

2021-2022



IMPACT REPORT



A message from our founder

Dina Mark

When I think about how much HeartSpace Kids has accomplished in just one year, I am truly in awe! We could not have done it without the generosity and dedication of so many people in our community. Our board members, volunteers, in-network providers, and donors have given generously of their time, money, and expertise in support of our mission. It is our hope that we can continue to provide access to essential mental health care and critical educational resources to our youth in need and empower them to live happy, healthy, and productive lives. Won't you join us?!

A year of learning and growth.

Since January 2022:

73

Clients Served

247

Individual Counseling Sessions

\$29,219

Awarded Financial Assistance

FUNDS RAISED

\$126,069

El Pomar Foundation/Gazette Charities

25,000

Individual Donations

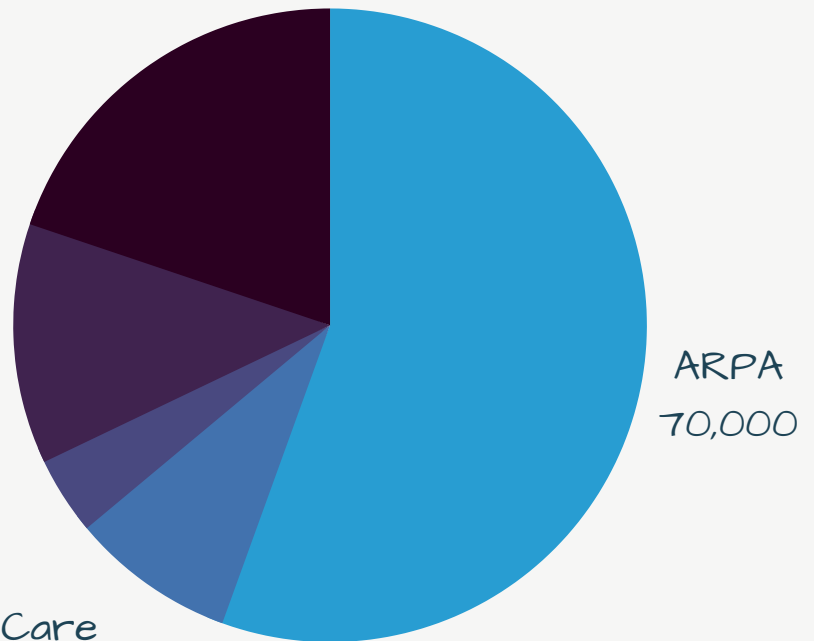
15,469

Colorado Springs Health Foundation

5,000

100 Women Who Care

10,600



PROJECTS

DETAILS

OUTCOMES

Kids First Fund

70K granted by El Paso County/American Rescue Plan Act was used to fund the Kids First Fund.

Dozens of clients have been awarded financial assistance since the inception of the Kids First Fund in February of 2022.

Summer Camps

Heartspace Kids hosted the Mighty Minds Summer Camp for social and emotional learning

40 Children attended a 5 day summer camp filled with various social/emotional activities funded in part by the Kids First Fund

Organizational Growth

Funds from El Pomar Foundation, Gazette Charities, and Colorado Springs Health Foundation have been used to help build our organizational capacity..

- 2 Grant Funded employees
- Increased community outreach, marketing, and fundraising efforts
- Expansion of programs offered



STORIES FROM THE HEART



Heartspace Counseling has been a godsend this year. My daughter was having suicidal thoughts, and my wife had just been laid off. Fortunately, the Colorado iMatter program got us a few free sessions, and we happened to be put together with [a therapist] at Heartspace. My daughter really enjoys talking to her, and she has been a big help! However, she needed more sessions that we just couldn't afford at the time. Heartspace Kids worked with us to get a scholarship for 12 more free sessions! It has helped my daughter out so much. It gave us time to get back on our feet financially, and we will be able to continue our sessions with [her counselor] on a regular basis. The financial assistance from Heartspace Kids was just what my teen needed in the middle of her crisis and our family's financial crisis.

Heartspace Kids had been a lifesaver for my family! I struggled for months trying to find mental health care for my kids, but was always turned down due to insurance not covering or no availability for new patients. I found Heartspace Kids and decided to apply for the financial aid, thinking we probably wouldn't qualify, but desperate to get my kids the help they needed. I was overjoyed when I got a call from Dina, who let me know we qualified, but also walked me through the whole process of getting started. Since being in the program my kids have grown so much, and I, as a parent, am able to meet their mental health needs while not stressing out about the financial side of it. Not only that, but my kids have been able to participate in some of the awesome workshops they offer at a discounted rate due to being a recipient of the financial aid. Heartspace Kids is amazing, and I am beyond grateful for everything they do, and have done for my family and their clients.



All names and personal information have been left out to ensure client confidentiality.

WHAT'S NEXT?

Giving Tuesday: November 29, 2022

Giving Tuesday is a time for people to give back in any way they can. This year, we invite you to support Heartspace Kids! Our goal is to enlist the support of 20 new Heartspace Heroes!

Our Heartspace Heroes Club was established to highlight our supporters who are passionate about the mental health of our youth and highly committed to providing essential mental health care and critical educational resources to youth in need in our community. Our Heartspace Heroes Club is comprised of individuals who have made a contribution of \$1440 or more annually, or a recurring donation of \$120 a month.

What can your yearly donation of \$1440 do?

Sponsor 12 individual therapy sessions for a child in our community.

Sponsor up to 24 group therapy sessions for multiple children.

Provide children in our community the opportunity to attend social/emotional workshops and camps.

Provide psycho-educational tools and resources for children and parents to use at home.

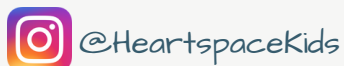
[Click Here](#) for more information

Save the Date for our 2nd Annual Art Auction!

Our Inaugural Art Auction was a great success! As we begin planning for year 2, we'd like to remind attendees, artists, volunteers, and sponsors of this upcoming event. Mark your calendars for April 22, 2023. For more information email info@heartspace-kids.org

Keep up With us!

We are excited to share big news in the coming year!



MORE WAYS TO SUPPORT



Become a Provider, Board Member, or Volunteer

If you are passionate about the mental health of the kids in our community and you'd like to help out by donating your time or expertise, please reach out!

In-Network Providers:

Join our team of in-network providers!

Open Board Positions:

Secretary

General Board Member

Volunteers:

Ambassadors needed for events, community outreach, administrative assistance and more!

Interns:

Interns needed for marketing, event planning, community outreach, fundraising, and more!

Donate

Donate online or contact us at info@heartspace-kids.org

Donations can be mailed to:

Heartspace Kids

1235 Lake Plaza Drive, Suite 230

Colorado Springs, Co. 80906

Donate When You Shop

- Designate Heartspace Kids as your charity of choice when you shop at smile.amazon.com
- Designate Heartspace Kids as your charity of choice when you shop at King Sooper.



WE COULDN'T HAVE DONE
IT WITHOUT YOUR
GENEROUS SUPPORT



**THANK YOU TO OUR
SUPPORTERS, DONORS,
THERAPISTS, AND VOLUNTEERS!**

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 www.heartspace-kids.org

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