8-season. She was MVP of the SL Francis College Christmas tournament, which Kearney won. And she was key in big.

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