



Mitêh (Heart) Starter -Lifesaver Training

www.heartstartertraining.ca 780-646-3166

First Aid Worksheet

Burns and Scalds

Fill in the missing words with the words at the bottom of the sheet.

1. Put the burn or scald under **C**_____ water at **O**_____.

2. Keep it there for at least __ minutes

3. Remove anything **t**_____ before it **s**_____.

4. Do not put **C**_____ or **B**_____ on the burn or scald.

5. Do not **r**_____ any clothes.

6. Do not **p**__ any **b**_____.

7. Cover with **c**_____ non-**f**_____ cloth.

8. **G**__ **h**__ from an **A**_____ right away.

WORDS: Tight, Cream, Once, Fluffy, Swells, 10, Cold, Butter, Remove, Blisters, Clean, Help, Adult, Pop, Get.