



Exercise 3B: WHAT AM I LOOKING FOR IN A SOUL MATE RELATIONSHIP?

Top 5 Things I Don't Want in a Relationship

(The opposite of the Evidence it isn't true e will help clarify what you want)

1.

2.

3.

4.

5.

Top 10 Things I MOST Want in a relationship

(Circle the 5 you need MOST to be happy in relationship)

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

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My Desire Statement:

(Put the 5 Most Needed Things from Above Here; Refine the words so they have the most vibration for you and are specific)

"I love knowing that/I've decided that I'm in the process of attracting all that I need to be, do and know to attract my ideal soul mate relationship, which is/features:

1. _____
2. _____
3. _____
4. _____
5. _____

The universe/My higher power is orchestrating all that needs to happen to bring me my ideal soul mate relationship as quickly as possible!"

Example: "I love knowing that I'm attracting all I need to be, do and know to attract my ideal soul mate relationship, which is physically affectionate, expresses love verbally daily, financially responsible and prosperous (\$200K+ a year), is a partnership with _(things I want)_. I love knowing the universe is bringing me this ideal soul mate relationship as soon as possible."