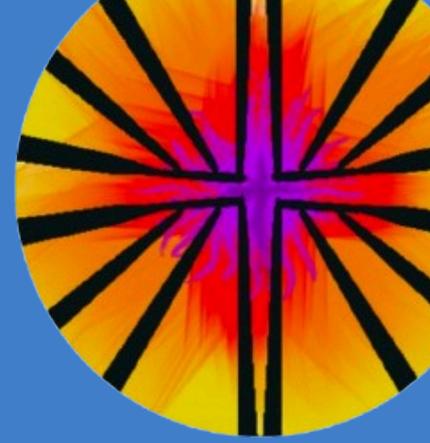


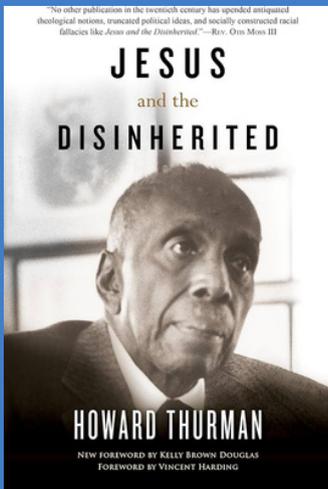
At the Table



Week of March 1, 2026

A Newsletter from
St. Matthew's Episcopal Church, Kernersville, NC

Wednesday Book Study Starting March 11



After our Simple Supper, starting March 11th, we will begin a parish book study on *Jesus and the Disinherited* by Theologian Howard Thurman. Thurman was a significant influence on Martin Luther King, Jr.'s approach to the Civil Rights Movement, and this book set the roadmap for his work. You can purchase the book on Amazon here:

[Order Jesus and the Disinherited on Amazon](#)

Jesus rejected hatred because he saw that hatred meant death to the mind, death to the spirit, and death to communion with his Father.

He affirmed life; and hatred was the great denial.

-Howard Thurman

This Week at St. Matthew's

Wednesday

Midweek Holy Eucharist, 5:30 pm
Simple Supper (after the service)

Thursday

Game Night
6-9 pm

Sunday

Holy Eucharist
9 am
Bible Study (after the service)

Coming up at St. Matt's



- We are continuing studying the Book of Acts after the Sunday Service. Feel free to sit in as we learn together!
- We have a Lenten Devotional available to pick up.
- Need someone added to our list of prayers? Let Rick know!

[Email Deacon Rick](#)

LENT MADNESS

It's Lent Madness Time!

Each Lent, you can learn about and choose which of the saints will win the Golden Halo! Past winners include C.S. Lewis, Mary Magdalene and Francis of Assisi!

[Click Here for Lent Madness!](#)

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