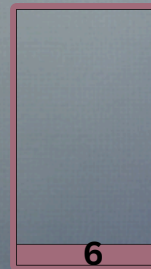
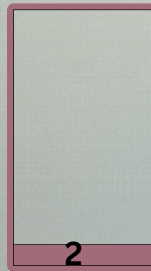


Happy  
New Year

# January 1 2026

The New Year Awakening Spread



*Crystal Owl Healings*



# The New Year Awakening Spread

You can say affirmations out loud as you lay each card down, or return to them whenever you need a reset during the year.

## This 7-card spread explores:

Card 1:

Release – What energy from last year is ready to be let go?

Affirmation

“I let go with grace, making space for what aligns.”

Card 2:

Integrated Wisdom – What lesson or insight do I carry into this year?

Affirmation

“I carry forward only what strengthens and guides me.”

Card 3:

Year Theme – What core energy shapes my year ahead?

Affirmation.

“I welcome the energy that elevates my highest path.”

Card 4:

Opening Doors – What new opportunities or blessings are arriving?

Affirmation

“I meet my challenges with courage, clarity, and compassion.”

Card 5:

Shadows & Thresholds – What challenges or patterns may I need to navigate?

Affirmation

“I meet my challenges with courage, clarity, and compassion.”

Card 6:

Allies & Support – What strengths, support and guidance are available to me?

Affirmation

“I am supported, guided, and uplifted by seen and unseen forces.”

Card 7:

Highest Potential – What is possible when I walk in alignment with my true path?

Affirmation

“I rise into my fullest expression with confidence and trust.”

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