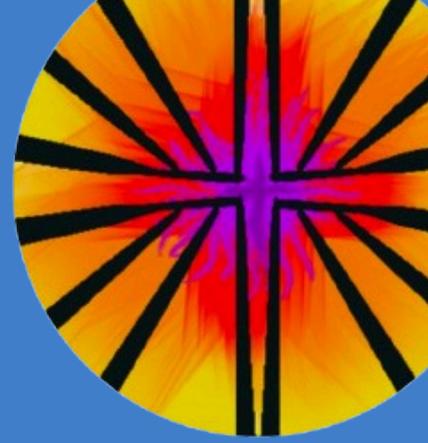


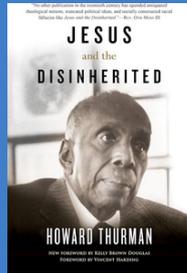
At the Table



Week of March 5, 2026

A Newsletter from St. Matthew's Episcopal Church, Kernersville, NC

Lenten Book Study Continues This Wednesday!



We are continuing our Lenten Book Study on Howard Thurman's book, *Jesus and the Disinherited*, after Wednesday's simple supper. We will be discussing chapters 3 and 4. We hope to see you there!

Jesus rejected hatred because he saw that hatred meant death to the mind, death to the spirit, and death to communion with his Father. He affirmed life; and hatred was the great denial.

-Howard Thurman

Invite a friend!

Our parish community is one of the greatest gifts we share. If you have a friend, neighbor, or family member who might be looking for a place of welcome, prayer, and friendship, we invite you to bring them along. Sometimes the first step into a beloved community is simply being invited.



This Week at St. Matthew's

Wednesday

Midweek Holy

Eucharist, 5:30 pm

Simple Supper,

around 6:15

Lenten Book Study

(after Simple Supper)

Thursday

Game Night

6-9 pm

Sunday

Holy Eucharist

9 am

Bible Study (after

the service)

Coming up at St. Matt's



- We are continuing studying the Book of Acts after the Sunday Service. Feel free to sit in as we learn together.
- **Don't forget to bring canned and boxed foods for Crisis Control Ministries!**
- Need someone added to our list of prayers? Let Rick know.

[Email Deacon Rick](#)

LENT MADNESS

It's Lent Madness Time!

Each Lent, you can learn about and choose which of the saints will win the Golden Halo! Past winners include C.S. Lewis, Mary Magdeline and Francis of Assisi!

[Click Here for Lent Madness!](#)

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