

MINDS UNITED FOOTBALL CLUB CIC COMMUNITY SPORTS PROGRAMME

	MORNING	AFTERNOON	EVENING	NOTES
MON	12-1PM COFFEE / TEA & CHAT + GAMES CLUBHOUSE HQ	3.30-4.30PM WELLBEING FOOTBALL PITCH 5	6-7PM WOMEN'S ONLY FOOTBALL PITCH 12	WESTWAY VENUE: 1 CROWTHORNE ROAD, LONDON W10 6RP
TUE	12-1PM COFFEE / TEA & CHAT + GAMES CLUBHOUSE HQ	1-5PM TABLE TENNIS AMERICAN POOL CLUBHOUSE HQ	8-10PM "BT PLAYMAKER" - FA COACHING ONLINE LEARNING	HQ VENUE : 4TH FLOOR, 1 CLUNY MEWS, LONDON SW5 9EG
WED	12-1PM COFFEE / TEA & CHAT + GAMES CLUBHOUSE HQ	4-5PM WELLBEING FOOTBALL & FOOD PITCH 5	5-5.30PM HEALTHY HOT FOOD DELIVERED TO PITCH 5	HALAL FOOD MEAT/VEG DESIGNED FOR RBKC RESIDENTS
THU	12-1PM COFFEE / TEA & CHAT + GAMES CLUBHOUSE HQ	1-5PM TABLE TENNIS AMERICAN POOL CLUBHOUSE HQ	8-10PM "LAWS OF THE GAME" - REFEREE ONLINE LEARNING	NWL & SURREY LEAGUE ARE MENTAL HEALTH LEAGUES 18+
FRI	12-3PM 1ST FRIDAY OF EACH MONTH- SURREY LEAGUE	1-3PM 2ND FRIDAY OF EACH MONTH- NWL LEAGUE	8-10PM 8-9PM : H & F 9-10PM : 18-25 PITCH 6B	MENTAL HEALTH LEAGUES RUN MONTHLY SEPT - JUNE
EVENTS	10 - 4PM CLUB STALL - 3RD FRIDAY OF EACH MONTH	12-1PM FREE MEALS NEXT TO HQ MONDAY-FRIDAY	4:30-7PM HQ TOURNAMENT 4TH SATURDAY OF EACH MONTH	SHIN PADS REQUIRED FOR NWL & SURREY LEAGUE
INFO	CLUB STALL: PORTOBELLO RD, LONDON W11 1LJ	SURREY LEAGUE: WATERSIDE DR, WALTON-ON- THAMES KT12 2JP	NWL LEAGUE : 100 KINGSTON LANE, UXBRIDGE UB8 3PW	APPROPRIATE FOOTWEAR & CLOTHING REQUIRED

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