



Business Sponsorship Opportunity

Heartspace Kids

Tax ID: 86-2317887

1235 Lake Plaza Dr. Ste 230
Colorado Springs, CO 80906
www.heartspace-kids.org

Our Story

Our Mission

Our mission at Heartspace Kids is to support the healthy social, emotional, and academic development of children, teens, and young adults through counseling and education.

Heartspace Kids was founded by Dina Mark, a Licensed Professional Counselor who has witnessed first-hand the high demand for affordable and accessible mental health services for youth in our community. After establishing a private practice of her own, Dina began to lay the foundation for a nonprofit organization that would serve youth by providing them with the financial assistance needed to access therapy and educational services.

Fast forward to 2021, Heartspace Kids was born. Since our official launch in 2021, the board, staff, and therapists at Heartspace Counseling Center have worked hard to establish our Kids First Fund, provide quality therapy services, develop new programs, connect with the community, and increase our organizational capacity. As we head into our third year we look forward to a year of more growth and giving!

Won't You Join Us?

Our Vision

Our vision at Heartspace Kids is that all kids and their families will have access to high-quality mental health services and educational resources at a cost they can afford.

What We do



Individual Counseling

Individual therapy sessions are offered for children, teens, and young adults. We offer a variety of therapeutic approaches to best suit the needs of each individual. We recognize that each person is unique, and treatment should always be personalized and adjusted to meet them where they are. Individual therapy can help with: stress management, anxiety reduction, depression, family changes, trauma, behavior issues, and more.

Kids First Fund

Our Kids First Fund provides access to essential mental health care and critical educational resources to kids in need in our community. Financial assistance is based on annual household income along with other qualifying criteria and is exclusively for kids ages 18 and younger or kids up to 21 years of age who are receiving special education services.

Groups and Workshops

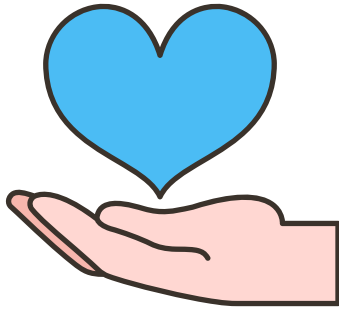
Heartspace Kids offers a variety of groups and workshops throughout the year, including social/emotional learning, stress and anxiety management, executive functioning, mindfulness and yoga, and parenting skills/education groups.

Educational Therapy

Educational therapy is a specialized form of intervention designed to support children and adolescents with learning differences or educational challenges. The main goal of educational therapy is to help children overcome barriers to learning and build the necessary skills to become successful, independent learners. We work closely with students to identify their unique strengths and weaknesses. By understanding each child's individual needs, we tailor interventions and strategies to optimize their learning experience.

Summer Camps

Mighty Minds summer camp will teach essential life skills in a fun, engaging, and developmentally appropriate way. Our camp is traditional in the sense that our days will be filled with arts and crafts, music and movement, and fun and games! What makes our camp unique is the social and emotional learning embedded into our programming.

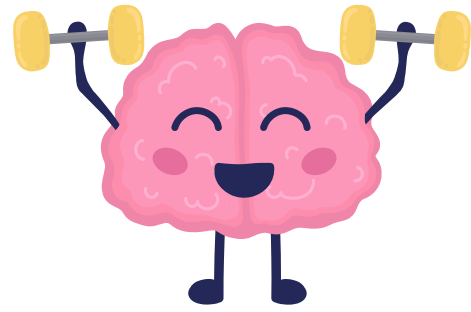


The Kids First Fund was established in January of 2022. Since that time, Heartspace Kids has awarded over \$70,000 in financial assistance to youth and families in need right here in El Paso County, Colorado.



Heartspace Kids provides in-house therapy and educational services to meet a wide variety of individual and family needs, including individual therapy, groups and workshops, and summer camps to youth ages 3-19.

Impact



Over 85 underinsured and economically disadvantaged youth were provided low-cost or free therapy services.



We partnered with local therapists, and nonprofit organizations to achieve like minded goals to benefit youth in our community.

Become a Heartspace Hero

Give the Gift of Therapy!

Together, we can build a healthier, happier, and more connected community, ensuring a brighter future for our children and fostering a sense of belonging right here in Colorado Springs.

Over 40,000 Colorado youth covered under private insurance do NOT have mental health coverage.

For \$100/month or \$1200/year you can provide essential mental health and educational services for a child in need in our community.

By investing in the future of our children, your business can play a pivotal role in shaping a healthier and more vibrant community for years to come.

Partnership Opportunities

Boost your company's philanthropic culture through charitable giving and community engagement. Your monthly contribution of \$100 will provide your company with:

- Enhanced corporate image
- Tax Benefits
- Year around exposure to our network of families and partner organizations
- Branding opportunities on website, printed materials, and events
- Annual appreciation luncheon
- Table at fundraising events
- Volunteer opportunities for employees
- Feature in monthly newsletter
- Use of Heartspace Kids Classroom Space for meetings and retreats
- Social Media: We are active on Facebook, Instagram
- Business Card Exchange & Referral Program: Your business cards are displayed in our office and at networking functions.

With your help, we can continue to provide affordable and accessible mental health and educational resources to uninsured, underinsured, and socioeconomically disadvantaged youth across El Paso County.

Meet Our Therapists

Creating safe, accessible spaces for youth in OUR community 



Dina M. Mark, M.Ed., LPC, NCC



Cinthia Brown, MS, LPC



Becca Bleeker, LPC, NCC



Danica Alter, M.Ed., ET/A



Edith R. Cooper, LCSW



Allyssa Waskewicz, LCSW



Youth Mental Health In Colorado

34.4% of Colorado youth with major depression do NOT receive any mental health treatment.

40,000 Colorado youth who are covered under private insurance do not have coverage for mental or emotional difficulties

COLORADO RANKS 28TH in the Nation for children younger than 19 years not covered by private or public health insurance

OVER 46,000 Colorado youth are experiencing severe major depression.

Youth experienced numerous hardships during the COVID-19 pandemic. The CDC's Adolescent Behaviors and Experiences Survey (ABES) found that 67% of U.S. high school students reported that schoolwork was more difficult, 55% experienced some emotional abuse in the home, 11% experienced physical abuse, and 24% reported they did not have enough food to eat during the COVID-19 pandemic, all of which can have a detrimental effect on mental health.

*Mental Health America Report, 2023



Thank You!

Please visit our website at
www.hearspace-kids.org to register
as a sponsor

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