



The Global Sports Academy NPC
Reg. Number - 2023/563324/08
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ASSESSMENT & INTERVIEW PREPARATION

To ensure a smooth and professional assessment process, all coaches must follow the steps below when preparing for their on-field practical session and video interview:



✅ Step-by-Step Preparation Guide:

1. Book Your Training Field

Secure a suitable field or training space well in advance to avoid last-minute issues. Ensure it's safe, marked, and appropriate for your age group.

2. Arrive Early – 45 Minutes Before Start

Arrive at the venue at least **45 minutes** before your session begins to:

- **Set up your area.**
- **Organize equipment.**
- **Do your video interview before players arrive.**

3. Be Interview-Ready 📹

You will be recorded answering key interview questions. Be ready to speak clearly and confidently about your coaching journey, experience, and how the course has impacted you.

4. Prepare a Coaching Session Overview

Before starting, be ready to give a short (2–3 min) verbal overview of your session, covering:

- The goal of your session
- The structure (warm-up, main activity, cool-down)
- The coaching focus (technical/tactical/mental/social)

5. Deliver a 30-Minute Coaching Session ⌚

Run your full session smoothly, applying the GSA methodology and demonstrating strong coaching behaviors. You will be assessed on communication, engagement, structure, and overall effectiveness.

Practical Coaching Assessment Criteria – Overview

Criteria	Description	Score (1–5)	Comments
1. Session Planning & Structure	Session has a clear objective, logical flow (warm-up, main activity, cool-down), and is age/level appropriate.		
2. Application of GSA Methodology	Effectively integrates GSA Coaching Principles (Game, Skill, Application).		
3. Communication & Instruction	Clear, concise, positive instruction; uses appropriate tone and body language.		
4. Player Engagement & Inclusion	All players are active, included, and challenged; no one is left out.		
5. Coaching Interventions	Timely and purposeful coaching points; uses questioning and guided discovery effectively.		
6. Use of Space & Equipment	Efficient use of field space and equipment to support learning and safety.		
7. Player Development Focus	Emphasis on skill development, decision-making, and understanding of the game.		
8. Game Realism	Activities replicate match situations and allow for real decision-making.		
9. Behavior & Character Development	Coach promotes respect, teamwork, leadership, and positive behavior.		
10. Time Management	Session runs smoothly and within the planned timeframe.		
11. Observation & Adaptation	Coach notices what's working or not, and adjusts the session appropriately.		
12. Safe Environment	Field is set up safely; players are physically and emotionally safe.		
13. Coach Conduct	Coach demonstrates professionalism, confidence, and aligns with GSA Code of Conduct.		

Coaches Video Interview – Introduction

As part of the GSA Level 2 Football Coaching Course, each coach will take part in a short video interview to reflect on their personal journey, share key learnings, and highlight the impact of the course on their coaching practice.

This interview is a vital opportunity to showcase your growth, communicate your passion for football development, and inspire future coaches. Be prepared to speak confidently and authentically about your experience, both on and off the field.

Personal Journey & Motivation

1. What inspired you to join the GSA Level 2 Football Coaching Course?
2. How has your coaching philosophy changed since starting the course?
3. What does being a coach mean to you today compared to before the course?

Course Experience & Learning

4. What stood out to you most about the Level 2 coaching experience?
5. How would you describe the GSA coaching methodology in one word?
6. Which session or module had the biggest impact on you—and why?
7. How did the practical sessions help you improve as a coach?

Growth & Development

8. How has this course prepared you for coaching at a higher level?
9. Have you noticed a change in how your players respond to you now?
10. What new strategies or techniques are you excited to implement?

Community & Networking

11. What was it like connecting with other coaches from around the country/continent?
12. How has being part of the GSA coaching community helped your development?

Results & Impact

13. What specific improvements have you seen in your team since applying what you've learned?
14. What's one moment you experienced during this course that you'll never forget?
15. If you had to recommend this course to another coach, what would you tell them?

Future Outlook

16. What's next for you as a coach after completing Level 2?
17. How has this course shaped your vision for the future in football?

Feel free to contact our academy if you have further questions. Our contact details are as follows:

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Sincerely,



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